

### INTEGRATION OF CIRCULAR ECONOMY PRINCIPLES IN GREEN CONSTRUCTION PRACTICES

**Dr Sandeep Patil<sup>1</sup>** 

Article History:	Received: 04.07.2023	Revised: 26.07.2023	Accepted: 16.08.2023
------------------	----------------------	---------------------	----------------------

#### Abstract

The potential for enhancing the sustainability and resource efficiency of built environments is great as regards integrating circular economy principles into green building practices. This research paper contains a detailed review of literature on the integration of circular economy principles into eco-design and sets out guidelines for efficient use of circular practices. The paper reflects on the main principles of the Circular Economy, examines their relevance to the construction industry and makes a point of highlighting how these approaches have an environmental impact as well as societal benefits. In addition, this report provides strategies and best practices for overcoming obstacles to adoption. The framework set out in this paper is a practical guide for stakeholders in the construction sector to integrate the principles of the circular economy into their projects, ultimately promoting a more sustainable and resource efficient built environment.

Keywords: Circular Economy, Green Constructions

<sup>1\*</sup>Asst. Professor, Pimpri Chinchwad College of Engineering, Pune

\*Corresponding Author: Dr Sandeep Patil

\*Asst. Professor, Pimpri Chinchwad College of Engineering, Pune

DOI: 10.48047/ecb/2023.12.si10.00366

#### 1. Introduction:

Given its potential to foster sustainability and reduce the depletion of resources, the concept of Circular Economy has gained considerable attention over these last few years. In contrast, environmentally friendly construction processes aim at minimising the impact of building on the environment.

As well as aligning with the Green Building Industry's aims, circular economy principles offer an integrated and sustainable approach to resource management and production. The principle of circular economy is very important when it comes to green building. CE In order to optimise resource efficiency, longevity and recyclability, the principle emphasises the design of products, buildings and infrastructure. This principle requires that buildings and infrastructure which can be dismantled, modularised or material reused are designed to prolong their life and reduce waste generation through the use of green construction.

# 2. Circular Economy Principles and Green Construction

The key principles of circular economy are upheld in green constructions as well. The principle of material reuse is observed in in green constructions. Green construction aims to minimize the consumption of raw materials and reduce waste generation. Materials reuse is an effective strategy to achieve these objectives. Reusing materials involves salvaging components, fixtures, or entire buildings from existing structures and incorporating them into new construction projects. By reusing materials, green construction reduces the need for new resource extraction, lowers energy consumption associated with manufacturing new materials, and diverts waste from landfills.

Recycling is a fundamental principle of the circular economy that aims to recover and process materials at the end of their life cycle for use in new products In green construction, recycling plays a crucial role in managing construction and demolition waste. Designing for disassembly involves planning and constructing buildings and infrastructure in a way that allows for easy and efficient disassembly of components at the end of their useful life. This principle promotes the idea that buildings are not permanent but can be deconstructed, and their components can be reused or recycled.

Green construction embraces this principle to enable the efficient recovery of materials during renovation or demolition, reducing waste and

ructing buildings andstimulates the development of circular supplyallows for easy andchains and creates jobs in the recycling and

construction

remanufacturing sectors. Circular economy principles drive innovation in the construction industry. Designing for disassembly, product life extension, and material regeneration require creative thinking and innovative approaches. This stimulates the development of new construction techniques, materials, and business models that are more sustainable and resource-efficient.

resource consumption. The concept of product life extension emphasizes prolonging the lifespan of products and assets, thereby minimizing the need for replacements and reducing waste. In green construction, extending the life of buildings, infrastructure, and building components is essential to maximize resource efficiency.

Regular maintenance, refurbishment, and retrofitting strategies are employed to enhance the durability and functionality of structures, reducing the need for new construction and conserving resources.

#### **3.Importance and Benefits of incorporating Circular Economy principles into green construction**

Circular economy principles promote the efficient use of resources by minimizing waste generation and optimizing material and energy flows. By implementing circular practices, green construction reduces the reliance on finite resources and promotes the preservation of natural resources for future generations.

Green construction aims to minimize waste generation and promote sustainable waste management practices. Circular economy principles such as materials reuse, recycling, and designing for disassembly help divert construction and demolition waste from landfills, reducing environmental pollution and conserving valuable resources

Green construction contributes to mitigating climate change by reducing greenhouse gas emissions associated with resource extraction, manufacturing, and waste management. Circular practices, such as materials reuse and recycling, lower the carbon footprint of construction projects by avoiding the energy-intensive production of new materials.

Integrating circular economy principles in green

opportunities. Reusing and recycling materials can

result in cost savings by reducing the need for new

material procurement and waste disposal. It also

up

new

economic

opens

Integrating circular economy principles aligns with the United Nations' Sustainable Development Goals (SDGs). Circular construction contributes to several SDGs, including responsible consumption and production (SDG 12), climate action (SDG 13), sustainable cities and communities (SDG 11), and decent work and economic growth (SDG 8).

By incorporating these circular economy principles into green construction practices, several benefits are achieved

#### 4. Objectives and Methodology.

This research aims to provide a comprehensive assessment of the environmental and economic benefits of integrating circular economy principles in green construction practices. The findings will contribute to a better understanding of the potential advantages and challenges associated with circular economy implementation in the construction industry. This research will employ qualitative research method. Data collection will involve literature reviews, analysis of existing case studies, analysis that will be employed to draw conclusions to understand the environmental and economic impacts, respectively. Case studies have been discussed in the paper and conclusions have been drawn after careful study and analysis of the data.

#### **5.**Challenges and Barriers

Many stakeholders in the construction industry, including architects, designers, contractors, and policymakers, may have limited awareness and understanding of circular economy principles and their application in green construction. Lack of knowledge about the benefits, methods, and tools of circular construction can hinder its adoption and implementation.

The construction industry involves numerous including stakeholders. material suppliers, manufacturers, contractors, and waste management companies, often working in silos. Lack of collaboration and communication among these stakeholders can hinder the effective implementation of circular practices, as circularity requires coordination and integration across the entire value chain. Existing regulations and policies may not adequately support or incentivize the integration of circular economy principles in green construction. Unclear or conflicting regulations related to waste management, permitting, and building codes can create barriers to implementing circular practices. Limited market demand and acceptance for reused and recycled materials can hinder the economic viability of circular construction practices.

Concerns about the quality, reliability, and performance of reused materials may deter market acceptance, leading to a lack of demand for circular products and services.

Economic Viability and Financial Barriers, Limited Data and Information are also some of the challenges in incorporating circular economy and green construction practices.

# 5.1 Case Study 1: The BAMB Project (Buildings as Material Banks)

The BAMB project aimed to demonstrate how circular economy principles can be applied to the construction industry. The BAMB (Buildings as Material Banks) project was a European research and innovation project that aimed to transform the construction industry into a circular economy. The project was funded by the European Union's Horizon 2020 program and involved a consortium of partners from across Europe

#### Challenges Faced

- Limited availability of information and data on material properties, making it difficult to assess the suitability of materials for reuse.
- Lack of standardized methods for disassembling and cataloguing building components, hindering their reuse and recycling.
- Limited market demand and acceptance for reused materials, leading to economic challenges.

#### Lessons Learned

- Collaboration among stakeholders is crucial for knowledge-sharing and establishing a common understanding of circular economy practices.
- The development of digital tools and databases can help overcome information gaps and facilitate the identification of reusable materials.
- Raising awareness and educating stakeholders about the value and benefits of circular construction practices is essential for market acceptance and demand.

### 5.2 Case Study 2: The Circle House Project in Amsterdam

The Circle House project aimed to showcase a circular approach to residential construction, focusing on materials reuse and recycling.

#### Challenges Faced.

- Limited availability of high-quality reclaimed materials that met building regulations and standards.
- Technical challenges in disassembling and reusing components due to their original design and construction methods.

• Lack of awareness among contractors and craftsmen about circular construction techniques

#### Lessons Learned

- Building partnerships with material suppliers and waste management companies is crucial for accessing reclaimed materials and establishing efficient recycling processes.
- Collaboration among architects, contractors, and craftsmen is essential for overcoming technical challenges and finding innovative solutions for disassembly and reuse.
- Continuous education and training are necessary to build capacity and raise awareness among construction professionals about circular construction techniques.

### **5.3 Case Study 3: The CIRCO Track Program** in the Netherlands

The CIRCO Track program is an initiative based in the Netherlands that aims to support companies and organizations in transitioning towards a circular economy. It offers a structured and practical approach to help businesses explore and implement circular business models and practices

#### Challenges Faced

- Limited knowledge and understanding of circular economy principles and their application in the construction industry.
- Resistance to change and uncertainty about the economic viability of circular practices
- Fragmented value chains and lack of collaboration among stakeholders

#### Lessons Learned

- Capacity-building programs and workshops are effective in providing businesses with the necessary knowledge and tools to implement circular practices.
- Demonstrating the economic benefits and potential cost savings of circular approaches can help overcome resistance to change.
- Building collaborative networks and platforms for knowledge-sharing and collaboration are essential for fostering innovation and circular solutions in the construction industry.
- These case studies illustrate the challenges faced and the lessons learned from integrating circular economy principles in green construction. They highlight the importance of collaboration, knowledge-sharing, market acceptance, and capacity building to overcome barriers and promote the adoption of circular practices in the construction industry

### 6. Strategies for Implementation and Framework

These challenges and barriers can be overcome with a systematic plan. Strategies and Best Practices for Overcoming Barriers and Promoting the Integration of Circular Economy Principles in Green Construction can be discussed as follows:

#### 6.1. Raise Awareness and Build Capacity

- Conduct awareness campaigns and educational programs to increase understanding and knowledge about circular economy principles and their application in green construction.
- Offer training and capacity-building initiatives for stakeholders, including architects, designers, contractors, and policymakers, to develop the necessary skills and expertise for implementing circular practices.

#### 6.2. Foster Collaboration and Stakeholder Engagement

- Facilitate collaboration and partnerships among stakeholders throughout the construction value chain, including suppliers, designers, contractors, waste management companies, and policymakers.
- Create platforms for knowledge-sharing, dialogue, and networking to exchange best practices, success stories, and lessons learned.

### 6.3. Advocate for Supportive Policies and Regulations

- Engage with policymakers and regulatory authorities to advocate for the development and implementation of supportive policies and regulations that incentivize and reward circular construction practices.
- Collaborate with industry associations and organizations to promote policy changes and ensure regulatory alignment with circular economy goals.

#### **6.4.** Promote Economic Incentives

- Highlight the economic benefits and financial incentives associated with circular construction practices, such as cost savings from materials reuse, reduced waste disposal costs, and potential revenue from recycled materials.
- Demonstrate the long-term financial viability and return on investment of circular projects through case studies and economic analyses.

### 6.5. Develop Circular Design Guidelines and Tools

• Develop and disseminate design guidelines and tools that integrate circular economy principles into green construction practices.

• Provide architects and designers with resources and support to implement circular design strategies, including designing for disassembly, modular construction, and material reuse.

#### 6.6. Establish Material Recovery and Recycling Infrastructure

- Collaborate with waste management companies and local authorities to establish efficient material recovery and recycling infrastructure.
- Promote the development of recycling facilities and ensure the availability of collection systems for construction and demolition waste.

# 6.7. Promote Collaborative Procurement Practices

- Encourage collaborative procurement practices that prioritize the use of recycled and reclaimed materials in construction projects.
- Work with suppliers and manufacturers to ensure the availability and traceability of sustainable and circular materials.

#### 6.8. Conduct Life Cycle Assessments and Cost-Benefit Analysis

- Employ life cycle assessments (LCAs) and costbenefit analyses to quantify the environmental and economic benefits of circular construction practices.
- Use the findings to communicate the value and advantages of circularity to stakeholders, decision-makers, and investors.

#### 6.9. Share Success Stories and Lessons Learned

- Showcase successful circular construction projects through case studies, publications, and media channels.
- Highlight the environmental and economic benefits achieved, lessons learned, and practical insights gained from implementing circular economy principles.

#### 6.10.Foster Innovation and Research

- Support research and development efforts to advance circular construction technologies, processes, and materials.
- Foster innovation through collaborations between research institutions, industry, and academia to drive continuous improvement in circular construction practices.
- By implementing these strategies and best practices, stakeholders can overcome barriers and promote the integration of circular economy principles in green construction. This will lead to a more sustainable, resource-efficient, and resilient built environment

- Framework for Implementation
- A promising framework is required to integrate Circular Economy Principles in Green Construction Practices. Following aspects can be considered to develop a framework.

# 6.11.Stakeholder Engagement and Collaboration.

- Foster collaboration among stakeholders throughout the construction value chain, including architects, designers, contractors, material suppliers, waste management companies, and policymakers.
- Encourage open dialogue, knowledge-sharing, and partnerships to optimize circular practices

#### 6.12. Design for Circular Economy

- Integrate circular economy principles into the design phase, considering material choices, modular construction, adaptability, and future disassembly.
- Emphasize the use of sustainable and recyclable materials, efficient resource utilization, and reduced waste generation.

# 6.13.Material Management and Supply Chain Optimization

- Implement efficient material management systems to track and trace materials throughout their life cycle.
- Establish partnerships with suppliers to ensure a reliable and sustainable source of materials, including recycled and reclaimed resources.

#### **6.14.** Construction and Operational Processes

- Adopt construction practices that maximize materials recovery and minimize waste generation.
- Implement efficient construction techniques, such as prefabrication and modular construction, to facilitate disassembly and reuse.
- Integrate energy-efficient systems, renewable energy technologies, and smart building solutions to minimize resource consumption during the operational phase

#### 6.15. Policy Support and Advocacy

- Advocate for supportive policies and regulations that incentivize and reward circular construction practices
- Collaborate with policymakers to create an enabling environment for circular economy integration in the construction sector

With the effective implementation of the above given guidelines integration of circular economy

principles into eco-design and sets out guidelines for efficient use of circular practices can be achieved.

#### 7. Conclusion

There is need to develop standardized methodologies for assessing the environmental and economic impacts of circular construction practices, including life cycle assessment (LCA) and cost-benefit analysis. There is a scope for research to explore the potential of digital technologies, such as Building Information Modelling (BIM) and Internet of Things (IoT), to the tracking, traceability, enhance and management of materials throughout their lifecycle. Along with it Material Innovation and Standardization and innovative architectural and approaches that engineering facilitate disassembly, modularity, and adaptability of buildings and infrastructure can be explored further.

#### Bibliography

- 1. Adams, K., Osmani, M., Thorpe, T. & Thornback, J., 2017. Circular economy in construction: current awareness, challenges and enablers. Waste and Resource Management, 170(1), pp. 15-24.
- Andrews, C. & DeVault, D., 2009. Green Niche Market Development. Journal of Industrial Economy, 13(2), pp. 326-345.
- Benachio, G. L. F., Freitas, M. d. C. D. & Tavares, S. F., 2020. Circular economy in the construction industry: A systematic literature review. Journal of Cleaner Production, Volume 260.
- Corporate Knights, 2022. The 100 most sustainable corporations of 2022. [Online] Available at: https://www.corporateknights.com/rankings/gl obal-100-rankings/2022- global-100-rankings/ 100-most-sustainable-corporations-of-2022/
- 5. Ellen MacArthur Foundation. 2013. Towards the Circular Economy: Economic and Business Rationale for an Accelerated Transition. Cowes: The Ellen MacArthur Foundation
- 6. European Commission, 2020. A new Circular Economy Action Plan for a cleaner and more competitive Europe, Brussels: European Commission.
- 7. European Commission, 2021. Climate Action: European Commission. [Online] Available at: https://ec.europa.eu/clima/eu-action/europeangreen-deal\_en [Accessed 06 02 2022].

- 8. Ghisellini, P., Ripa, M. & Ulgiati, S., 2017. Exploring environmental and economic costs and benefits of a circular economy approach to the construction and demolition sector. A literature review. Journal of Cleaner Production, Volume 178, pp. 618-643.
- 9. J. Korhonen, A. Honkasalo, J. Sepp" al" a, Circular economy: the concept and its limitations, Ecol. Econ. 143 (2018) 37–46, https://doi.org/10.1016/j
- L.C.M. Eberhardt, H. Birgisdottir, M. Birkved, Potential of circular economy in sustainable buildings, IOP Conf. Ser. Mater. Sci. Eng. 471 (2019), https://doi.org/ 10.1088/1757-899X/471/9/092051
- M.R. Munaro, S.F. Tavares, L. Bragança, Towards circular and more sustainable buildings: a systematic literature review on the circular economy in the built environment, J. Clean. Prod. 260 (2020), https://doi.org/10.1016/j.
- Martin, R. L. & Kemper, A., 2012. Saving the Planet: A Tale of Two Strategies. Strategic Direction, 28(9)
- 13. N.B. Jacobsen, Industrial symbiosis in Kalundborg, Denmark: a quantitative assessment of economic and environmental aspects, J. Ind. Ecol. 10 (2008) 239–255, https://doi.org/10.1162/108819806775545411
- Osobajo, O. A., Oke, A., Omotayo, T. & Obi, L. I., 2020. A systematic review of of circular economy research in the construction industry. Smart and Sustainable Built Environment, Volume Volume ahead-of-print.
- Rantaa, V., Aarikka-Stenroosa, L., Ritalab, P. & Mäkinena, S. J., 2018. Exploring institutional drivers and barriers of the circular economy: A cross-regional comparison of 71 China, the US, and Europe. Resources, Conservation & Recycling, Volume 135, pp. 70-28.
- 16. S. Geng, Y. Wang, J. Zuo, Z. Zhou, H. Du, G. Mao, Building life cycle assessment research: a review by bibliometric analysis, Renew. Sustain. Energy Rev. 76 (2017) 176–184, https://doi.org/10.1016/j.rser.2017.03.068.