

Practising the teaching skills in Biological Science

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Abstract

An educational institution performs a significant function of providing learning experiences to lead their students from the darkness of ignorance to the light of knowledge. The key personnel in the institutions who play an important role to bring about this transformation are teachers. As stated by NCTE (1998) in Quality Concerns in Secondary Teacher Education, -The teacher is the most important element in any educational program. It is the teacher who is mainly responsible for implementation of the educational process at any stage. This shows that it is imperative to invest in the preparation of teachers, so that the future of a nation is secure. The importance of competent teachers to the nation's school system can in no way be overemphasized. There is widespread consensus, however, that our education systems are failing to adequately prepare all students with the essential 21st century knowledge and skills necessary to succeed in life, career and citizenship.

Key Words: behaviour, education, interaction, knowledge, life, nature, practice, skills

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Introduction

Teaching includes all the activities of providing education to other. The person who provides education is called teacher. The teacher uses different method for giving best knowledge to his students. He tries his best to make understand students. His duty is to encourage students to learn the subjects. Teaching means interaction of teacher and students. They participate for their mutual benefits. Both have their own objective and target is to achieve them.

Teaching skill is a group of teaching acts/ behaviours intended to facilitate student's learning directly/indirectly.

Nature and characteristics of teaching

- 1. The main character of teaching is to provide guidance and training.
- 2. Teaching is interaction between teacher and students.
- 3. Teaching is an art to give knowledge to students with effective way.
- 4. Teaching is a science to educate fact and causes of different topics of different subjects.
- 5. Teaching is continues process.
- 6. Teacher can teach effectively, if he has full confidence on the subject.
- 7. Teaching encourages students to learn more and more.
- 8. Teaching is formal as well as informal
- 9. Teaching is communication of information to students. In teaching, teacher imparts information in interesting way so that students can easily understand the information.
- 10. Teaching is tool to help student to adjust himself in society and its environment.

Characteristics of Teaching Skill

- 1. Teaching skill is a set of strictly overt or observable behaviours.
- 2. Purely cognitive skills such as problem solving is not considered as teaching skill.
- 3. Teaching skills have three basic components viz., perception, cognition and action.
- 4. Teaching skills have three dimensions viz., Non-verbal behaviour, openness, nature of moves in teaching to which skill belongs.

UNDERSTANDING MAJOR TEACHING SKILLS

Teaching skills would include providing training and practice in the different techniques, approaches and strategies that would help the teachers to plan and impart instruction, provide appropriate reinforcement and conduct effective assessment. It includes effective classroom management skills, preparation and use of instructional materials and communication skills.

1. Introducing

This is an important skill required for a teacher. Well begun is half done is a saying which indicates the importance of introducing a lesson. It is the duty of a teacher to bring the students into the classroom mentally. The skill is intended for making effectiveness in introducing of the content. This is always done at the start of a class. Here teacher gives a brief introduction about the lesson in order to pre-dispose the pupil's mind to it.

There are many ways to present an introduction. Here are a few:

- 1. Asking questions to get the students thinking about the topic of the lesson.
- 2. Showing pictures that relate to the lesson topic.
- 3. Telling a story to show the importance of the topic.
- 4. Bringing in real objects related to the lesson.

2. Explaining

Teaching is not primarily telling. It's helping other people learn. That means the focus is on the learners, not the teacher. People learn best through experiencing something themselves, so when you are striving to teach something, you are constantly trying to Get into the shoes of the learners so that you can better understand where they are and what they need from you to learn the subject understudy.

Explaining can be defined as an activity to bring about an understanding of a concept, principle etc. it is an activity to fill the gap in someone's understanding.

In classroom the teacher explains ideas and concepts. It is the most commonly used skill and is the essence of instruction. Explanation is a key skill. Generally, the skill of explanation is complex Explanation is to explain or to give understanding to another person. It leads from the known to the unknown, it bridges the gap between a person's knowledge or experience and new phenomena, and it may also aim to show the interdependence of phenomena in a general sable manner. It assists the learner to assimilate and accommodate new data or experience.

In a classroom, an explanation is a set of interrelated statements made by the teacher related to a phenomenon, an idea, etc. in order to bring about or increase understanding in the pupils about it. The teacher should practice more and more of desirable behaviours like using explaining links using beginning and concluding statements and testing pupil understands behaviours like making irrelevant statements, lacking in continuity, using inappropriate vocabulary, lacking in fluency, and using vaguewords and phrases as far as possible.

A class in not a homogeneous group. Some pupils are intelligent some have normal intelligence, some are mature and others are immature. But the teacher has to impart knowledge to all. To present the subject matter in the simplified form before the pupils and making it acquirable is called the skill of explanation. It is necessary in all the subjects. In its absence the presentation of the subject matter is not possible. In the skill of explanation, such words are used in the statements by which the statements exhibit the clarity of their meanings.

The explanation serves two purposes: (1) to introduce the subject by giving some background aboutits usefulness and application; and (2) to describe the subject in a simple, complete, and tantalizing way. The explanation should create a desire to become proficient in the subject under study.

The components of skill of explaining involved

- 1. Clarity
- 2. Continuity
- 3. Relevance to content using beginning and concluding statements
- 4. Covering essential points
- 5. Simple
- 6. Relevant and interesting examples appropriate media
- 7. Use of inducts, deductive approach, it can be functional, causal or sequential

Characteristics of effective explanation

- 1. *Coordination in Statements*. Coordination in the statements used during the explanation isvery essential; otherwise there will be all hotch- potch.
- 2. *Relevant Statements*. While presenting the subject matter, the concerned statements shouldbe relevant.
- 3. *Fluency in Language*. The teacher should use fluent language so that the pupils may listen and understand his thoughts.
- 4. *Connecting Links*. The use of words, idioms or connecting links such as 'therefore' as a result fetc. is essential to link the different thought or statements.
- 5. *Clear Beginning Statement*. Before starting any explanation, the teacher should make the pupils aware of what he is to teach on that day through a clear beginning statement.
- 6. *Use of proper Words*. The teacher should use proper words for explaining an object or an event otherwise he would be in a state of confusion

3. Questioning

Questioning is an important teaching skill that a teacher must learn. The teacher should learn to ask suitable, appropriate and meaningful questions. Questioning is definitely a skill. We can very easily answer a question but it is too difficult to ask a question. A question is any sentence which has an interrogative form or function. In classroom settings, teacherquestions are defined as instructional cues or stimuli that convey to students the content elements to be learned and directions for what they are to do and how they are to do it. Questioning promotes involvement, initiates thinking, creates motivation and enhances learning. Effective questioning is a real compliment to the instructional skills. It shows the ability to understand the student's real needs. It shows that for meaning that's deeper than the spoken message. Effective questioning is a powerful, learned skill.

For students, questioning strategies help to categorize and anticipate exam questions, allowing for more effective preparation. The strategies are also useful for study groups, focusing efforts and allowing members to test each other. They improve the student's ability to clarify, reorganize, and accurately explain new information. Questioning also aids in self-assessment and self-monitoring.

Basis of Questioning skill

Questioning skills refer to one's ability to formulate and respond to questions about situations, objects, concepts, and ideas. Questions may derive from oneself or from other people.

There are two levels of questions:

- 1. Low-level questions refer to questions that require one to recall information that has been registered in memory. Low-level questions operate on the level of knowledge, drawing from one's knowledge base of a subject.
- 2. The High-level questions encompass questions that require one to process information rather than simply recall it. High-level questions operate on one's ability to comprehend, apply, analyze, synthesize, and evaluate information.

Questioning techniques

Good questions are essential to effective communication between: the teacher and the student: the teacher who lack the skill to effectively question their student create disinterest and boredom on the part of the student. They also ignore a fine opportunity to open communication lines for determining the effectiveness of the lesson. Good questions expand on central thoughts, develops the subject, and not on minor, nice-to-know points. Let us look at some rules for asking questions.

- 1. Distribute questions at random. Do not always ask the same student or those sitting in a particular area. Ask questions of the entire class to promote thinking in all students and get them involved.
- 2. Acknowledge all answers to ensure incorrect or vague answers are clarified.
- 3. Don't use catch or trick questions. Students will not participate and you could possibly lose them if they feel humiliated.
- 4. Allow enough time for the student to think about and give an answer. Do not waste time waiting if the student clearly does not know the answer, but do not cut the student off before ample time is given for the complete though process or answer period.
- 5. Begin questions with the words that require thoughtful answers, such as, "Why, When, How, What,"etc. Stay away from questions that can be answered with a simple yes or no. This will help stimulate and even guide students thinking.
- 6. Avoid frequent group or choral responses. This method provides answers that are often unintelligibleand errors that are hard to pick up.
- 7. Do not waste time "pumping" a student. If the trainee does not know the answer, either offer an explanation or ask the question of another student.

4. Skill of closure

This skill is useful for a teacher to close his teaching properly. The teacher is to summarise all the teaching during the period and provide opportunities for the students to correlate the learnt matter with the past and future knowledge. This is to be done by statements or by asking questions.

Skill of Reinforcement

This skill is the most important one than other teaching skills. Reinforcement, the term implies theuse of the technique for influencing behaviour of individuals in desired direction. The concept of reinforcement is based on the hedonistic principles, which envisages that all individuals tend to repeat the pleasant experiences and avoid unpleasant ones. The skill is being used to utilize good behaviours of the learners and to avoid the undesirable behaviours of the learners. The teacher would like the student's desirable behaviours and criterion responses to be retained and undesirable behaviours to be eliminated. For reinforcing student's desirable behaviours and criterion responses heuses positive verbal and non-verbal reinforcers. These reinforcers not only strengthen the student's desirable behaviours but also develop confidence in them.

Besides, they enhance their positive self- concept. Absence of positive reinforcers for student's desirable behaviours may erode their confidence and lead to poor self-image. Positive reinforcements encourage students to participate actively in classroom interactions. It stimulates them to achieve more, thereby, creating a sense of achievement. Skilled use of reinforcers helps a teacher to promote student's learning. The skill of reinforcement refers to the effective use of reinforcers. It, can therefore be defined as 'the effective use of reinforcers to modify student's behaviour in the desired direction".

5. Skill of varying the stimulus

Varying the stimulus is described as a deliberate change in the behaviours of the teacher in order to sustain the attention of the learners throughout the lesson. The variation in the stimulus helps in avoiding monotony and in generating interest among the students which in turn makes learning effective.

Learning in the classroom depends, to a large extent, on the attention of the students on the learning task. It is therefore, essential for the teacher to secure and sustain student's attention for making his teaching effective. Continuous use of the same stimulus or activity for longer period induces inattention. The inattention is caused in two ways: one is continued focus of the students on the same stimulus for a long time restricts his postural mobility which leads to fatigue. Next is the continued use of the same stimulus for longer duration introduces the element of monotony, which brings in dullness. This will be further aggravated because of the short span of student's attention. Their attention tends to shift from one stimulus to another frequently. They find it difficult to attend to one stimulus for more than a few minutes.

The problem of inattention is a challenge to t he teacher, unlesshe is in a position to secure and sustain student's attention. It is therefore, essential for the teacher to secure and sustain student's attention towards the topic of the lesson. One of the significant ways to secure and sustain students' attention is to introduce the elements of variation in teaching. The variation can be introduced in several ways depending upon the teaching activity. Appropriate variation in different dimensions can help a teacher to secure and sustain students' attention. The set of teacher behaviours that tend to secure and sustain student's

attention in teaching learning situation in the classroom constitutes the skill of varying the stimulus.

Some of the components of varying the stimulus are as follows:

- 1. Movement
- 2. Gestures
- 3. Change in voice
- 4. Focusing
- 5. Change in interaction pattern
- 6. Pausing
- 7. Student's physical participation
- 8. Aural visual switching

6. Non-verbal cues

Non-verbal communication has been defined as communication without words. They are usually made with the help of the movements of the eye, hand, head, body, and facial expressions. Facial expression will lead to encourage pupil to participate actively in learning situations. Positive non- verbal cues include smiling, nodding the head, a delighted laugh, patting on the shoulder, asking the students to clap. The students can be asked to clap their hands for correct answers given by a student.

Disapproval without suing words has the effect on negative reinforcement. Negative non-verbal cues include staring, looking angry, shaking the head, beating, caning, bruising, raising the eyebrows, tapping foot impatiently and walking around etc.

7. Fluency in communication

Communication in general is a process of sending and receiving messages that enables humans to share knowledge, attitude, and skills. Communication is a series of experiences of hearing, seeing, smelling, tasting, and touching / feeling. Although we usually identify communication with speech, communication is composed of two dimension: verbal and non-verbal. Both verbal and non-verbal plays a significant role in teaching learning process. Verbal communication is divided into Intra verbal: intonation of word and sound and extra verbal: implication of words and phrases, semantics.

The teacher uses knowledge of effective verbal and nonverbal communication techniques as well as instructional media and technology to foster active inquiry, collaboration, and supportive interaction in the classroom.

MINI-LESSON

- 1. It is a teaching training technique for learning teaching skills.
- 2. It employs real teaching situation for developing skills and helps to get deeper knowledgeregarding the art of teaching.
- 3. A mini lesson is a basic precursor to a bigger or broader topic. It is a short lesson that can betaught in just a few minutes, but it can benefit the students in lessons to come.
- 4. For instance, you may teach a basic topic like fact versus opinion by sharing a variety ofstatements and having students tell you if the statement is fact or opinion.
- 5. This practice may take only 20 minutes, but teaches a valuable lesson to the students and setsthe foundation for further discussion of writing styles or reading concepts.

PRACTISING A MINI-LESSON WITH MULTIPLE TEACHING SKILLS

- Name : xxxxx
- Subject : Biology
- **Topic** : External features of a Bird
- Date : :
- Time :

Objectives:

- 1. Acquires knowledge of the technical terminology used to describe the external characters of abird.
- 2. Understands the significance of the various external features of a bird.
- 3. Applies the knowledge in identifying birds.
- 4. Develops skills in drawing and labelling the external characters of a bird.
- 5. Appreciates the flying minstrels of nature.

Materials

- 1. A pigeon (specimen)
- 2. Stuffed birds
- 3. Bird photographs
- 4. Chart external characters of pigeon

Content Outline

- 1. A bird is with a bundle of feathers with different colouration, boat shaped contour with flightadaptation.
- 2. Birds have fore limbs modified into winds. Birds are bipeds.
- 3. The body of the bird is divided into four regions: head, neck, trunk (body) and tail. The head consist of bead which is modified according to feeding habits.
- 4. Lateral eyes with well developed vision.
- 5. External ear opening completely covered by feathers.
- 6. Neck is highly mobile.
- 7. Entire body is clothed with feathers. The two wings and two legs are attached to the middle of the body. Tail varies in length and colour with the function of balance and direction.

Teaching skills

Important skills are as follows:

1. Introducing

A bird is an animal with a bundle of feathers with different colouration, boat shaped contour with flight adaptation.

2. Explaining

Birds have fore limbs modified into winds. Birds are bipeds. Birds are divided into two types: a) Flying birds. E.g. Pigeon. b) Running birds. E.g. Ostrich. The body of the bird is divided into four regions: head, neck, trunk (body) and tail. he head consist of bead which is modified according to feeding habits with absence of teeth. Lateral eyes with well-developed vision. Nostrils in the dorsal aspect of the upper beak present proximally. External ear opening is present completely covered by feathers. Tongue is modified according to the feeding habits. Neck is highly mobile (rotation 30°). Entire body is clothed with feathers. The two wings and two legs are attached to the middle of the body. Legs are with 4 claws and modified according to locomotion and feeding. Tail varies in length and colour with the function of balance and direction. Cloaca is present at the base of the tail.

3. Questioning

How are the forelimbs modified? The legs of the Ostrich are strongly built because _____.Mention the different types of tails found in birds.

The external ear openings in birds cannot be seen because_____.

4. Varying the stimulus

There can be variation of teachers' position in the classroom while he is teaching. Variation in voice represents another dimension. Use of media like Bird photographs, specimen and Chart showing external characters of pigeon provides yet another area of vibration. There can also be variation in the classroom interaction pattern.

5. Non verbal cues

Positive non-verbal cues include smiling, nodding the head, a delighted laugh, patting on the shoulder, asking the students to clap etc can be used while the class is going on. The students can be asked to clap their hands for correct answers given by a student.

6. Reinforcement

Positive verbal reinforcers like saying good, very good, excellent, fantastic, splendid, right, yes, correct, fine etc can be used in the class for the desirable behavior of the students like being calm, clarifying their doubts, answering the questions, drawing the pictures on the board etc.

7. Closure/Summing up

The topic will be summed up as a bird is with a bundle of feathers with different colouration, boat shaped contour with flight adaptation. The body of the bird is divided into four regions: head, neck, trunk (body) and tail. The beaks and limbs are modified according to the feeding habit of the bird. Mention the names of birds that you know? Observe and examine the pigeon and locate its parts. Draw the diagram of a pigeon step by step and label the parts.

8. Fluency in communication

The topic will be discussed by explaining and interacting with the students by asking questions and making the students to observe the specimen, photos and charts. The teacher uses knowledge of effective verbal and nonverbal communication techniques as well as instructional media and technology to foster active inquiry, collaboration, and supportive interaction in the classroom.

Observation and Feedback on the Practice of Integration of Teaching Skills

The complex teaching act can be split into component skills, each simple, well defined and limited. These skills can be identified, practiced, evaluated, controlled and acquired through training.

- a) McIntyre et.al (1977) defined teaching skill as a set 'set of related teaching behaviours which isspecified the achievement of specified types of educational objectives'.
- b) Passi (1976) defines teaching skill as 'a group of teaching acts or behaviours intended to facilitatepupils learning directly or indirectly'.

Duration: 20 minutes

c) The teaching skills developed through training are to be observed by the peers/ teacher educators.Immediate feedback may be given to the student-teachers individually using the feedback forms.

Integration of teaching skills feedback form:

-		-	
Name of	the student	teacher:	

INTECDATING SKILLS IN MINI TEACIUNG (Aggggment by Deerg/Teacher						
Educators)		I LACIIII (ASSESSI	nent by reers/rea	lener		
Teaching skills	AVERAGE (SCORE 1)	GOOD (SCORE 2)	VERY GOOD (SCORE 3)	TOTAL		
Introducing						
Explaining						
Questioning						
Varying the stimulus						
Non verbal cues						
Reinforcement						
Closure						
Fluency in						
Total						

Range of scores: 8-24

OVERALL ASSESSMENT OF MINI-TEA CHING

AVERAGE GOOD VERY GOOD

Interpretation of scoresAverage8Good: 9-16Very Good:17-24Signature of the Observer

Understanding Major Steps in Teaching a Mini-Lesson

Instructional Procedures and Activities: Provide a detailed discussion of the mini lesson (15-20min) using the following headings:

Motivation

This step is considered to be the preparatory step, wherein the teacher is trying to prepare the mindsof the students ready to receive the subject matter. Hence, this step identifies the mental readiness of the students. The teacher will be able to check the students' entering behavior before he starts teaching the lesson. Thus testing students' previous knowledge develops interest in the minds of students and helps to maintain curiosity of the students.

Presentation

It is the key step and only through which the actual process of teaching is going to take place. Herethe aims of the lesson should be stated clearly and the heading shold be written on the blackboard. We have to provide situation for both the teacher and the students to participate in the process of teaching and learning. Our ultimate aim of the presentation is to make the concepts understandable to the students. Therefore, use of simple language is recommended. Appropriate and specific examples and illustrations of the concepts will make the understanding better. The interest of the students on the subject matter should be maintained continuously by the way of asking questions from time to time in this stage. Use of instructional aids like charts, audiovisuals, specimen etc in an appropriate manner is strongly recommended during presentation.

Interaction

Interaction in the classroom will be done by speaking, sharing opinion, listening to others and establishing a mutual consent. Students in the learning process support when they are done by interacting directly with the object of learning and communicating in groups and also provide the ability of gaining mastery over the subject.

Reflection

Students will be given opportunity to express their ideas, experiences and opinions. Students will be cooperative, respect the opinions of others, responsible, honest on information receiving and able to give decisions.

Summing-up

This stage is meant for the teachers to know whether the students have grasped and understood the concepts taught or not. This can be achieved by reviewing the lesson and by giving assignments to the students. Only through this step achieving closure is possible.

PRACTICING A MINI-LESSON WITH FIVE TEACHING STEPS

INSTRUCTIONAL PROCEDURES AND ACTIVITIES: Provide a detailed discussion of themini lesson (15-20 min) using the following headings:

INTRODUCTORY ACTIVITIES

1. *Motivation* (Skill of Introduction – use of previous knowledge)

The teacher asks the students questions related to their knowledge of birds, as follows:

- 1. What do you know about birds?
- 2. Do you how birds are flying?
- 3. Give the names of birds that you know?
- 4. Name the bird which do not fly?

DEVELOPMENT ACTIVITIES (*Presentation, Interaction, Reflection*)

2. **Presentation**

- a. The teacher announces the topic as, "External features of a bird" and writes it on the blackboard. (Skill of Explaining Cognitive link).
- b. The teacher ask the student to catalogue the birds known by them. (Recalls)
- c. The teacher ask the students to Observe and name the stuffed birds shown to them.(Recognizes)
- d. Birds have fore limbs modified into winds. Birds are bipeds.

- e. Birds are divided into two types: a) Flying birds. E.g. Pigeon. b) Running birds. E.g. Ostrich. The body of the bird is divided into four regions: head, neck, trunk (body) and tail.
- f. The teacher uses aids like chart and specimen to show the body of the bird and to observe the streamlined body contour and identify the four regions. (**Skill of Explaining uses ofIllustrations**)
- g. The head consist of bead which is modified according to feeding habits with absence of teeth.
- h. Lateral eyes with well developed vision.
- i. Nostrils in the dorsal aspect of the upper beak present proximally.
- j. External ear opening is present completely covered by feathers.
- k. Tongue is modified according to the feeding habits.
- 1. Neck is highly mobile (rotation 30°).
- m. Entire body is clothed with feathers.
- The two wings and two legs are attached to the middle of the body.
- n. Legs are with 4 claws and modified according to locomotion and feeding.
- o. Tail varies in length and colour with the function of balance and direction.
- p. Cloaca is present at the base of the tail.

3. Interaction: (Skill of Questioning –specificity)

- a. Give some examples for flying and running birds.
- b. How are the forelimbs modified?
- c. Mention the different types of tails found in birds.
- d. We cannot see the external ear of the bird? Why? The teacher points out by lifting the features that the external ear openings in birds cannot be seen because it is completely covered by feathers.

4. Reflection: (Skill of Stimulus Variation – Audio visuals)

- 1. The teacher ask to student to Observe and identify the birds from photographs and drawing.(**Identifies**)
- 2. The teacher now shows the chart illustrating different regions and asks pupils to identify the various parts of the bird.(**identifies**)
- 3. The teacher ask the students to observe the specimen and locate the upper eyelid, the lowereyelid and nictitating membrane. (locates)
- **4.** The teacher points out the neck which is highly mobile (rotation 30°). Then teacher ask thestudents to examine the neck of the bird. (**Recognises**)
- 5. Observe the diagram of the pigeon and compare it with the actual specimen. (Comparing)

5. Concluding Activities (summing Up/Closure)

The bird is an animal with a bundle of feathers with different colouration, boat shaped contour with flight adaptation. The body of the bird is divided into four regions: head, neck, trunk (body) and tail. The beaks and limbs are modified according to the feeding habit of the bird. Observe and examine thepigeon and locate its parts. Draw the diagram of a pigeon step by step and label the parts.

Evaluation and Assessment

List how the pre-service teachers (peers) will demonstrate their learning. That is, how will you know the mini-lesson has been successful?

Distribute a copy of both Assessment formats (skills & steps) to the pre-service teachers (peers)

Observation and Feedback on Integration of Teaching Steps in Mini-Teaching

Name of the Student teacher:

Duration: 20 minutes

Range of scores: 5-15

OVERALL ASSESSMENT OF TEA CHING STEPS

AVERAGE GOOD VERY GOOD

Interpretation of scoresAverage 5 Good :6-10

Very Good :11-15

Signature of the Observer

Conclusion

Teaching means interaction of teacher and students. They participate for their mutual benefits. Both have their own objective and target is to achieve them. Teaching skills would include providing training and practice in the different techniques, approaches and strategies that would help the teachers to plan and impart instruction, provide appropriate reinforcement and conduct effective assessment. Thus teaching skills can be identified, practiced, evaluated, controlled and acquired through training. A mini lesson is a basic precursor to a bigger or broader topic. It is a short lesson that can be taught in just a few minutes, but it can benefit the students in lessons to come. This practice may take only 20 minutes, but teaches a valuable lesson to the students and sets the foundation for further discussion of writing styles or reading concepts. Essential teaching skills of pre-service teachers, including scientific approach teaching in which become primary goal in science education, are often developed through modeling.

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