



ANTI-INFLAMMATORY POTENTIALS OF Andrographolide AND ITS ANALOGUES IN VARIOUS DISEASES

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Abstract

A medicinal herb known as *Andrographis paniculata* (*A. paniculata*) is used in both Indian and Chinese traditional medicine for a variety of therapeutic benefits. This is caused by the presence of "Andrographolide," a diterpene lactone. Andrographolide and its natural counterparts are thought to have a number of biological functions, including anti-inflammatory, anti-tumor, anti-hyperglycaemic, anti-fertility, antiviral, cardiac protecting, and hepatoprotective qualities. Studies have revealed the presence of more closely comparable terpenoid analogues from *A. paniculata* in addition to this diterpene lactone (Andrographolide): This investigation focuses on Andrographolide, a diterpenoid molecule from *Andrographis paniculata*, which has anti-inflammatory properties. Studies examined the effects of Andrographolide and the characteristics of the target, with a focus on transcription factors. NF-kappaB The DNA binding region, or active site, of NF-kappaB, is discovered to have primarily positive potential. Negative potency is required for a specific inhibitor to have electrostatic complementarity. This substance inhibits the activation of NF-kappaB and reduces the expression of inducible nitric oxide synthase (iNOS), among other anti-inflammatory effects. Additionally, it stops human neutrophils from producing oxygen radicals and stops human fibroblast cells from expressing COX-2.

Key words: Andrographolide, *Andrographis paniculata*, inflammation, anti-inflammatory effect.

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Introduction

In recent years, the incidence of inflammatory diseases has remained high and patient's life has worsened. Inflammation is a complex pathophysiological process mediated by a variety of signaling molecules produced by leukocytes, macrophages and mast cells as well as by the activation of complement factors, which bring about edema formation as a result of extravasations of fluid, proteins, etc and pain at the site of inflammation. Depending upon the defence capacity of host and duration of response, inflammation can be classified into Acute Inflammation and Chronic inflammation (1). Acute and chronic inflammatory responses are both part of natural defence mechanism of the body's innate immune system. The main signs of inflammation are redness (redness or erythema), heat, swelling, and pain which result from local immune, vascular and inflammatory cell responses to infection or injury. Chemical mediators such as histamine are quickly released from mast cell granules and take immediate effect. Other chemical mediators, such as leukotrienes and prostaglandins, must be synthesized from arachidonic acid before they can be released into mast cells, and are therefore responsible for the later effects of prolonging inflammation. The inflammatory response process depends on the exact nature of the initial stimulus and its location in the body. They all share a common mechanism i.e., Recognize cell surface pattern receptors noxious stimuli, inflammatory pathways activation, inflammatory markers are released, and Inflammatory cells are recruited (2,3). Inflammatory responses are accompanied by serious diseases such as septic shock, cancer, atherosclerosis, rheumatoid arthritis implying that inflammatory responses are critical patron to the pathophysiology of several diseases. To date, pharmacotherapy of inflammatory conditions is based on the use of non-steroidal and steroidal anti-inflammatory drugs. Prolonged use of these drugs may cause serious gastrointestinal toxicity, increased blood pressure, greatly increased risk of congestive heart failure. Thus, botanicals have attracted much attention in anti-inflammatory research due to their good pharmacological activity and efficacy (4-9) Flavonoids, terpenoids, steroids, phenols, glycosides, alkaloids and tannins are secondary metabolites of plants and are called natural substances. There is ample scientific evidence supporting the successful treatment of pain and inflammation with natural products. In the plant kingdom, almost every family has representative analgesic and anti-inflammatory herbs. (10-12). Andrographolide paniculate is a traditional herb from Asian countries, also called

kalmegh or king of bitters belongs to family acanthaceae. It was first isolated by Boorsma from different parts of *A. paniculata* and was named as andrographide, until it was proved that it was structurally a lactone and was renamed as Andrographolide. Andrographolide is bioactive compound Andrographis paniculate is the major labdane diterpenoidal constituents of this plants (13). Previous research has confirmed that Andrographolide has antipyretic and analgesic, anti-inflammatory, antibacterial, antiviral, immune regulatory, anti-tumor, neuroprotective, hepatoprotective, gallbladder protective, and anti-cardiovascular activities. The leaves of the plant are reported to contain Andrographolide, neoAndrographolide, andrographiside, homoAndrographolide, andrographane, andrographanin, andrographone and andrographosterol. The aerial parts of the plant contain Andrographolide, neoandrographolide, andrographiside 14-deoxyAndrographolide, 14-deoxy-11,12-didehydroAndrographolide, 14-deoxy-11-oxoAndrographolide and β -sitosterol. The roots contain 5-hydroxy-7,8,2-3'-tetramethoxyflavone, Andrographolide andrographonin, apigenin and 7,4-dioxymethylether (14). Of the above chemicals, Andrographolide is the major bioactive constituent responsible for variety of activities. Leaves and stems of plant are used for extracting active phytochemicals; roots are used rarely. Anti-inflammatory and anti-angiogenic activity: *A. paniculata* as well as extract of *Andrographis* plant are known to have an anti-inflammatory potential (15). Andrographolide treatment inhibits nuclear factor kappa B (NF- κ B) binding to deoxyribonucleic acid, reducing the expression of pro-inflammatory proteins such as cyclooxygenase 2 (Cox-2) and nitric-oxide synthase (16). This article summarizes anti-inflammatory potential of Andrographolide, the anti-inflammatory signalling pathways involved in its effects, discusses the evidence regarding the effectiveness and superiority of Andrographolide and its analogues in anti-inflammation (17).

Inflammation

Inflammation is a pattern of response to injury, Tendency to accumulate cells and exudate in inflamed tissue Protects against further damage. Depending upon the defence capacity of host and duration of response, inflammation can be classified into Acute Inflammation and Chronic inflammation. Acute Inflammation is immediate, is short duration lasting for minutes to hours to days. Upon tissue injury, damaged mast cells and platelets release chemical messengers such as

histamine, serotonin, prostaglandins and leukotrienes into the interstitial fluid and blood. These chemicals affect the blood vessels and nerves in the damaged area. The main signs of inflammation are redness (redness or erythema), heat, swelling, and pain. Redness and heat are caused by increased blood flow to the injured area, Swelling or edema is caused by protein and fluid moving into the interstitial space, Pain results from increased fluid pressure to nerves, especially in confined spaces, and from local nerve stimulation by chemical messengers such as bradykinin. Other common inflammatory symptoms include low-grade fever, malaise, fatigue, headache, and loss of appetite (loss of appetite). If the infection causes inflammation, the fever may be severe, depending on the organism involved. However, high heat can be beneficial if it impedes the growth and reproduction of pathogens. Fever results from the release of pyrogens or pyrogens (eg, interleukin-1) from white blood cells (WBCs) or macrophages. Pyrogens circulate in the blood, triggering the thermoregulatory system and Thermostat and; reset to higher levels of hypothalamus. Thermogenic mechanisms such as shivering are activated and cellular metabolism is increased. Involuntary cutaneous vasoconstriction, characterized by pale, cold skin, reduces body heat loss. Voluntary actions such as curling up or covering yourself conserve heat. These mechanisms continue until body temperature reaches the new higher setting. After the cause is removed, body temperature returns to normal by reversing the mechanism. Chronic inflammation can occur after an acute episode of inflammation if the cause is not fully resolved. Diseases such as rheumatoid arthritis are characterized by chronic inflammation with periodic exacerbations of acute inflammation. Alternatively, chronic irritants such as smoking, certain bacteria, or a long-term abnormal immune response can unknowingly cause inflammation. chronic inflammation is characterized by less swelling and exudate, but more lymphocytes, macrophages, and fibroblasts (connective tissue cells) than acute inflammation. Chronic inflammation often leads to greater tissue destruction. More collagen is produced in this area, forming more fibrous scar tissue. Granulomas, small clumps of cells with a necrotic centre covered with connective tissue, can develop around foreign bodies such as debris or as part of the immune response in some infections, such as tuberculosis (18).

Inflammatory response mechanisms

The inflammatory response is the coordinated activation of signalling pathways that regulate

levels of inflammatory mediators in resident tissue cells and inflammatory cells recruited from the blood. Inflammation is a common etiology of many chronic diseases, including cardiovascular disease, bowel disease, diabetes, arthritis, and cancer. Although inflammatory response processes depend on the exact nature and location in the body of the initial stimulus, they all share common mechanisms that can be based on Cell surface pattern receptors recognize noxious stimuli, Inflammatory pathways are activated, Inflammatory markers are released and Inflammatory cells are recruited.

Pattern recognition receptor activation

The innate immune system is a major cause of acute inflammation caused by microbial infection or tissue injury. Innate immunity is also important for the activation of acquired immunity. innate immune cells such as macrophages and Dendritic cells (DCs) play an important role, but non-professional cells such as epithelial, endothelial and fibroblasts also contribute to innate immunity. Germline-encoded pattern recognition receptors (PRRs) serve to detect the presence of microorganisms They do this by recognizing structures that are conserved across microbial species, called pathogen-associated molecular patterns (PAMPs). Recent evidence suggests that PRRs are also involved in recognizing endogenous molecules released by injured cells, termed damage-associated molecular patterns (DAMPs). Four different classes of PRR families have now been identified These families include transmembrane proteins such as Toll-like receptors (TLR) and C-type lectin receptors (CLR), and retinoic acid-inducible gene (RIG)-I-like receptors (RLR) and NOD-like receptors (NLR). These PRRs are not only expressed in macrophages and DCs. but also in various non-professional immune cells. With the exception of some NLRs, PAMP or DAMP sequestration by PRRs upregulates the transcription of genes involved in inflammatory responses. These genes encode proinflammatory cytokines, type I interferons (IFNs), chemokines, antibacterial proteins, and proteins involved in regulating PRR signalling. and many uncharacterized proteins. the Expression patterns of inducible genes differ between activated PRRs.(19)

Activation of inflammatory pathways

Inflammatory pathways influence the pathogenesis of many chronic diseases and involve common inflammatory mediators and regulatory pathways Inflammatory stimuli activate intracellular signalling pathways and activate the production of inflammatory mediators Primary inflammatory

stimuli, including microbial products and cytokines such as interleukin-1 β (IL-1 β), interleukin-6 (IL-6), and tumor necrosis factor- α (TNF- α) are mediated by TLRs, IL-1 receptor (IL-1R), IL-6 receptor (IL-6R) and TNF receptor (TNFR). Receptor activation triggers key intracellular signalling pathways including mitogen-activated protein kinase (MAPK), nuclear factor kappa-B (NF- κ B), and Janus kinase (JAK) - signal transducers and activators of transcription (STAT Method). (20-22)

Five members comprise the NF- κ B protein family: RelA/p65, RelB, c-Rel, p50 and p52. The activation of NF- κ B involves two major signalling pathways, the canonical and noncanonical (or alternative) pathways, both being important for regulating immune and inflammatory responses. Canonical pathway activation predominantly occurs through BCR, TCR, TLR4, IL-1R or TNF-R receptors, whereas the non-canonical pathway involves receptor activation of CD40L, BAFF or lymphotoxin-B. The canonical NF- κ B pathway responds to diverse stimuli, including ligands of various cytokine receptors, pattern recognition receptors (PRRs), TNF receptor (TNFR) superfamily members, as well as T-cell receptor (TCR) and B-cell receptor (23). The mechanism of canonical NF- κ B activation is the inducible degradation of I κ B α triggered through its site-specific phosphorylation by a multi-subunit I κ B kinase (IKK) complex (24,25). IKK is composed of two catalytic subunits (IKK α and IKK β) and regulatory subunit NF- κ B essential modulator (NEMO) or IKK γ (26). IKK can be activated by cytokines, growth factors, mitogens, microbial components and stress agents (27). Upon activation, IKK phosphorylates I κ B α at two N-terminal sites and, thereby, triggers ubiquitin-dependent I κ B α degradation in the proteasome, resulting in rapid and transient nuclear translocation of canonical NF- κ B members predominantly the p50/RelA and p50/c-Rel dimers (28,25,29). The noncanonical NF- κ B pathway selectively responds to a specific group of stimuli, including ligands of a subset of TNFR superfamily members such as LT β R, BAFFR, CD40 and RANK (30,31). In addition, the noncanonical NF- κ B activation does not involve I κ B α degradation but rather relies on processing of the NF- κ B2 precursor protein, p100 (30,32). A central signalling molecule for this pathway is NF- κ B-inducing kinase (NIK), which activates and functionally cooperates with IKK α to mediate p100 phosphorylation, which in turn induces p100 ubiquitination and processing (33,34). The processing of p100 involves degradation of its C-terminal I κ B-like structure, resulting in generation

of mature NF- κ B2 p52 and nuclear translocation of the noncanonical NF- κ B complex p52/RelB (23,30,32). A well-recognized function of NF- κ B is regulation of inflammatory responses. In addition to mediating induction of various pro-inflammatory genes in innate immune cells, NF- κ B regulates the activation, differentiation and effector function of inflammatory T cells (35,36). This pathway regulates pro-inflammatory cytokine production and inflammatory cell recruitment, which contribute to the inflammatory response.

MAPKs are a family of serine/threonine protein kinases that regulate cellular responses to a variety of stimuli, including osmotic stress, mitogens, heat shock, and inflammatory cytokines (including IL-1, TNF- α , and IL6) that regulate cell proliferation, differentiation, cell survival and apoptosis. Mammalian MAPKs include the extracellular signalling-regulated kinase ERK1/2, p38 MAP Kinase and c-Jun N-Terminal Kinase (JNK). Each MAPK signalling pathway contains at least three components: MAPK, MAPK kinase (MAPKK), and MAPK kinase kinase (MAPKKK). MAPKKK phosphorylates and activates MAPKK, which in turn phosphorylates and activates MAPK. ERK is generally activated by mitogenic and differentiation signals, whereas inflammatory stimuli and stress activate JNK and p38 MKK1 and MKK2 activate ERK1/2, MKK4 and MKK7 activate JNK, and MKK3 and MKK6 activate p38. Activation of MAPKs, including Erk1/2 and JNK, leads to phosphorylation and activation of cytoplasmic or nuclear p38 transcription factors, leading to an inflammatory response. (37-41).

The JAK-STAT pathway has been used for intracellular signal transduction in response to cytokines and growth hormones. Different JAK-dependent cytokine receptors signal through different JAKs. Each receptor is composed of multiple subunits, and each subunit associates with a JAK. Activated STAT dimers form a nutcracker-like structure and are commonly the target of STAT inhibitors. Janus Kinase Inhibitors and Autoimmunity 523 receptor chains are able to associate with more than one JAK isoform. Most type I/II cytokine receptors signal through multiple JAKs. (42-54).

Inflammatory markers

Inflammatory markers may be indicative of inflammatory disorders and connect with their origins and effects, including infections, endothelial dysfunctions, and cardiovascular diseases. Inflammatory cytokines, such as IL-1, IL-6, and TNF-, as well as inflammatory proteins and

enzymes are produced when inflammatory cells, such as macrophages and adipocytes, are activated by stimuli (55-57). Inflammatory disorders may be treated more effectively and agent-mediated inflammation could be identified with more accuracy if we had a better understanding of how to control cytokine pathways. High-mobility group box 1 (HMGB1), superoxide dismutase (SOD), glutathione peroxidase (GPx), NADPH oxidase (NOX), inducible nitric oxide synthase (iNOS), and cyclooxygenase (COX)-2 are just a few of the enzymes whose abnormal activation is crucial in the development of inflammation-related diseases like cancer and cardiovascular disease. For instance, stimulation of TLR-coupled signalling pathways may be a mechanism by which extracellular HMGB1 effects are mediated (58-65). The main target of extracellular HMGB1 is TLR4 [68], which sets off intracellular signalling cascades that activate the NF- κ B and MAPK pathways in a way that depends on MyD88 (66,67). TNF- and other inflammatory cytokines are released as a result. Oxidative stress is influenced by antioxidant defence mechanisms, including antioxidant enzymes. As a result, this cascade can boost the expression of genes that code for chemokines, inflammatory cytokines, and growth factors (). Numerous diseases, including cardiovascular disease, cancer, diabetes, hypertension, ageing, and atherosclerosis, are linked to oxidative stress and their development. As a result, the by-products of oxidative stress can also serve as indicators of an inflammatory response (69-77).

Cell types in inflammatory responses- Activated macrophages, monocytes, and other cells mediate local responses to tissue damage and infection (78). At sites of tissue injury, damaged epithelial and endothelial cells release factors that trigger the inflammatory cascade, along with chemokines and growth factors, which attract neutrophils and monocytes. Inflammation-mediated immune cell alterations are associated with many diseases, including asthma, cancer, chronic inflammatory diseases, atherosclerosis, diabetes, and autoimmune and degenerative diseases (79,80). Neutrophils are key mediators of the inflammatory response, and program antigen presenting cells to activate T cells and release localized factors to attract monocytes and dendritic cells (81,82). During inflammation, macrophages present antigens, undergo phagocytosis, and modulate the immune response by producing cytokines and growth factors. Activated mast cells release a variety of inflammatory mediators, including cytokines, chemokines, histamine, proteases, prostaglandins, leukotrienes, and serglycin proteoglycans (83).

After being recruited by inflammatory stimuli, immune cells amplify and sustain the APR by releasing local inflammatory mediators at the site of recruitment (84).

Role of inflammation in various diseases

The effects of chronic inflammation may be brought on by:

- (1) the persistence of acute inflammation;
- (2) the consequent tissue destruction;
- (3) the scarring brought on by the acute inflammation.
- (4) Systemic consequences of persistent inflammation, such as fever, wasting, and weight loss. healing through repair. Long-term amyloidosis formation and chronic disease-related anaemia may also be linked to chronic inflammation (85).

Below are some significant chronic inflammatory disorders and the pathophysiology of their clinical manifestations.

Cardiovascular diseases

From the initial leukocyte recruitment until the rupture of the atherosclerotic plaque, inflammatory mediators play important roles in atherosclerosis (87-90). In the afflicted cardiac tissues, higher levels of endothelial adhesion molecules as well as higher amounts of inflammatory cytokines and chemokines are produced and released (91). The main line of defence for the heart against infections and tissue injury is the innate immune system (92). The most frequent cause of heart injury is myocardial infarction, which frequently occurs from coronary atherosclerosis and involves the abrupt loss of numerous myocardial cells [93]. An inflammatory cascade is started by necrotic cardiac cells to cleanse the infarct of dead cells and debris (94,95). When a cell dies, its internal components are released, activating innate immune systems to start an inflammatory reaction. Cell surface receptors identify endogenous ligands generated after injury as danger signals and trigger inflammation (96,97). TLR-mediated pathways activate NF- κ B signalling to cause post-infarction inflammatory responses (97-102). Leukocyte-endothelial cell adhesions are facilitated by cytokines, which also attract inflammatory leukocytes to the infarct (103, 105). Additionally, by reducing inflammation, improving myofibroblast phenotypic regulation, and encouraging the deposition of extracellular matrix, TGF- and IL-10 improve cardiac healing [106, 107]. In people with diabetes mellitus, cardiovascular disease—particularly in those with type 2 diabetes (T2D), where it develops 14.6 years

earlier on average (107)—is the leading cause of mortality and disability. Heart attack, stroke, kidney failure, amputation of limbs, blindness, and nerve damage are some of the complications of diabetes. Diabetes is brought on by either defective pancreatic insulin production or by body cells that do not respond by producing insulin (109). Insulin resistance is characterised by a reduced insulin-stimulated glucose uptake and is linked to obesity, age, and inactivity. Insulin secretion and cell mass are increased by pancreatic islet cells in response to insulin resistance. T2D (110), which is increasingly being defined as an inflammatory disease [111, 112], however, arises when islet -cells are unable to make up for insulin resistance. Insulin deficit then follows. Patients with T2D have been found to have higher amounts of circulating acute-phase proteins such as CRP, fibrinogen, serum amyloid A, plasminogen activator inhibitor, and haptoglobin as well as sialic acid, cytokines, and chemokines. Increased levels of IL-1, IL-6, TNF-, and CRP are also indicators of T2D. Prior to the beginning of T2D, IL-1 receptor antagonist (IL-1RA) levels are increased in obesity and prediabetes. Increased amounts of nutrients, such as glucose and free fatty acids, encourage insulin resistance. Additionally, T2D activates the JAK-STAT, MAPK, and NF-B pathways, all of which have the potential to increase tissue inflammation (111, 112, 113). Adipose tissue and other insulin-sensitive tissues are negatively affected by metabolic stresses as well, which increases the release of cytokines and chemokines locally. At the same time, immune cells are drawn in and help cause tissue inflammation. Examples of these cells are mast cells and macrophages. Similar to this, adipose tissue release of cytokines and chemokines into the bloodstream encourages the spread of inflammation to other tissues (114).

Respiratory diseases

The main cause of Respiratory tract inflammation is tissue exposure to bacterial, viral, and/or environmental toxins. Acute inflammation that is too severe and subsequent lung damage can impede gas exchange by causing pulmonary fibrosis. In acute respiratory distress syndrome, cystic fibrosis, chronic obstructive pulmonary disease (COPD), and asthma, unresolved lung injury and persistent inflammation are usually seen (115-117). Approximately 90% of COPD cases are linked to inflammation brought on by cigarette smoking in the small airways and lung parenchyma (118). Smoking is a significant contributor to COPD, which includes pulmonary and systemic inflammation. Long-term smoking can increase the synthesis of chemokines, oxygen radicals,

proteases, and cytokines in the lung, including TNF-, IL-6, and IL-8. It can also cause macrophage, neutrophil, and activated T lymphocyte infiltration into airways (119).

Nervous system diseases

Numerous disorders of the central nervous system (CNS), including epilepsy, autoimmune disorders, and neurodegenerative illnesses like Alzheimer's (AD) and Parkinson's (PD), trigger inflammatory reactions in the brain. Neuronal excitability can be increased, cells can be damaged, and the blood-brain barrier can become more permeable to different chemicals as a result of inflammatory responses in the brain (120–122). The activation of the brain's native immune cells and microglia, which produce pro-inflammatory indicators, causes inflammation-associated CNS disorders (123). Like immunological responses to systemic infection, these inflammatory processes also engage both the innate and adaptive immune systems. The main inflammatory mediators in the change from innate to adaptive are cytokines and TLRs. Endogenous ligands identified by TLRs may potentially cause inflammatory responses in the CNS. Inflammatory reactions may be triggered by DAMPs, such as heat shock proteins and extracellular matrix degradation molecules, entering the brain through a compromised blood-brain barrier. Both viral agents and brain injury, such as tissue damage seen after an ischemic, traumatic, or excitotoxic brain injury, or a seizure, trigger a robust CNS inflammatory response (121, 124, 125).

Tumor

Tumor cells produce various cytokines and chemokines that attract leukocytes. The inflammatory component of developing neoplasms can include various leukocyte populations, including neutrophils, dendritic cells, macrophages, eosinophils, mast cells and lymphocytes. Cytotoxic mediators including reactive oxygen species, serine and cysteine proteases, MMPs and membrane perforators, and soluble mediators of cell death such as TNF- α , interleukins and interferons (IFNs) (126,127). Monocytes differentiate into immature dendritic cells in the presence of granulocyte-macrophage colony-stimulating factor (GM-CSF) and interleukin (IL)-4/13. Dendritic cells migrate to inflamed peripheral tissues, where they sequester antigens, and after maturation, migrate to lymph nodes to stimulate T lymphocyte activation. Soluble factors such as IL-6 and CSF-1 derived from tumor cells boost myeloid progenitor cells to a macrophage-like phenotype¹⁴. Interestingly,

dendritic cells found in neoplastic infiltrates are often immature and defective in their ability to stimulate T cells. Tumor-associated macrophages (TAMs) are important components of inflammatory infiltration in neoplastic tissues, are monocyte-derived and primarily recruited by the monocyte chemoattractant protein (MCP) chemokine. TAMs play a dual role in neoplasia. TAMs can kill neoplastic cells upon activation by IL-2, interferons, and IL-12 (128-129), but many potent angiogenic and lymphangiogenic growth factors, cytokines and proteases. It is a mediator that enhances tumor progression¹⁷ TAMs and tumor cells also produce IL-10, which effectively attenuates anti-tumor responses by cytotoxic T cells During melanoma development, activated macrophages produce TGF β , TNF- α , IL-1 α , arachidonic acid metabolites, and extracellular proteases¹⁸. In response, melanocytes express IL-8 and vascular endothelial growth factor (VEGF)-A, thereby inducing angiogenesis under paracrine control (130). Indeed, macrophage invasion is closely related to the depth of invasion of primary melanoma, in part due to tumor-associated angiogenesis regulated by macrophages¹⁹. In addition to altering the local balance of pro-angiogenic factors during melanoma development, TAM expressed her VEGF-C and VEGF-D, and VEGF receptor-3 (VEGFR-3) during human cervical carcinogenesis. increase. All of these are involved in lymphatic vessels. formation and lymph metastasis (131). Placing TAMs at the centre of their recruitment and response to angiogenic and lymphangiogenic stimuli can facilitate tumor spread. TAM also induces her VCAM-1 expression on mesothelial cells.

Importance of medicinal plants and phytochemicals as anti-inflammatory compounds

Herbs and their constituents exert anti-inflammatory activity A number of plants have been reported for anti-inflammatory activity with a significant value than NSAIDs drug and also lack of side effect of causing ulcer and other side effect. Plant activity is attributed to presence of chemical constituents. There is a no. of plant shown below on basis of their constitutes. A number of plants containing triterpenoids such as stem bark of *Croton cajucara* (132), aerial parts *Sideritis candicans* (133) and leaves of *Broyonia laciniosa* (134) showed significant anti-inflammatory activity. plant containing alkaloids such as leaves of *Psychotria colorate* (135), *Chasmentha depends* plant (136), seeds of *Carum capticum* (137) and

Myristica fragrans (138) anti-inflammatory activity. *Chasmentha dependens* (136), dried leaves of *Stachytarpheta cayennensis* (139) and *leucas aspera* (140) root containing glycosides showed anti-inflammatory activity. large no of plants containing flavonoids showed anti-inflammatory activity (141). Leaves extract of *Vitex negundo* (142) and *Baphia nitida* (143), roots of *Calotropis procera* (144) and *Spilantha acmella* (145) showed anti-inflammatory activity. Roots of *leucas aspera* (140), leaves of *Gymnema sylvester* (146), leaves of *Baphia nitida* (143) and whole plant of *Chasmentha dependens* (136) containing tannins showed anti-inflammatory activity. Many of plant that showed activity had constituents other than above viz. saponin of *Gymnema sylvester* (146), Caratenoid of *Nycanthes arbortristis* flowers and iridoids of leaves of *Stachytarpheta cryennensis* (147).

Current drugs and its limitations

Inflammation is a normal part of the body's Défense to injury or infection, and, in this way, it is beneficial. But inflammation is damaging when it occurs in healthy tissues or lasts too long. Known as chronic Inflammation. (147). Inflammation is the result of concerted participation of a large number of vasoactive, chemotactic and proliferative factors at different stages. There are many targets of anti-inflammatory action such as

- Stabilization of leucocyte membrane and antagonism of certain action of kinin
- may be contributing to NSAIDs action
- Antagonist action on mediators other than PGs, histamine and bradykinin
- Inhibition of formation of ROS
- Inhibition of chemotaxis
- Inhibition of biosynthesis of mucopolysaccharides
- Stabilization of lysosome membrane fibrinolytic activity
- Inhibition of leucocyte migration and leucocyte phagocytosis

Of all these, inhibition of PGs biosynthesis is said to be important mechanism of action of NSAIDs. Vane and his colleagues in 1971 demonstrated that aspirin and related drugs inhibit prostaglandins (PG's) biosynthesis by inhibition of the enzyme prostaglandin endoperoxides synthase or COX which is involved in PG's synthesis. Inhibition is brought about by steric blockade of receptor active site channel. The table below classifies anti-inflammatory medications.

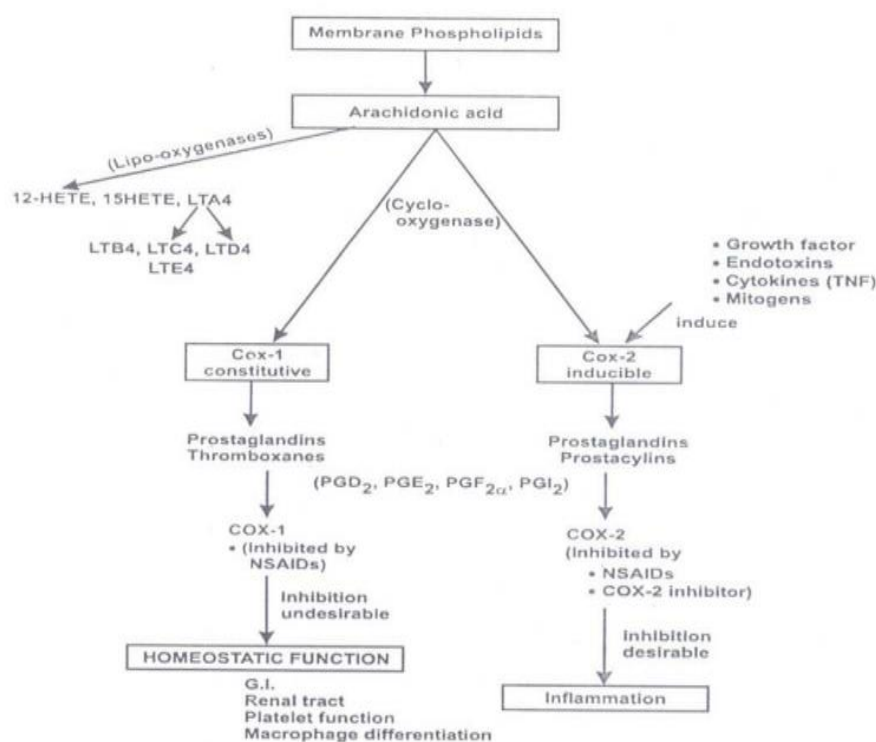
Anti-inflammatory Drugs Classification

Non -steroidal Anti-inflammatory Drugs			Steroidal Anti-inflammatory Drugs
Non-selective COX inhibitors	selective COX inhibitors		
	Preferential COX2 Inhibitors	Selective COX2 Inhibitors	
<ul style="list-style-type: none"> ❖ Salicylates <ul style="list-style-type: none"> • Acetylsalicylic acid (Aspirin) • Salicylamide ❖ Pyrazolone Derivatives <ul style="list-style-type: none"> • Phenylbutazone • Metamizole (Analgin) ❖ Indole Derivatives <ul style="list-style-type: none"> • Indomethacine ❖ Propionic Acid Derivatives <ul style="list-style-type: none"> • Naproxen ❖ Antranilic Acid Derivatives <ul style="list-style-type: none"> • Mephenic acid ❖ Aryl Acetic Acid <ul style="list-style-type: none"> • Diclophenac sodium ❖ Oxicam Derivatives <ul style="list-style-type: none"> • Piroxicam ❖ Dihydropyrolizine Carboxylic acid Derivatives <ul style="list-style-type: none"> • Ketorolac 	<ul style="list-style-type: none"> • Nimesulide • Meloxicam • Nabumeton 	<ul style="list-style-type: none"> • Celecoxib • Parecoxib • Rofecoxib 	<ul style="list-style-type: none"> ❖ Short-Acting Glucocorticoids (Natural) <ul style="list-style-type: none"> • Hydrocortisone • Cortisone ❖ Intermediate-Acting Glucocorticoids <ul style="list-style-type: none"> • Prednisone • Prednisolone • Methylprednisolone • Triamcinolone ❖ Long-Acting Glucocorticoids <ul style="list-style-type: none"> • Betamethasone • Dexamethasone • Paramethasone ❖ Topical Acting Glucocorticoids <ul style="list-style-type: none"> • Beclomethasone • Budesonide • Fluocortolone

Mechanism of non-steroidal anti-inflammatory drugs

Inflammation is a normal part of the body's Défense to injury or infection, and in this way, it is beneficial. Inflammation is damaging when it occurs in healthy tissues or lasts too long Known as chronic Inflammation. Inflammation is the result of concerted participation of a large number of vasoactive, chemotactic and proliferative factors at different stages. There are many targets of anti-inflammatory action such as Stabilization of leucocyte membrane and antagonism of certain action of kinin may be contributing to NSAIDs action, Antagonist action on mediators other than PGs, histamine and bradykinin, Inhibition of formation of ROS, Inhibition of chemotaxis, Inhibition of biosynthesis of mucopolysaccharides ,Stabilization of lysosome membrane fibrinolytic activity ,Inhibition of leucocyte migration and leucocyte phagocytosis Of all these, inhibition of PGs biosynthesis is said to be important mechanism of action of NSAIDs. Vane and his colleagues in 1971 demonstrated that aspirin and related drugs inhibit prostaglandins (PG's) biosynthesis by inhibition of the enzyme prostaglandin endoperoxides synthase or COX which is involved in PG's synthesis. Inhibition is brought about by steric blockade of receptor active site channel. The mechanism of action of non-steroidal anti-inflammatory drugs is shown in Figure. NSAIDs have been shown to be effective in inflammatory conditions such as arthritis, acute trauma, and pain associated with inflammation. Inflammatory mediators at the site of injury mediate vasodilation, protein exudate extravasation, and nociception. This is where prostaglandins, the key players in this process, are inhibited. COX inhibition has been

held as the primary mechanism of NSAID anti-inflammatory activity, but other mechanisms loosely termed non-COX mechanisms have been identified. A mechanism has been reported in the literature. NSAIDs have been reported to have quenching effects on nuclear factor (NF)- κ B, a transcription factor for proinflammatory proteins such as chemokines, adhesion molecules, and cytokines. NSAIDs also show repression of activated protein 1, membrane stabilization, and inhibition of reactive oxygen species (ROS) production. Although these are thought to contribute at the molecular level, it is unclear how they directly contribute to the clinical benefits of NSAIDs. NSAIDs reduce fever by inhibiting COX-mediated prostaglandin synthesis. Upon exposure to external pyrogens, primarily pathogen-associated molecular patterns (lipopolysaccharides, peptidoglycans, viral RNA, etc.), cells of the innate immune system release endogenous pyrogens to induce fever. Circulating interleukin-1, interleukin-6, and TNF α reach the brain and induce cyclooxygenase-mediated prostaglandin synthesis in the preoptic hypothalamic region of the brain. Prostaglandin E2 (PGE2) binds to EP-3 receptors in the hypothalamic endothelium to reset the body's thermoregulation. Subsequent physiological processes take place to reach this set temperature. By interfering with this process, NSAIDs have been shown to help limit the harmful effects of high and prolonged temperatures by inhibiting COX. It is important to note that it does not affect normal body temperature or abnormally elevated body temperature such as malignant hyperthermia or heat stroke (147). The mechanism of action of non-steroidal anti-inflammatory drugs is shown in Figure.



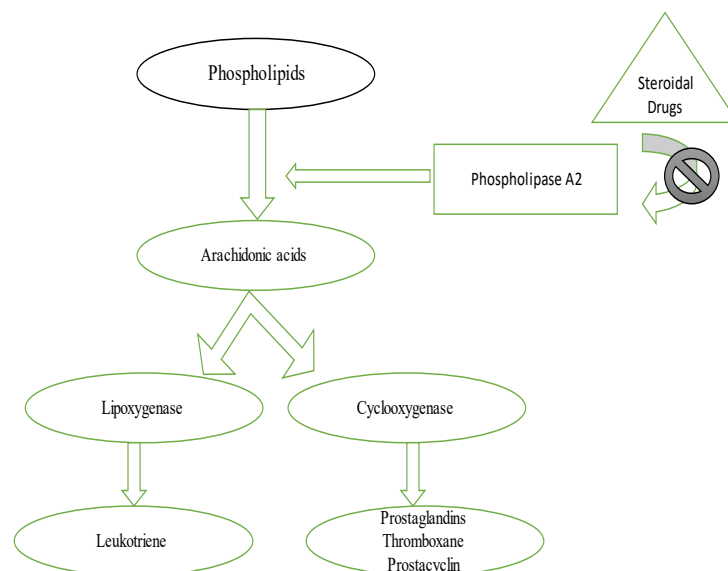
Side effects of NSAIDs

According to COX hypothesis, these drugs exert anti-inflammatory action by blocking COX-2 activity and at the same time, produce unwanted side-effects, mainly gastrointestinal (gastric irritation, erosions and gastric bleeding), hepatic (Hepatic failure and raised transaminase) and renal toxicity (Intestinal nephritis, chronic renal failure), due to inhibition of COX-1 enzyme (148). Almost 5-15% of patients with rheumatoid arthritis (RA) discontinues NSAID therapy within 6-month period of them treatment because of dyspepsia (149). Asthma and anaphylactoid reactions in susceptible individual are also side effect of NSAIDs. Increase in postpartum haemorrhage blood loss, skin reaction, liver disorder CNS (Headache, mental confusion and behavioural disturbances) and bone marrow depression is the main side effect of NSAIDs. Selective COX-2 inhibitor such as celecoxib showed increase in blood pressure and inhibition of platelets (150).

Mechanism of Steroidal Anti-inflammatory Drugs

Steroidal anti-inflammatory drugs are a class of anti-inflammatory drugs used to reduce inflammation in the human body. These agents

block the phospholipase A2 enzyme from blocking the inflammatory cascade. Phospholipase, one of the major substances released during inflammation, is rapidly converted to arachidonic acid by phospholipase A2. Arachidonic acid can then enter two different arms of the inflammatory cascade. By following a metabolic pathway, it can be converted into prostaglandins by the enzyme cyclooxygenase. Alternatively, they can be converted to leukotrienes by the enzyme lipoxygenase. Steroidal anti-inflammatory drugs block both arms of the inflammatory cascade. Steroid anti-inflammatory drugs reduce vascular permeability, redness, edema, and pain. Furthermore, it has the added benefit of keeping leukocytes away from the site of inflammation by blocking the lipoxygenase arm of the inflammatory cascade. Steroidal anti-inflammatory drugs may be derived from animal, plant, and human sources. They consist of sex steroids, corticosteroids and anabolic steroids. For corticosteroids, they are used for a variety of conditions, including skin diseases, hormonal imbalances, and tumors. Corticosteroids are also used primarily to treat joint pain and inflammation. However, they have a narcotic effect and can be highly addictive drugs for patients. (151)



Limitation of Steroidal Drugs-

Long-term use and high doses of steroidal anti-inflammatory drugs cause serious side effects similar to Cushing's disease. These side effects may complicate patient treatment and should be considered when examining a patient's medical history. Side effects of steroidal anti-inflammatory drugs include Lymphatic tissue atrophy and low white blood cell count, increased risk of infection, decreased immune response, decreased tissue regeneration), osteoporosis (bone demineralization). muscle wasting, thinning and destruction of skin and mucous membranes (e.g., gastric ulcers), Delayed healing, Delayed growth in children, Sodium and water retention, often leading to hypertension and edema (152,153).

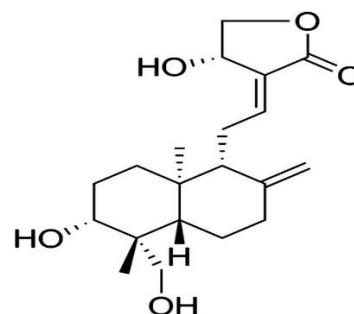
Anti-inflammatory effect of Andrographolide and its analogues

Andrographis paniculata (Burm.f.) Wall. ex Nees., (English name— King of Bitters) is an herbaceous plant. It belongs to Acanthaceae family. It is native to India and Sri Lanka, and it is also found in abundance in Asian countries such as India, Pakistan, Java, Malaysia and Indonesia (154). It is cultivated extensively in China and Thailand, the East and West Indies, and Mauritius. It is normally grown from seeds and grows in pine, evergreen and deciduous forest areas, and also along roads and in villages (155).

The leaves of the plant are reported to contain Andrographolide, neoAndrographolide, andrographiside, omoAndrographolide, andrographane, andrographanin, andrographone and andrographoserol. The aerial parts of the plant contain Andrographolide, neoAndrographolide, andrographiside 14-deoxyAndrographolide, 14-deoxy-11,12-didehydroAndrographolide, 14-

deoxy-11-oxoAndrographolide and β -sitosterol. The roots contain 5-hydroxy-7,8,2 3'-tetramethoxyflavone, Andrographolide andrographonin, apigenin and 7,4-dioxymethylether (156). Of the above chemicals, Andrographolide is the major bioactive constituent responsible for variety of activities. Leaves and stems of plant are used for extracting active phytochemicals; roots are used rarely. The leaves contain about 1.0–2.39% of Andrographolide, while the roots, stem, pericarp and seeds contain 0.44,0.20, 0.18 and 0.13% of Andrographolide, respectively (157).

Bicyclic diterpenoid lactone Andrographolide [C₂₀H₃₀O₅, (3- [2{decahydro-6hydroxy-5-(hydroxymethyl)-5,8 α -dimethyl-2-methylene-1-naphthalenyl} ethylidene] dihydro-4-hydroxy-2(3H) furanone)] is concentrated in leaves (Joseph, S.M.,2014). The structure of Andrographolide is shown in Figure



Andrographolides acts on multiple cellular targets in the inflammatory signals. It inhibits NF-kappaB activation, suppresses iNOS expression, inhibits COX-2 expression in human fibro-blast cells, and prevents oxygen radical production by human neutrophils (). According to a recent study, Andrographolide interacts with Arg513 and His90

in the cyclooxygenase site of COX-2 and inhibits PGE2 production in human fibroblast cells.

Inhibition of NF-kappaB

Andrographolide inhibited NF-kappaB activation in stimulated endothelial cells, lowering the expression of the cell adhesion molecule E-selectin and preventing E-selectin-mediated leukocyte adhesion under flow. It also prevented cytokine- and endotoxin-induced neutrophil peritoneal deposition, septic shock, and allergic lung inflammation in vivo. Notably, it had no effect on IkappaB degradation, nuclear translocation of p50 and p65, or cell growth rates (Xia et al., 2004). PAF-induced NF-kappaB luciferase activity was inhibited by Andrographolide. However, Andrographolide had no effect on the phosphorylation of p38 MAPK or ERK1/2, nor on the degradation of IkappaB induced by PAF and fMLP. It also reduced NF-kappaB DNA binding in whole cells and nuclear extracts induced by PAF and fMLP. It is concluded that Andrographolide exerts anti-inflammatory effects by inhibiting NF-kappaB binding to DNA, thereby reducing the expression of proinflammatory proteins like COX-2 (158-170)

Suppression of inducible nitric oxide synthase (iNOS) expression:

High levels of NO have the potential to be cytotoxic and can harm the nearby cells and tissues without regard for context, either by themselves or by the creation of ONoo-. Additionally, it's conceivable that reduction of iNOS protein expression and NO generation in response to immunological stimulation and/or bacterial infection could partially account for Andrographolide's anti-inflammatory effects.

Prevention of oxygen radical production

Andrographolide's capacity to block neutrophil adhesion/transmigration by suppressing Mac-1 overexpression may account for its anti-inflammatory effects. According to Shen et al. (2002), the inhibitory impact of Andrographolide on Mac-1 expression may be caused via a mechanism that reduces ROS generation but does not require calcium (159).

Inhibition on PAF-induced platelet aggregation

The effects of Andrographolide on the production of eicosanoids and platelet-activating factor were examined (PAF). It was demonstrated that Andrographolide suppresses PAF-induced human blood platelet aggregation in a dose-dependent manner, although isolated human Polymorph-

Nuclear Leukocytes (PMNL) showed no effect on the biosynthesis (171).

Inhibition of COX-2 expression

It has been demonstrated that the minor diterpenoid molecule Andrographolide and its counterpart, neoAndrographolide, interact with Arg513 and His90 at the cyclooxygenase site of COX-2. Andrographolide -11.7963 kcal mol⁻¹ and neoAndrographolide -7.4339 kcal mol⁻¹ require only a modest amount of energy to interact (calculated using AutoDockTools 3.0.5). These findings suggest that the exchanges will occur naturally and favourably (Levita et al., 2009a, b, 2010). When human fibroblast cells were stimulated with LPS, the inhibitory action of Andrographolide to COX-2 enzyme was measured by detecting PGE2 generation. These results demonstrated that Andrographolide's anti-inflammatory action also involved COX-2 expression inhibition (170).

Conclusion

The mechanism of Andrographolide in the treatment of inflammatory diseases, we found that Andrographolide has good anti-inflammatory and immunomodulatory effects and is a promising drug for inflammatory diseases. Andrographolide can exert anti-inflammatory effects through a variety of targets and signalling pathways, including blocking the NF-κB, MAPK, PI3K/Akt, NLRP3 and other pathways. Further research is needed to explore the pharmacological mechanism of action, its toxicity and adverse reactions, its pharmacokinetics and optimal therapeutic dose.

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