

ABSTRACT:

Inula Recemosa is one of the medicinal plants in Indian medicinal tradition. In this present study a phytochemical analysis was carried out on Hexane and Chloroform leaf extracts of Inula Recemosa. The studies revealed the presence of phytochemical constituents like Glycosides, Alkaloids, Quinones, Terpenoids and steroids in Hexane extract and Glycosides, Flavonoids, Quinones, Carbohydrates, Terpenoids and Steroids in Chloroform extract. A Flame photometric method was successfully employed for the quantitative determination of Sodium, Potassium and Calcium in leaf powder of Inula recemosa and the results showed the presence of good quantity of minerals (Na, K and Ca) in the leaf powder of the plant.

KEY WORDS: Inula Recemosa, Phytochemical analysis, Phytochemical constituents and Flame photometry.

DOI: 10.48047/ecb/2023.12.2.031

INTRODUCTION

INULA RECEMOSA commonly known as Pushkaramoola)(Fig. 1) is a genus: INULA(L) of the ASTERACEAE family. This plant is native to the temperate and alpine western Himalayas of India, China, Afghanistan, Kashmir, Nepal, Pakistan. [1,2] The roots are widely used locally in indigenous medicine as an expectorant and in veterinary medicine as a tonic. It has also been introduced as an ornamental plant and medicinal herb in many countries.[3,4] It is a common perennial herb with a height extending from 0.5 to 1.5 meters. The stem is groove, rough and hairy. The leaves of these plant are large elliptical, and 3 to 6 cm long with 2-3 cm breadth having long petioles. The fruits being slender achenes ,0.4cm long be whiskered with 0.75cm meters long pappus hairs. The flowers are bright yellow in colour with many in heads,0.5-1cm in diameter. Literature survey reveals that plant consists of various Phytochemical constituents which have been used for various medicinal values.[5] The plant extract and its isolated active constituents show promising activity against abdominal pain, acute enteritis, bacillary dysentery, expectorant and tonic. [6] Native Americans use this plant for treatment of tuberculosis[7]. Root powder is reportedly hypoglycemic and hypocholesterolemic in human subjects [8]. It brought about a beneficial improvement in ST-T changes in ECG of patients with Ischemic heart disease (IHD). [9] Combination therapy of Inula racemosa with other plants and extracts has also shown substantial biological activities. It is anti-anginal and hypolipidemic when used in combination with guggulu in patients with Ischemic heart disease [10]. It exerts cardioprotective effect in

isoproterenol induced myocardial ischemia in rats when used in combination with drugs Terminalia arjuna and Commiphora mukul[11]. It reduced corticosteroid induced hyperglycaemia in mice when used with Gymnema leaf extract [12].

Biological Activity of Different extracts of Inula racemose exhibits Adrenergic β -Receptor Blocking Activity[13], Antibacterial Activity[14], Mosquito Larvicidal Activity[15], Antifungal Activity[16], Anti-Inflammatory Activity[17,18], Analgesic Activity[19], Cytotoxic Activity[20-23], Adaptogenic Activity[23], Hepatoprotective Activity[24,25], Anti-Allergic Activity[26-28], Antioxidant Activity[29], Antiasthmatic Activity[30], Antimutagenic and Antiapoptotic Effects[31], Hypoglycemic Activity[32-38], Cardioprotective Activity[39-42]. In this present study we studied about phytochemical constituents and Flame photometric determination of minerals like Sodium, Potassium and Calcium present in extracts of leave powdrer of Inula Recemosa which was not reported early.



Figure. 1:

NATURAL HABITAT:

Among the 20 species of Inula occurring wild in India, five are consider to be of economic value. Of these I. racemosa has gained some prominence as a medicinal and aromatic plant and is now grown on a small scale in Lahaul valley in northwestern.

MATERIALS AND METHODS

Collection of Samples

Healthy plants of Inula recemosa were collected from Uttarakhand, India. The leaves were cleaned to eliminate dust particles from leaves and the leaves were dried in air current. Then Finally the leaves were grinded we got a powder of leaves.

PREPARATION OF PLANT EXTRACT

The leaves of Inula recemosa were shade dried, powered and extracted using two different solvents such as HEXANE, CHLOFORM In a Soxhlet apparatus. we got the extract from the plant material by using two different solvents, the extraction is done with the 5-6 cycles with each solvent. The solvents was evaporated on water bath, finally we got the crude material of the plant.

QUALITATIVE ANALYSIS OF PHYTOCHEMICALS

For preliminary phytochemical screening, standard assays were performed in different extract of Inula recemosa. Phytoconstituents such as Glycoside, Saponins, Alkaloids, Flavonoids, Quinones, Carbohydrates, Terpenoids, Steroids.

QUALITATIVE ANALYSIS OF PHYTOCHEMICALS

Test for Glycosides:

5ml of each extract was treated with 2ml of CH_3COOH in a test tube and a drop of ferric chloride solution was added to it. This was carefully underplayed with 1ml of conc.H₂SO₄. A brown ring at interface is appeared, it indicates the presence of glycosides in it.

Test for Alkaloid:

Take small amount of extract was treated with 3-5 drops of wagner's reagent it turns to reddish colour, so it indicates the presence of alkaloids.

Test for Flavonoid:

To a portion of dissolved extract, few drops of 10% of ferric chloride solution is added. A green

colour is observed, it indicates the presence of flavonoids.

Test for Quinone:

A small amount of extract was treated with conc. HCL. A yellow precipitate is observed, indicates the presence of Quinones.

Test for Carbohydrates;

The Aqueous ethanol extract of $(0.5 \text{ g ms in 5ml of H}_2\text{O})$ was added to boiling Fehling's solution (a+b) in a test tube , a colour solution is observed . It indicates the presence of carbohydrates.

Test for Terpenoid:

To 0.5gms of extract was added to 2ml of chloroform . 3ml of conc H_2SO_4 was carefully added ,it turns to reddish brown colour . it indicates the presence of Terpenoids.

Test for Steroid:

To 1ml of extract was treated with 2ml of chloroform and equal amount of $conc.H_2SO_4$ was added . it turns to red colour . it indicates the presence of sterols and steroids.

Table-1:Phytochemical test carried out the INULA RECEMOSA leave extract in two different solvents.

S.no	Phytochemical Tests	HEXANE	CHLOROFORM
1.	Glycoside	+	+
2.	Alkaloid	+	-
3.	Flavonoid	-	+
4.	Quinone	+	+
5.	Carbohydrates	-	+
6.	Terpenoid	+	+
7.	Steroid	+	+

FLAME -PHOTOMETRY ANALYSIS

To the Estimation of SODIUM, POTASSIUM, CALSIUM in plant material by using flame photometry.

PRINCIPLE:

In a flame photometer source of light is not required since it is the measured constituent of the sample that is emitting the light. The energy that is needed for the excitation is produced by the burning of acetylene or natural gas in the presence of air or oxygen. The most sensitive part of the instrument is the aspirator and the burners. The gases play an important role in the aspiration and while making the aerosol. The air sucks up the sample and passes it into the aspirator where the bigger drops condense and could be eliminated. The monochromator selects the suitable wavelength of emitted light. The usual optical filters could be used. The emitted light reaches the detector. This is a photomultiplier producing electrical signal proportional to the intensity of emitted light.

When a solution of sodium and potassium samples were sprayed into a flame, droplet of sample will be formed and get converted into fine residue by the thermal energy of flame and finally into formation of neutral free sodium/potassium ions. These neutral free atoms are converted into excited state atom again by thermal energy of flame. The excited state atoms return to the ground state with emission of radiation of specific wavelength. Wavelength of radiation emitted is the

characterization of a particular element in the sample and the intensity of radiation emitted depends on the concentration on of element in the sample.

PREPARATION OF SOLUTIONS

Stock NaCl Solution(1000ppm Na):

1.Take 0.254gm of analytical grade NaCl.

2.Quantitavelytransfer the weighed sample to a volumetric flask of 1dm³capcity and add sufficient distilled water to dissolve it.

3. Make up the 1000ml volumetric flask upto the mark.

4.Now pipette out the 10ml of 1000ppm NaCl solution and transfer into 100mlvolumetric flask and make up with the distilled water to the 100ml V.flask upto the mark finally we get the 100ppm solution of NaCl.

Stock KCl solution(1000ppm K):

1. Take 1.908gm of analytical grade KCl.

2.Quantitavelytransfer the weighed sample to a volumetric flask of 1dm³capcity and add sufficient distilled water to dissolve it.

3. Make up the 1000ml volumetric flask upto the mark.

4.Now pipette out the 10ml of 1000ppm KCl solution and transfer into 100mlvolumetric flask and make up with the distilled water to the 100ml V.flask upto the mark finally we get the 100ppm solution of KCl.

Stock CaCO₃ solution(1000ppm Ca):

1.Dissolve 2.497gm $CaCO_3$ in approx.,300ml distilled water and add 10ml conc. HCL dilute to 1000ml. The same solution is 1400ppm as CaO

2.Now pipette out the 10ml of 1000ppm $CaCO_3$ solution and transfer into 100mlvolumetric flask and make up with the distilled water to the 100ml V.flask upto the mark finally we get the 100ppm solution of $CaCO_3$.

OBSERVATION TABLE

Concentration	% Flame Intensity		
(mcg/mL)	Na	K	Ca
10	10.36	10.05	30.13
20	24.68	23.28	60.07

Phytochemical Analysis and Flame Photometric Studies of Hexane and Chloroform leaf extracts of Inula Recemosa

Section A-Research Paper

40	58.49	49.04	120.09
60	68.60	67.80	180.09
80	87.48	86.17	241.13
100	97.96	99.36	298.59
Unknown	11.49	95.68	168.91

Based on the above table when the unknown solution is introduced to the flame the flame colour is changed. The change of flame indicates the presence of different alkali metals present in it.

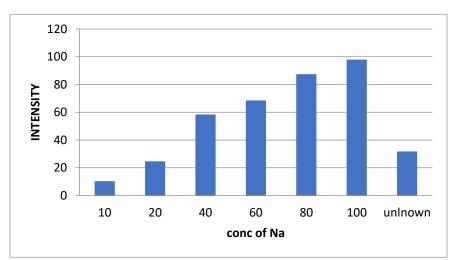
Here Orange colour indicates the presence of CALCIUM (Ca).

Violet colour indicates the presence of **POTASSIUM** (K).

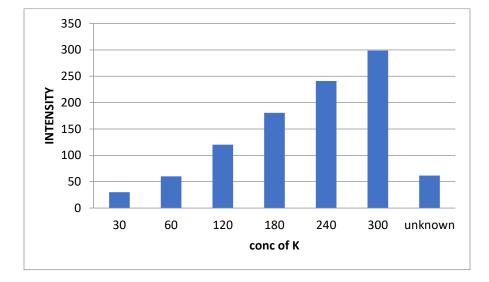
Red colour indicates the presence of SODIUM (Na).

A graph drawn between the concentration and Intensity to the NaCl, KCl, CaCO₃

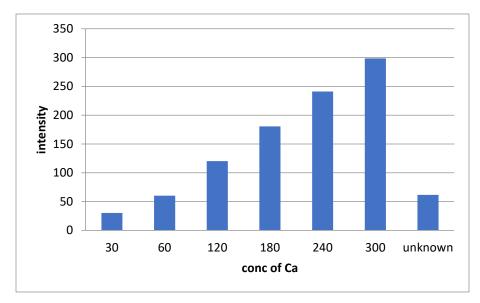
Graph-1



Graph-2



Graph-3



REFERENCES

- 1. Flora of China, Inula racemosa J. D. Hooker, 1881. 总状土木香 zong zhuang tu mu xiang
- 2. Hooker, Joseph Dalton. 1881.Flora of British India 3(8): 292
- 3. Thomas. G. S. (1990) Perennial Garden Plants. London: J. M. Dent & Sons. ISBN 0-460-86048-8

- 4. Pink, A. (2004). Gardening for the Million. Project Gutenberg Literary Archive Foundation.
- Singh, G.; Paul, V.; Handa, K., Chemical composition of the essential oil of Inula racemosa roots from plants growing in Jammu and Kashmir. J. Sci. Indust. Res. B 1959,18, 351-352.
- 6. Chopra, R. N.; Nayar, S. L.; Chopra, I. C., Glossary of Indian medicinal plants. New Delhi.: C SIR 1956.
- 7. Moerman, D. E. Medicinal plants of native America; 1986.
- 8. Tripathi, S.; Tiwari, C.; Upadhyay, B.; Singh, R., Screening of hypoglycemic action in certain indigenous drugs. Journal of Research in Indian Medicine, Yoga and Homeopathy 1979,14, 159-169.
- 9. Tripathi, S.; Upadhyaya, B.; Gupta, V., Beneficial effect of Inula racemosa (pushkarmoola) in angina pectoris: a preliminary report. Indian journal of physiology and pharmacology 1983,28 (1), 73-75.
- 10. Singh, R.; Singh, R.; Batliwala, P.; Upadhyay, B.; Tripathi, S., Puskara-Guggulu, an Antianginal and Hypolipidemic Agent in Coronary Heart Diseases (CHD). Jour. Res. Ay. & Siddha 1991,12.
- 11. Seth, S.; Maulik, M.; Katiyar, C.; Maulik, S., Role of Lipistat in Protection against Isoproterenol Induced Myocardial Necrosis in Rats: A Biochemcial and Histopathological Study. Indian journal of physiology and pharmacology 1998,42, 101-106.
- 12.Gholap, S.; Kar, A., Effects of Inula racemosa root and Gymnema sylvestre leaf extracts in the regulation of corticosteroid induced diabetes mellitus: involvement of thyroid hormones. Die Pharmazie-An International Journal of Pharmaceutical Sciences 2003,58 (6), 413-415.
- 13. Tripathi, Y.; Tripathi, P.; Upadhyay, B., Assessment of the adrenergic beta-blocking activity of Inula racemosa. Journal of ethnopharmacology 1988,23 (1), 3-9.
- 14. Sharma, V.; Hem, K.; Sharma, D.; Singh, V. P.; Singh, N. K., Journal of Natural Products and Resources.
- 15. Tripathi, V.; Agarwal, S.; Srivastava, O.; Rastogi, R., Antidermatophytic constituents from Inula racemosa Hook f. Indian Journal of Pharmaceutical Sciences 1978,40 (4), 129-131.
- 16.Tan, R.; Tang, H.; Hu, J.; Shuai, B., Lignans and sesquiterpene lactones from Artemisia sieversiana and Inula racemosa. Phytochemistry 1998,49 (1), 157-161.
- 17. Khan, A.; Shah, R.; Pallewar, S., Evaluation of Antiinflammatory and Analgesic Activity of Ethanolic extracts of Inula racemosa and Albizia amara. Int J Pharmacog Phytochem Res 2010,3, 22-27.
- 18.Fallahzadeh, A.; Mohammadi, S., An Investigation of the Antinociceptive and Antiinflammatory Effects of Hydroalcoholic Extract of Inula Helenium on Male Rats. Journal of Babol University of Medical Sciences 2016,18 (12), 57-63.
- 19. Arumugam, P.; Murugan, M.; Thangaraj, N., Evaluation of anti-inflammatory and analgesic effects of aqueous extract obtained from root powder of Inula racemosa Hook. f. Journal of Medicinal Plants Research 2012,6 (14), 2801- 2806.
- 20.Ma, Y.-Y.; Zhao, D.-G.; Gao, K., Structural investigation and biological activity of sesquiterpene lactones from the traditional Chinese herb Inula racemosa. Journal of natural products 2013,76 (4), 564-570.

- 21.Zhang, T.; Xiao, W.; Gong, T.; Yang, Y.; Chen, R.-Y.; Yu, D.-Q., Two new eudesmanolides from Inula racemosa. Journal of Asian natural products research 2010,12 (9), 788-792.
- 22.He, Q.; Liu, X. C.; Sun, R. Q.; Deng, Z. W.; Du, S. S.; Liu, Z. L., Mosquito larvicidal constituents from the ethanol extract of Inula racemosa Hook. f. Roots against Aedes albopictus. Journal of Chemistry 2014,2014.
- 23. Gnanasekaran, D.; Reddy, C.; Jaiprakash, B.; Narayanan, N.; Kiran, Y.; Elizabeth, H., Adaptogenic activity of siddha medicinal plant Inula racemosa. Int. J. Biol. Pharm. Allied Sci 2012,1 (6), 870-880.
- 24. Manipuri, P.; Indala, R.; Jagaralmudi, A.; Ramesh Kumar, K., Hepatoprotective Effect of Inula racemosa on Hepatic Ischemia/reperfusion Induced Injury in Rats. J Bioanal Biomed 2013,5, 022-027.
- 25.Kalachaveedu, M.; Kuruvilla, S.; Kedike, B., Hepatoprotective activity of isoalantolactone isolated from the roots of Inula racemosa (Hook. F.). Indian Journal of Natural Products 2015,29 (1), 56.
- 26.Choudhary, G., Mast cell stabilizing activity of Inula racemosa linn. Int. J. Res. Rev. Pharm. Appl. Sci 2012,2 (4), 630-636.
- 27. Srivastava, S.; Gupta, P.; Prasad, R.; Dixit, K.; Palit, G.; Ali, B.; Misra, G.; Sexena, R., Evaluation of Antiallergic Activity (Type I Hypersensitivity) of Inula Racemosa in Rata. Indian journal of physiology and pharmacology 1999,43, 235-241.
- 28.Singh, N.; Nath, R.; Gupta, M.; Kohli, R., An Experimental Evaluation of Anti-Asthmatic Potentialitis of Inula racemosa (Puskar Mul). Quarterly Journal of Crude Drug Research 1980,18 (2), 89-96.
- 29.Wei, P.; Liu, Q.; Li, D.; Zheng, Q.; Zhou, J.; Li, J., Acute nicotine treatment attenuates lipopolysaccharide-induced cognitive dysfunction by increasing BDNF expression and inhibiting neuroinflammation in the rat hippocampus. Neuroscience letters 2015,604, 161-166.
- 30. Vadnere, G. P.; Gaud, R. S.; Singhai, A. K.; Somani, R., Effect of Inula racemosa root extract on various aspects of asthma. Pharmacologyonline 2009,2, 84-94.
- 31. Arumugam, P.; Murugan, M., Antimutagenic and antiapoptotic effects of aqueous root extract of Inula racemosa Hook. f. on 4-NQO-induced genetic damage in mice. ISRN pharmacology 2013,2013.
- 32.Tripathi, Y.; Chaturvedi, P., Assessment of endocrine response of Inula racemosa in relation to glucose homeostasis in rats. Indian journal of experimental biology 1995,33 (9), 686-689.
- 33.Singh, T.; Upadhyay, B.; Tewari, C.; Tripathi, S., Management of diabetes mellitus (prameha) with Inula racemosa and Cinnamomum tamala. Ancient science of life 1985,5 (1), 9.
- 34. Gholap, S.; Kar, A., Hypoglycaemic effects of some plant extracts are possibly mediated through inhibition in corticosteroid concentration. Die Pharmazie-An International Journal of Pharmaceutical Sciences 2004,59 (11), 876-878.
- 35. Chaturvedi, P.; Shukla, S.; Tripathi, P.; Chaurasia, S.; Singh, S.; Tripathi, Y., Comparative study of Inula Racemosa and Saussurea Lappa on the glucose level in Albino rats. Ancient science of life 1995,15 (1), 62.

- 36.Singh, N.; Nath, R.; Tripathi, S.; Sharma, V.; Kohli, R., Pharmacological studies on Inula racemosa Hook. J. Res. Indian Med 1976.
- 37. Ajani, H.; Patel, H.; Shah, G.; Acharya, S.; Shah, S., Evaluation of antidiabetic effect of methanolic extract of Inula racemosa root in rats. Pharmacologyonline 2009,3, 118-129.
- 38.Ojha, S.; Nandave, M.; Kumari, S.; Arya, D. S., Cardioprotection by Inula racemosa Hook in experimental model of myocardial ischemic reperfusion injury. 2010.
- 39.Shirole, T.; Jagtap, A.; Phadke, A.; Velhankar, R., Preventive effect of ethanolic extract of Inula racemosa on electrocardiograph-ic, biochemical and histopathological alterations in isoproterenol-induced myocardial infarction in rats. Int. J. Res. Phytochem. Pharmacol 2013,3 (1), 13- 22.
- 40. Chabukswar, A.; Kuchekar, B.; Jagdale, S.; Lokh, P.; Raut, C., Cardio protective activity of Inula racemosa. International Journal of Chemical Sciences 2010,8 (3).
- 41.Singh, R.; Singh, R.; Ram, P.; Batliwala, P., Use of Pushkar-Guggul, an indigenous antiischemic combination, in the management of ischemic heart disease. International journal of pharmacognosy 1993,31 (2), 147-160.
- 42.Lokhande, P.; Dhaware, B.; Jagdale, S.; Chabukswar, A.; Mulkalwar, S., Cardiac activity of isolated constituents of Inula racemosa. Journal of herbal pharmacotherapy 2006,6 (3-4), 81-88.