



Anti-oxidant and anti-hemolytic activity of Buchanania lanzan Spreng leaf and stem bark extract

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Abstract:

Reactive oxygen species (ROS) have been found to play an important role in the initiation and/or progression of various diseases, such as atherosclerosis, inflammatory injury, cancer, and cardiovascular disease. Antioxidants can protect the human body from damage caused by ROS and the concomitant lipid peroxidation, protein damage, and DNA strand breaking. Antioxidant and antihemolytic activities of various extract of Buchanania lanzan Spreng leaf, and stem bark extract were investigated employing different in vitro assay systems. Ethanol extracts showed good antioxidant activity. Extracts exhibited good antioxidant activity in the haemoglobin-induced and also they were capable of scavenging hydrogen peroxide in a concentration dependent manner. Ethanol extracts showed good antihemolytic activity than other extract against hydrogen peroxide-induced hemolysis.

Keywords: Antioxidant, anti-hemolytic, Buchanania lanzan Spreng bark and Buchanania lanzan Spreng leaf and Petroleum ether, Ethyl acetate, Ethanol and Aqueous extract

Introduction:

Medicinal plants are integral and indispensable part of the traditional system of medicine practiced. Worldwide because of their economical viability, easy accessibility and centuries old experience. As Nature's gift, these are considered to be biocompatible, environment friendly, non-toxic, much cheaper and quite freely available in comparison to synthetic substances [1]. Reactive oxygen species (ROS) have been found to play an important role in the initiation and/or progression of various diseases, such as atherosclerosis, inflammatory injury, cancer, and cardiovascular disease.[2] Antioxidants can protect the human body from damage caused by ROS and the concomitant lipid peroxidation, protein damage, and DNA strand breaking[3] and, thus, can prevent the above-mentioned diseases. The human body has multiple mechanism antioxidant systems to protect against ROS-induced damage [4]. It is not enough for protection against oxidative stress induced by ROS. Therefore, certain amounts of exogenous antioxidants are constantly required to maintain an adequate level of

antioxidants in order to balance the ROS in the human body. On the other hand, many side effects of synthetic antioxidants, such as butylated hydroxyl anisole (BHA) and butylated hydroxyl toluene (BHT), have been reported [5]. *Buchanania lanzan* Spreng, commonly known as char, achar and chironji, belongs to family Anacardiaceae. It was first described by Francis Hamilton in 1798. The tree is natural wild growth in the tropical deciduous forests of Northern, Western and Central India, mostly in the States of Chhattisgarh, Jharkhand, Madhya Pradesh and in Varanasi and Mirzapur districts of Uttar Pradesh. Besides India, the plant is also found in other tropical Asian countries, Australia and Pacific islands [6-10]. Traditional indigenous knowledge reveals the immense value of almost all parts of the plant like roots, leaves, fruits, seeds and gum for various medicinal uses. The roots are acrid, astringent, cooling, depurative and constipating and are useful in treatment of diarrhoea. Extract of the root is also used as an expectorant and for curing biliousness and blood diseases. The leaf juice is used as expectorant, aphrodisiac, purgative, blood purifier, thirst-quencher and cures digestive disorders. It contains 2.64% tannins (0.35% gallo-tannins), triterpenoids, saponins, flavonoids and reducing sugars. Powdered or crushed leaves are applied to wounds. The chironji seeds/kernels are nutritional, palatable and used as a substitute for almonds in confectionery [11, 12]. Tribal people of Jharkhand and Chhattisgarh are using *Buchanania lanzan* Spreng. (Family:-Anacardiaceae) mainly for wound healing, antidiarrheal, analgesic and antiulcer. *Buchanania lanzan* is a popular herb used for curing many diseases. Anti-intrinsic haemorrhage, blood-borne diarrhoea and tonic are established [13, 14]. The proposed work was to evaluate Anti-oxidant and anti-hemolytic activity of *Buchanania lanzan* Spreng leaf, and stem bark extract.

Material and methods:

The leaves of *Buchanania lanzan* Spreng were collected from the Chhattisgarh in the month of April. The plant was identified and authenticated from Saifia Science College, Bhopal (S. No. 166/sfi/bpl). Fresh leaves and stems bark of *Buchanania lanzan* Spreng were used for Pharmacognostical studies. The leaves and stems were separated and dried under shade. Leaves and stems bark were powdered to 60# separately and stored in airtight containers and used for phytochemical and pharmacological studies.

Extraction process of plant: *Buchanania lanzan* Spreng leaf, and stem bark extracted sequentially with petroleum ether, ethyl acetate and ethanol using continuous hot extraction method i.e. Soxhlet extraction. The completely dried bark of *Buchanania lanzan* Spreng was coarsely powdered and then defatted with non-polar solvent petroleum ether, then extracted with ethyl acetate and ethanol. The marc was finally macerated with water for 24h to obtain the aqueous extract. The same successive solvent extraction procedure was followed for stem bark of *Buchanania lanzan* Spreng to get petroleum ether, ethyl acetate, ethanol and aqueous extract.

Anti-oxidant Activity

Chemicals and plant extract: 1,1-diphenyl-2-picryl hydrazyl (DPPH), DMSO, Ascorbic acid Sodium nitro prusside, Griess reagent (1% w/v sulphanilamide, 2% w/v H₃PO₄ and N-(1-naphthyl) ethylene diamine di hydrochloride), Hydrogen peroxide

(H₂O₂) Thiobarbituric acid Sodium phosphate buffer, 1mM ferric chloride Nitro blue tetrazolium, Phenazemethosulphate, Nicotinamide adenine phosphate di nucleotide

EABB: Ethyl acetate extract of Buchanania lanzan bark (100-500µg/ml)

EOBB: Ethanol extract of Buchanania lanzan bark (100-500µg/ml)

AQBB: Aqueous extract of Buchanania lanzan bark (100-500µg/ml)

EABL: Ethyl acetate extract of Buchanania lanzan leaves (100-500µg/ml)

EOBL: Ethanol extract Buchanania lanzan leaves (100-500µg/ml)

AQBL: Aqueous extract of Buchanania lanzan leaves (100-500µg/ml)

Procedure: For the assessment of free radical scavenging activity, the extracts of selected plants Ethyl acetate and Ethanol and aqueous extract extracts of Buchanania lanzan bark and leaves were dissolved in 5% DMSO. DPPH, Nitric oxide, hydroxyl radical, superoxide radical methods were carried in the present study.

Determination of DPPH radical scavenging activity of Buchanania lanzan bark and leaves extracts:

The free radical scavenging activity of the Ethyl acetate and Ethanol and aqueous extracts of Buchanania lanzan bark and leaves extracts were evaluated using 1,1 diphenyl-2-picrylhydrazyl (DPPH), by the method. In its radical form, DPPH absorbs at 517nm, but upon reduction by an antioxidant or a radical species, the absorption decreases. 1ml of 0.25mM solution of DPPH in DMSO was added to the different concentrations of selected plant extracts which were dissolved in DMSO (100- 500µg/ml). After 30 min, the absorbance was measured at 517nm by UV-Visible spectrophotometer (shimadzu UV-Vis1800). All the test analysis were run in triplicate and averaged. Lower absorbance of reaction mixture indicates higher free radical scavenging activity. Ascorbic was used as a positive control. Ascorbic acid was used as a standard. The percentage DPPH decolonization of the sample was calculated by the equation:

Percentage of DPPH scavenging = $[(A_0 - A_1)/A_0] \times 100$,

A₀ = Absorbance of the control, and

A₁ = Absorbance of the extract/ standard.

Determination of Nitric Oxide (NO) radical scavenging activity Buchanania lanzan bark and leaves extracts:

Sodium nitro prusside (SNP) (1ml of mM) was mixed with 1ml of selected plants extracts in different concentrations (100µg/ml-500µg/ml) in (Di methyl sulphoxide) DMSO. The mixture was incubated at 25°C for 180 minutes. To 1ml of the incubated solution, 1ml of griess reagent was added. The absorbance of the chromophores formed during the diazotization of nitrite with sulphanilamide and subsequent coupling with N-(1-naphtyl) ethylene diaminedihydrochloride was read at 546nm by UV-Visible spectrophotometer (Shimadzu UV-Vis1800). All the test analysis were run in triplicate and averaged. Lower absorbance of reaction mixture indicates higher free radical scavenging activity. Ascorbic was used as a positive control. The percentage inhibition was calculated by

Percentage of Nitric oxide scavenged = $[(A_0 - A_1)/A_0] \times 100$,

Where A₀ = Absorbance of the control, and

A₁ = Absorbance of the extract/ standard.

Determination of hydroxyl radical scavenging activity Buchanania lanzan bark and leaves extracts: Hydroxyl radical scavenging activity was determined based on the ability to compete with deoxyribose for hydroxyl radical. Hydroxyl radical produced by the reduction of H₂O₂ by iron in the presence of ascorbic acid degrades deoxyribose to form products, which on heating with 2-thiobarbituric acid (TBA) form a pink coloured chromogen. The reaction mixture, of a final volume of 1ml, containing 0.4ml of 20mM sodium phosphate buffer (pH 7.4), 0.1ml of 100-500 µg/ml of selected plant extracts in DMSO, 0.1ml of 60mM deoxyribose, 0.1 ml of 10mM H₂O₂, 0.1 ml of 1mM ferric chloride, 0.1 ml of 1mM Ethylene diamine tetra acetic acid (EDTA) and 0.1ml of 2mM L-ascorbic acid, was incubated at 37°C for 1 h. The reaction was terminated by the addition of 1 ml of 17mM TBA and 1ml of 17mM trichloro acetic acid (TCA). The mixture was boiled for 15 min, cooled in ice and the absorbance was measured at 532nm by UV-Visible spectrophotometer (Shimadzu UV-Vis 1800). All the test analysis were run in triplicate and averaged. L-Ascorbic acid was used as a positive control. The hydroxyl radical scavenging of the extract was reported as the percentage of inhibition of the deoxyribose degradation and was calculated according to the following equation

Calculation of % Inhibition:

$$\% \text{ Inhibition} = [(A_0 - A_T) / A_0] * 100$$

Where A₀ = Absorbance of the control, and

A_T = Absorbance of the extract/ standard.

Determination of super oxide radical scavenging activity of Buchanania lanzan bark and leaves extracts: Super oxide anion derived from dissolved oxygen by a PMS-NADH coupling reaction reduces nitrobluetetrazolium (NBT), which forms a violet coloured complex. A decrease in colour after addition of the antioxidant is a measure of its super oxide scavenging activity. The experiment, the super oxide radicals were generated in 3 ml of Tris-HCL buffer (16mM pH 8) containing 1 ml of NBT (50 µM), 1 ml NADH (78 µM) and test solution of selected plant extracts, (100-500 µg/ml) to the above reaction mixture, 1 ml PMS solution (10 µM) was added and incubated at 25°C for 5 min. The absorbance was read at 560nm (Shimadzu UV-Vis 1800) against blank sample. Decrease in absorbance of the reaction mixture incubated increases super oxide anion scavenging activity. All the test analysis were run in triplicate and averaged. L-ascorbic acid was used as a positive control.

The % inhibition of super oxide anion generated was calculated using the following equation

$$\% \text{ inhibition} = [(A_0 - A_T) / A_0] * 100$$

Where A₀ = Absorbance of the control, and

A_T = Absorbance of test extract/ standard.

Determination of Anti-hemolytic effects of Buchanania lanzan bark and leaves extracts:

Red blood cell suspension Anti hemolytic activity of the Buchanania lanzan bark and leaves extracts were assessed as described by Sumathi et al., (2013) with a slight modification. Erythrocytes from male wistar rat blood were separated by centrifugation

and washed with phosphate buffer (pH 7.4), and diluted with phosphate buffered saline to give 4% suspension. 1 g of extract/ml of saline buffer was added to 2 ml of the erythrocyte suspension and the volume made up to 5 ml with saline buffer. After incubation the mixture at 37°C for 5 min and then 0.5 ml of H₂O₂ solution in saline buffer added to induce oxidative degradation of the membrane lipids.

Assay for hemolysis: The concentration of H₂O₂ in the reaction mixture was adjusted to bring about 90% hemolysis of the blood cells after 240 min. After incubation the reaction mixture was centrifuged at 1500 rpm for 10 min and the extent of hemolysis was determined by measuring the absorbance, corresponding to haemoglobin liberation, at 540 nm. The reaction without extract was used as control sample. % Inhibition = $100 \times (1 - OD_{\text{sample}}) / OD_{\text{control}}$

Result and discussion:

Anti-oxidant Activity: Analysis of the free radical scavenging activities of the selected Buchanania lanzan bark and leaves extracts revealed a concentration dependent free radical scavenging activity resulting from reduction of DPPH, NO, Hydroxyl radical and superoxide radical to non-radical form. The scavenging activity of Ascorbic acid, a known antioxidant used as positive control, was however higher.

In case of Buchanania lanzan bark the order of reduction potential was: Ascorbic acid > EOBB > EABB > AQBB. Even in case of Buchanania lanzan bark and leaves extracts the reduction potential was in the same order as: Ascorbic acid > EOBL > EABL > AQBL

The ethanol extract of Buchanania lanzan bark at varied concentrations showed remarkable inhibitory effect of nitric oxide radical scavenging activity compared to other extract. Results revealed that all the tested extracts showed the percentage of inhibition in a dose dependent manner. The ethanol extract of Buchanania lanzan leaves at varied concentrations showed remarkable inhibitory effect of nitric oxide radical scavenging activity compared to other extract. The ethanol extract of Buchanania lanzan bark at varied concentrations showed remarkable inhibitory effect of nitric oxide radical scavenging activity compared to other extract. The ethanol extract of Buchanania lanzan bark showed more activity than ethanol extract of Buchanania lanzan leaves

The hydroxyl radical is an extremely reactive free radical formed in biological systems and has been implicated as a highly damaging species in free radical pathology, capable of damaging almost every molecule found in living cells. The ethanol extract of Buchanania lanzan bark at varied concentrations showed remarkable inhibitory effect of Hydroxyl radical scavenging activity compared to ethyl acetate and aqueous extract. The ethanol extract of Buchanania lanzan leaves at varied concentrations showed remarkable inhibitory effect of Hydroxyl radical scavenging activity compared to ethyl acetate and aqueous extract. The ethanol extract of Buchanania lanzan bark showed more inhibitory effect of Hydroxyl radical scavenging activity compared ethanol extract of Buchanania lanzan bark.

Superoxide is a reactive oxygen species, which can cause damage to the cells and DNA leading to various diseases. The reduction of NBT in presence of antioxidants was measured. The decrease of absorbance at 560 nm with antioxidants thus indicates the

consumption of superoxide anion in the reaction mixture. The ethanol extract of Buchanania lanzan bark at varied concentrations showed remarkable inhibitory effect of superoxide radical activity scavenging compared to ethyl acetate and aqueous extract. The ethanol extract of Buchanania lanzan leaves at varied concentrations showed remarkable inhibitory effect of superoxide radical scavenging activity compared to ethyl acetate and aqueous extract. The ethanol extract of Buchanania lanzan bark showed more inhibitory effect of superoxide radical scavenging activity compared to ethanol extract of Buchanania lanzan leaves.

Antihaemolytic activity of Buchanania lanzan bark and leaves extracts: Anti Haemolytic activity of Buchanania lanzan bark and leaves extracts was screened against male Wistar rat erythrocytes. The haemolysis induced by extracts in red blood cells was concentration dependent. Extract exhibited differential pattern haemolytic effect towards male Wistar rat erythrocytes.

Result indicated that the EABB 50mg/ml of extract showed 61.54 % haemolytic activity. Whereas Buchanania lanzan leaves ethanol extract showed more haemolytic activity than ethyl acetate and aqueous extract. Same pattern were observed in case of Buchanania lanzan bark extract. In case of Buchanania lanzan bark ethanol extract of showed the highest haemolytic activity at 50mg/ml of 75.87% lysis of erythrocytes was found to be increased with an increase of extract concentration. The ethanol extract of bark and leaves showed higher haemolytic effect on wistar rat red blood cell in all concentrations

The percentage haemolysis and IC₅₀ values were calculated. The extracts were potent against haemolysis of the erythrocyte in concentration dependent manner. The ethanol extract of bark exhibited the highest antihaemolytic effect with IC₅₀ of 38 mg/ml followed by ethyl acetate and the least was aqueous extract haemolysis of the erythrocyte. The IC₅₀ value of ascorbic acid was 19.12mg/ml. Ethanol extract of bark was found more effective against the lower the IC₅₀ the more protection offered against haemolysis by the extracts.

Conclusion:

Analysis of the free radical scavenging activities (Anti-oxidant Activity) of the selected Buchanania lanzan bark and leaves extracts revealed a concentration dependent free radical scavenging activity resulting from reduction of DPPH, NO, Hydroxyl radical and superoxide radical to non-radical form. In case of Buchanania lanzan bark the order of reduction potential of ethanol extract of Buchanania lanzan bark and leaves extracts the reduction potential was found higher than other extract. The ethanol extract of Buchanania lanzan bark at varied concentrations showed remarkable inhibitory effect of nitric oxide radical scavenging activity compared to other extract. Results revealed that all the tested extracts showed the percentage of inhibition in a dose dependent manner. The ethanol extract of Buchanania lanzan leaves at varied concentrations showed remarkable inhibitory effect of nitric oxide radical scavenging activity compared to other extract. The haemolysis induced by extracts in red blood cells was concentration dependent. Extract exhibited differential pattern haemolytic effect towards male Wistar rat erythrocytes. Result indicated that the EABB 50mg/ml of extract showed 61.54 %

haemolytic activity. Whereas Buchanania lanzan leaves ethanol extract showed more haemolytic activity than ethyl acetate and aqueous extract. Same pattern were observed in case of Buchanania lanzan bark extract. In case of Buchanania lanzan bark ethanol extract of showed the highest haemolytic activity at 50mg/ml of 75.87% lysis of erythrocytes was found to be increased with an increase of extract concentration. The ethanol extract of bark and leaves showed higher haemolytic effect on wistar rat red blood cell in all concentrations. The percentage haemolysis and IC50 values were calculated. The extracts were potent against haemolysis of the erythrocyte in concentration dependent manner. The ethanol extract of bark exhibited the highest antihaemolytic effect with IC50 of 38 mg/ml followed by ethyl acetate and the least was aqueous extract haemolysis of the erythrocyte. The IC50 value of ascorbic acid was 19.12mg/ml. Ethanol extract of bark was found more effective against the lower the IC50 the more protection offered against haemolysis by the extracts.

Polyphenolic compounds, such as flavonoids, are widely found in food products derived from plant sources, and they have been shown potent antioxidant and antihemolytic activities. DPPH is a stable nitrogen-centered free radical the color of which changes from violet to yellow upon reduction by either the process of hydrogen- or electron-donation. Substances that are able to perform this reaction can be considered as free radical scavengers and, therefore, antioxidants. Phenolic compounds of this plant seem to have direct roles for its good free radical scavenging activity.

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Table 1: *In vitro* 50% inhibition concentration (IC₅₀) of *Buchanania lanzan* bark and leaves extracts on DPPH, Nitric oxide, Hydroxyl and superoxide radical scavenging model

Extract /compound	50% inhibition concentration (IC ₅₀) (µg/ml)			
	DPPH model	NO model	Hydroxyl radical model	superoxide model
Ascorbic acid	68	70	84	150
EABB	200	170	280	280
EOBB	79	95	170	210
AQBB	291	280	355	360
EABL	230	185	295	295
EOBL	85	100	180	225
AQBL	300	298	370	380

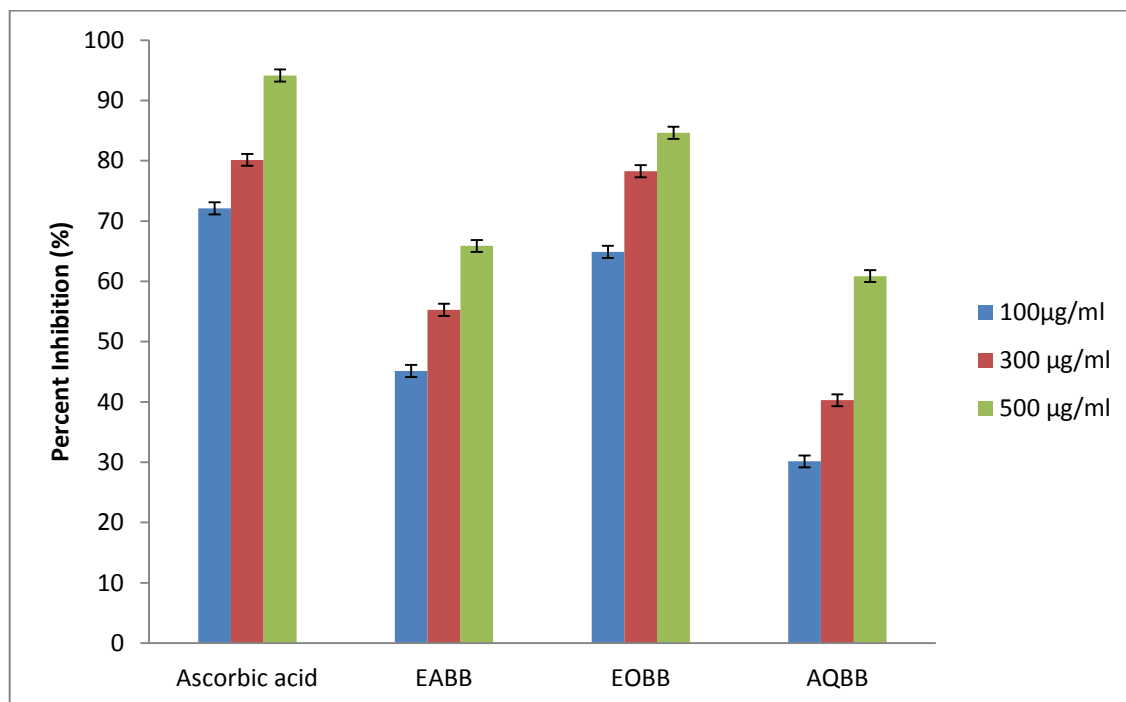


Figure 1: Graphical representation of *Buchanania lanzan* bark extracts on DPPH radical scavenging model

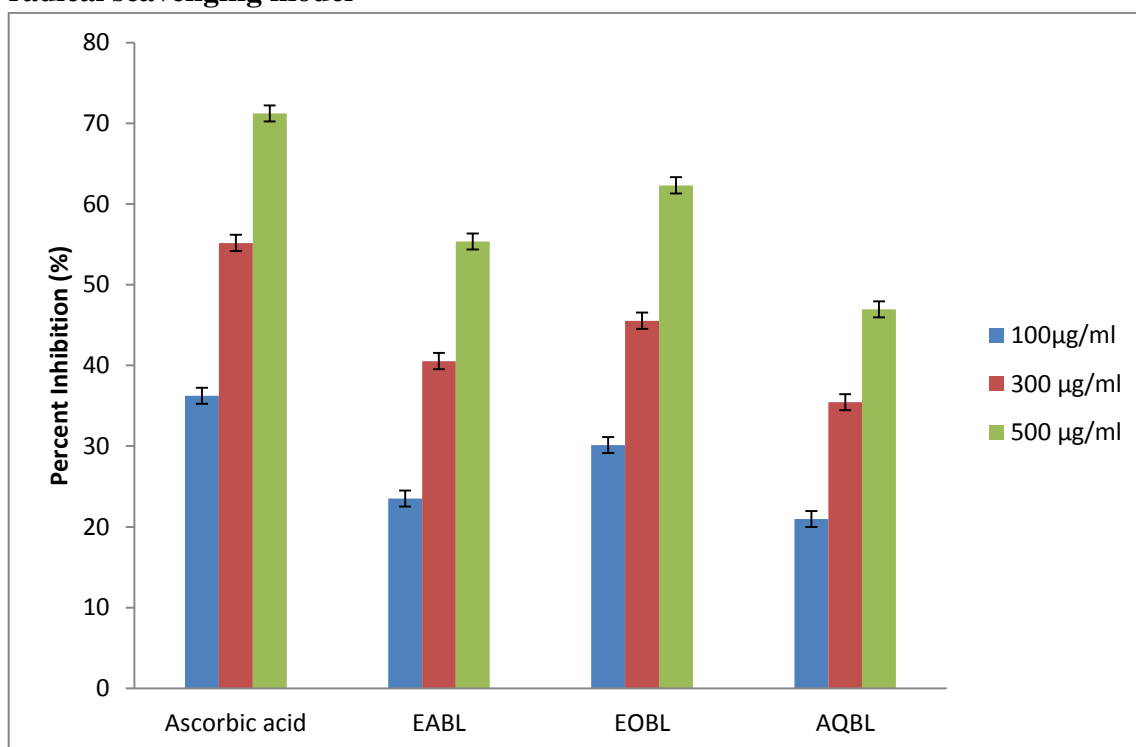


Figure 2: Graphical representation of *Buchanania lanzan* leaf extracts on DPPH radical scavenging model

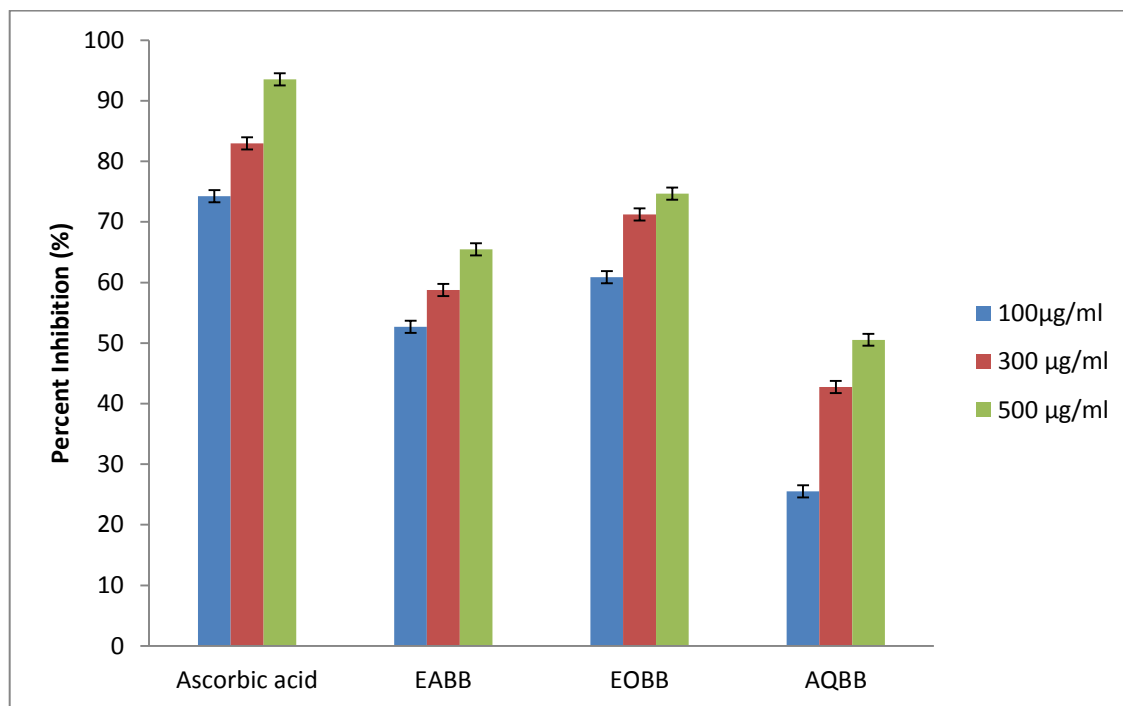


Figure 3: Results of *Buchanania lanzan* bark extracts on Nitric oxide radical scavenging model

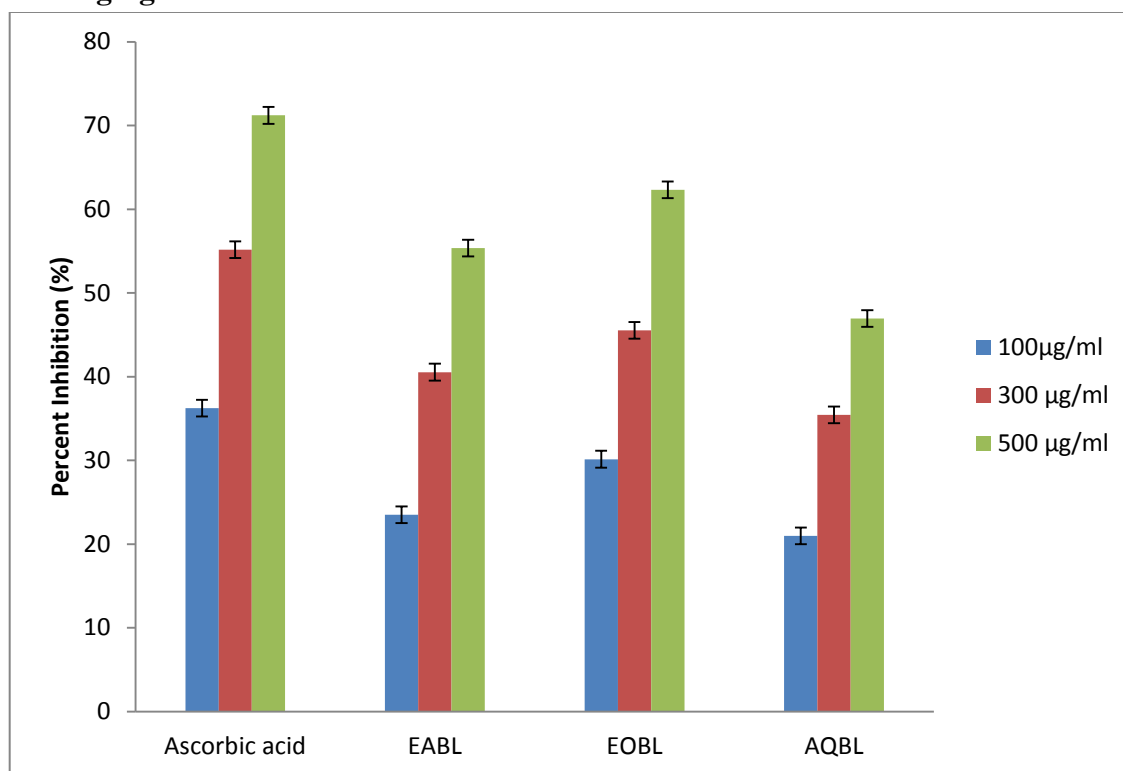


Figure 4: Results of *Buchanania lanzan* leaves extracts on Nitric oxide radical scavenging model

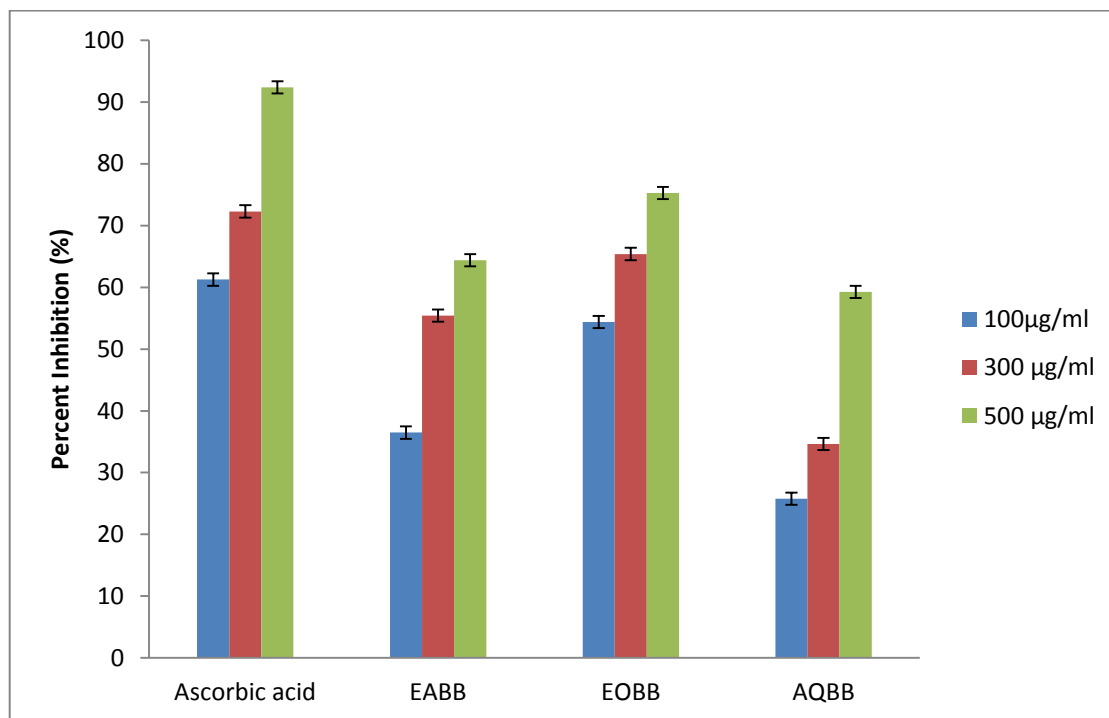


Figure 5: Results of Buchanania lanzan bark extracts on Hydroxyl radical scavenging model

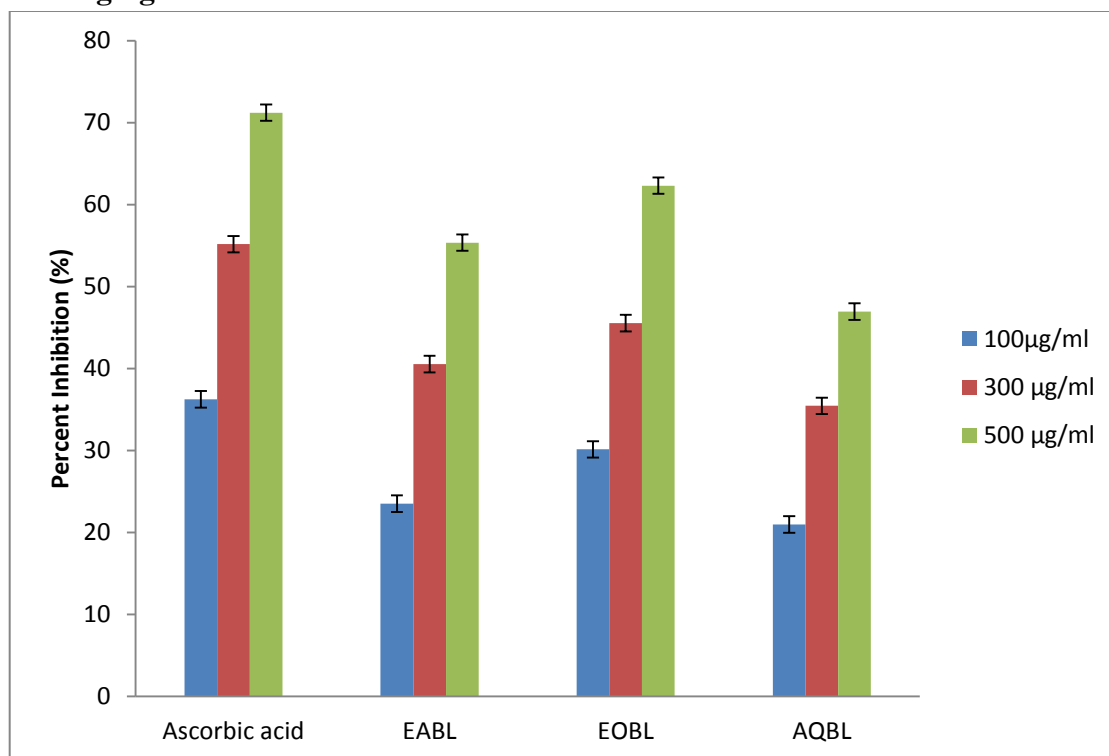


Figure 6: Results of Buchanania lanzan leaves extracts on Hydroxyl radical scavenging model

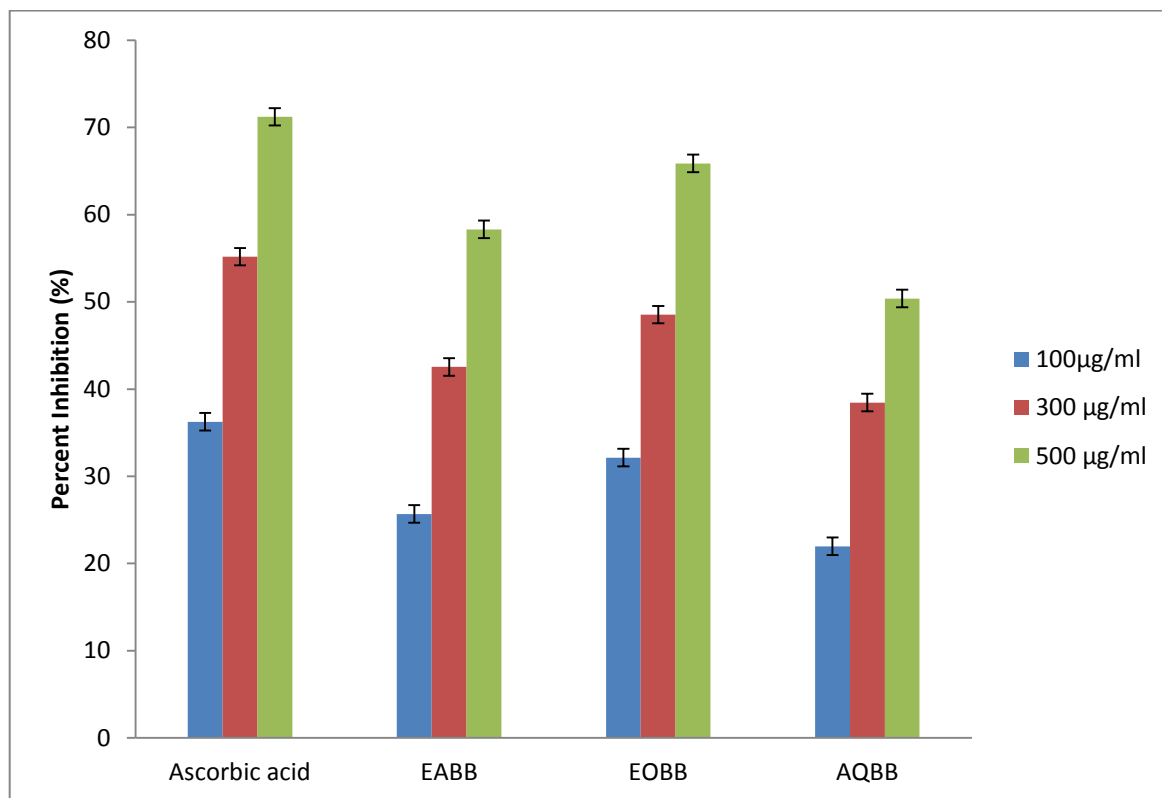


Figure 7: Results of *Buchanania lanzan* bark extracts on Super oxide radical scavenging activity

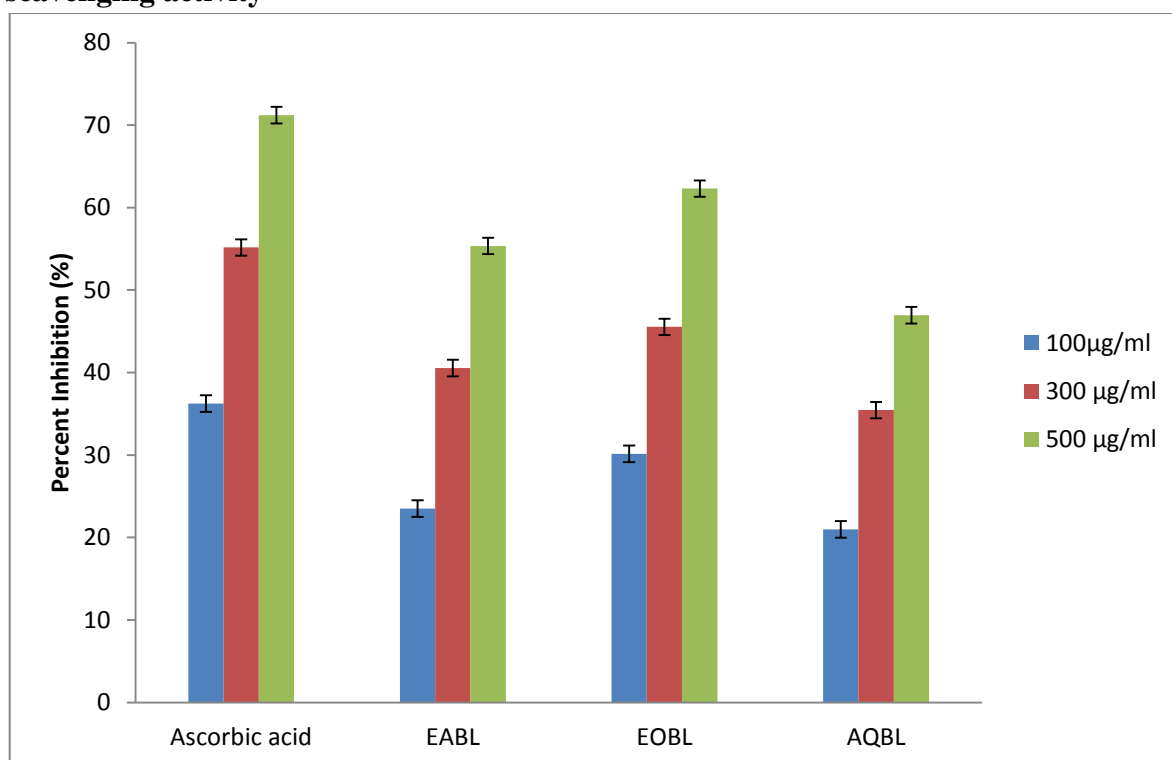


Figure 8: Results of *Buchanania lanzan* leaves extracts on Super oxide radical scavenging activity

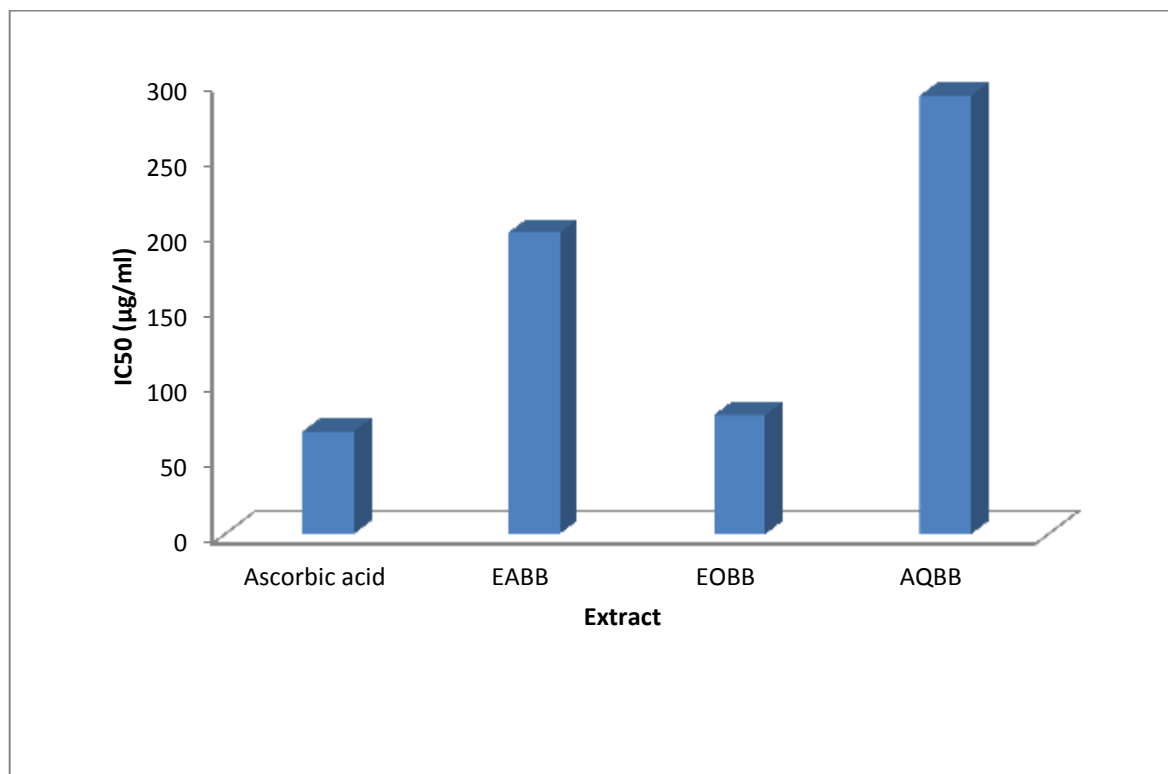


Figure 9: *In vitro* 50% inhibition concentration (IC₅₀) of *Buchanania lanzan* bark extracts on DPPH radical scavenging model

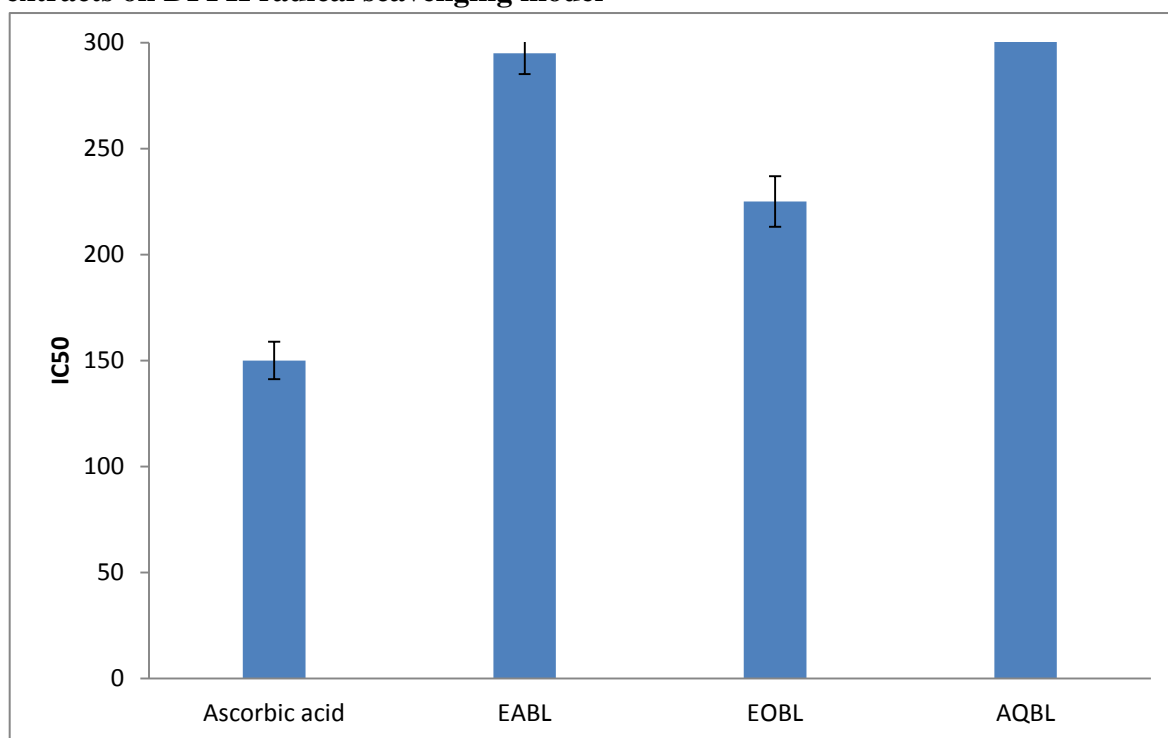


Figure 10: *In vitro* 50% inhibition concentration (IC₅₀) of *Buchanania lanzan* leaves extracts on DPPH radical scavenging model

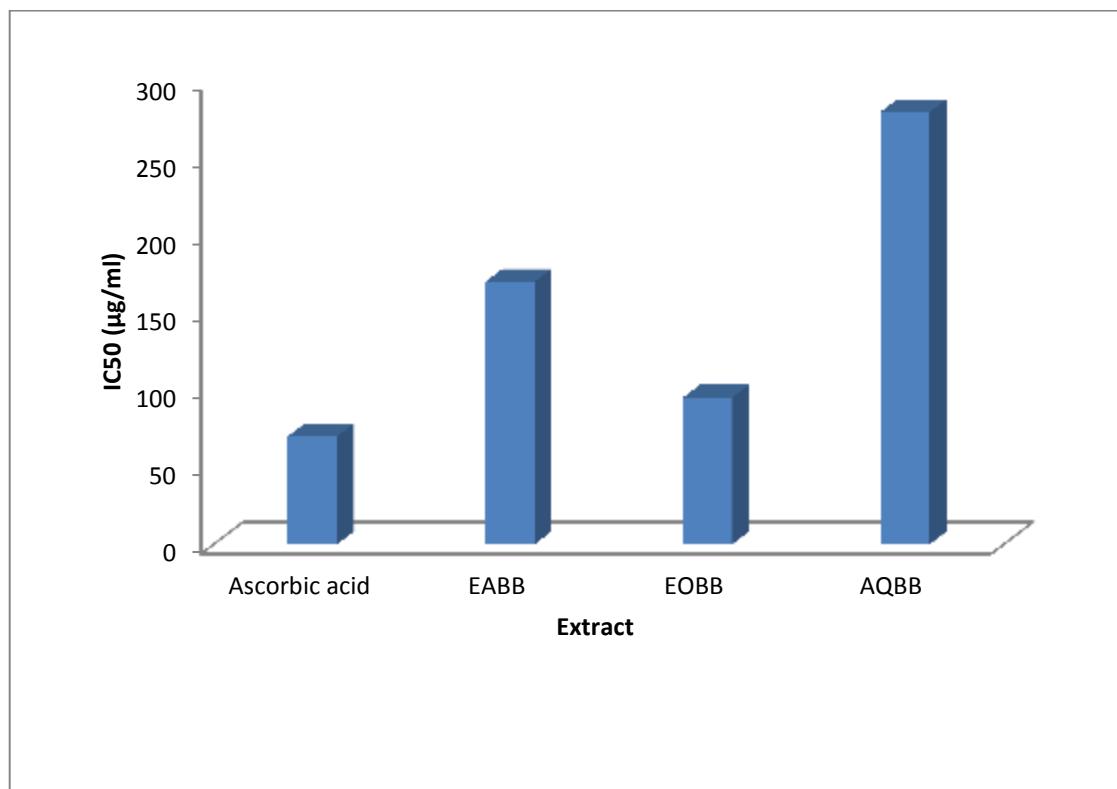


Figure 11: *In vitro* 50% inhibition concentration (IC₅₀) of *Buchanania lanzan* bark extracts on Nitric oxide radical scavenging model

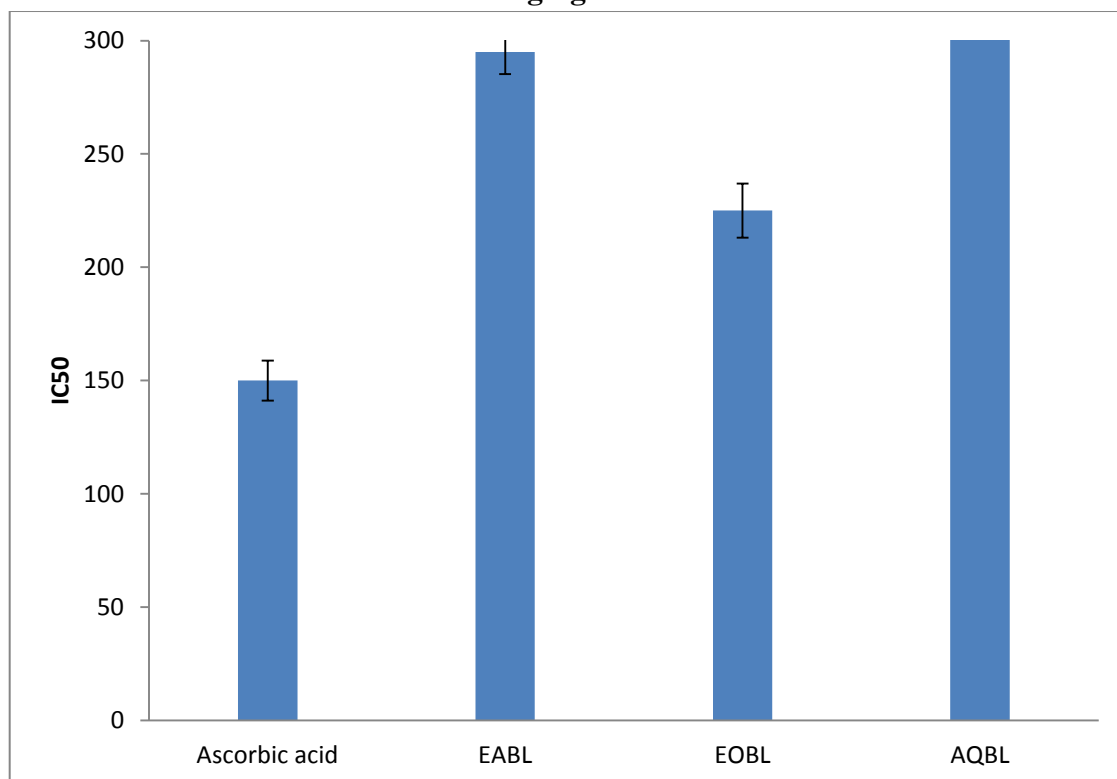


Figure 12: *In vitro* 50% inhibition concentration (IC₅₀) of *Buchanania lanzan* leaves extracts on Nitric oxide radical scavenging model

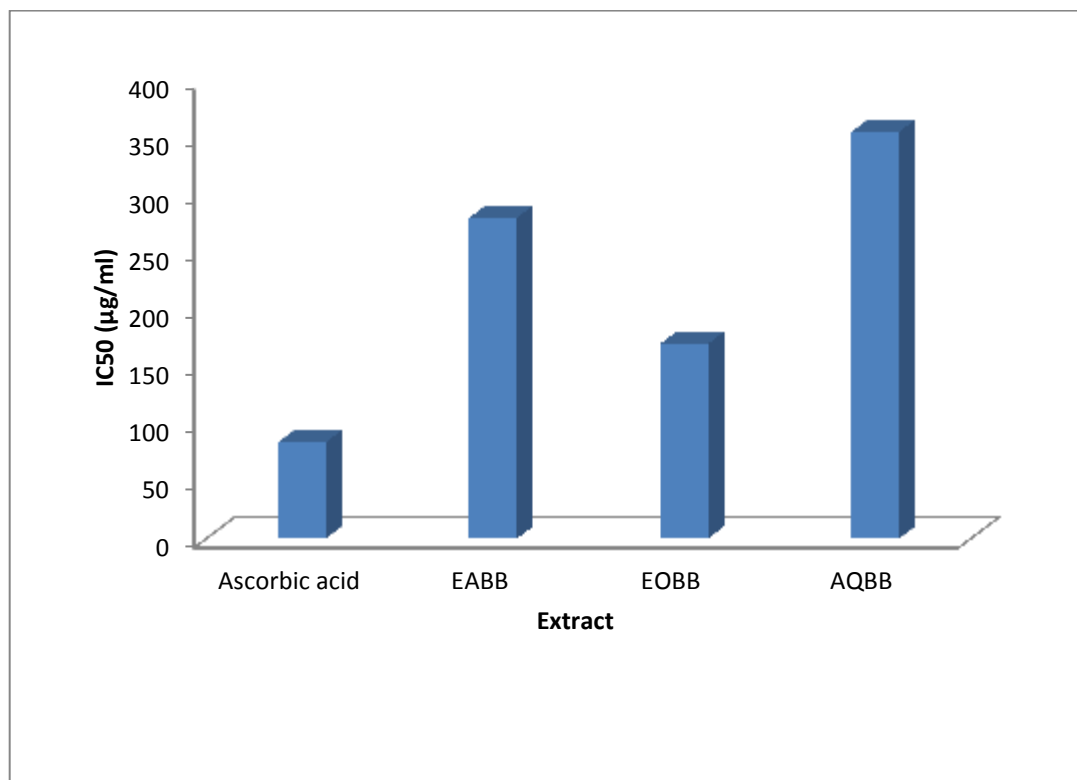


Figure 13: *In vitro* 50% inhibition concentration (IC₅₀) of *Buchanania lanzan* bark extracts on hydroxyl radical scavenging model

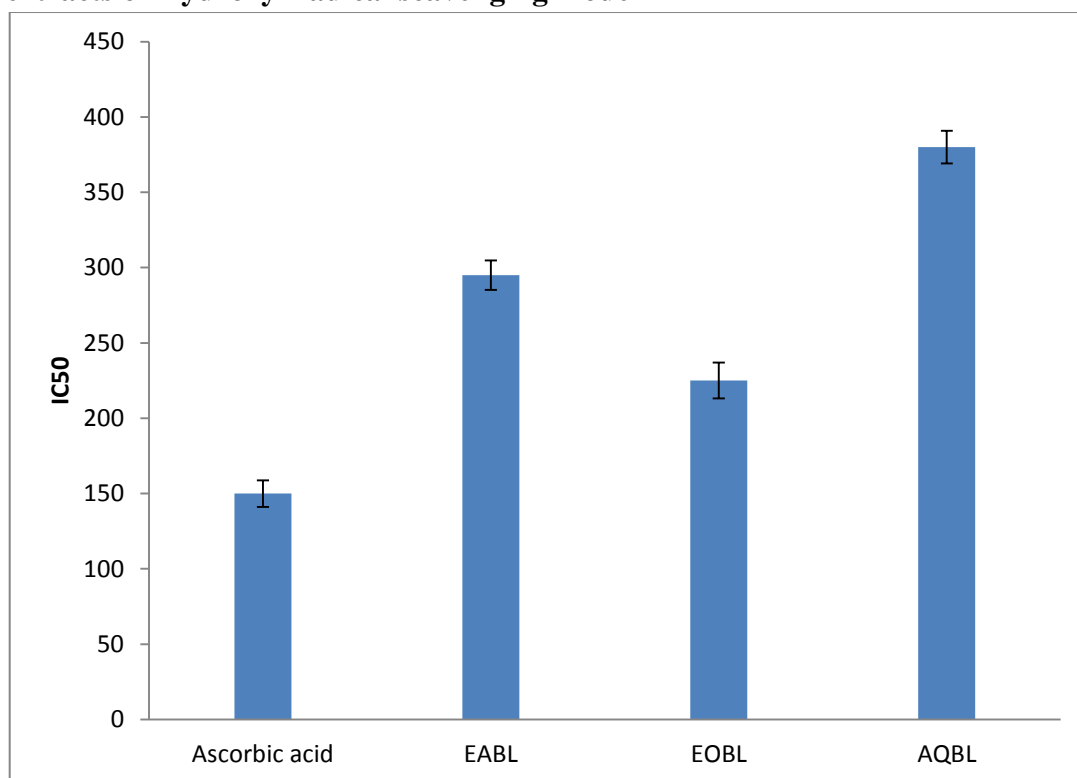


Figure 14: *In vitro* 50% inhibition concentration (IC₅₀) of *Buchanania lanzan* leaves extracts on hydroxyl radical scavenging model

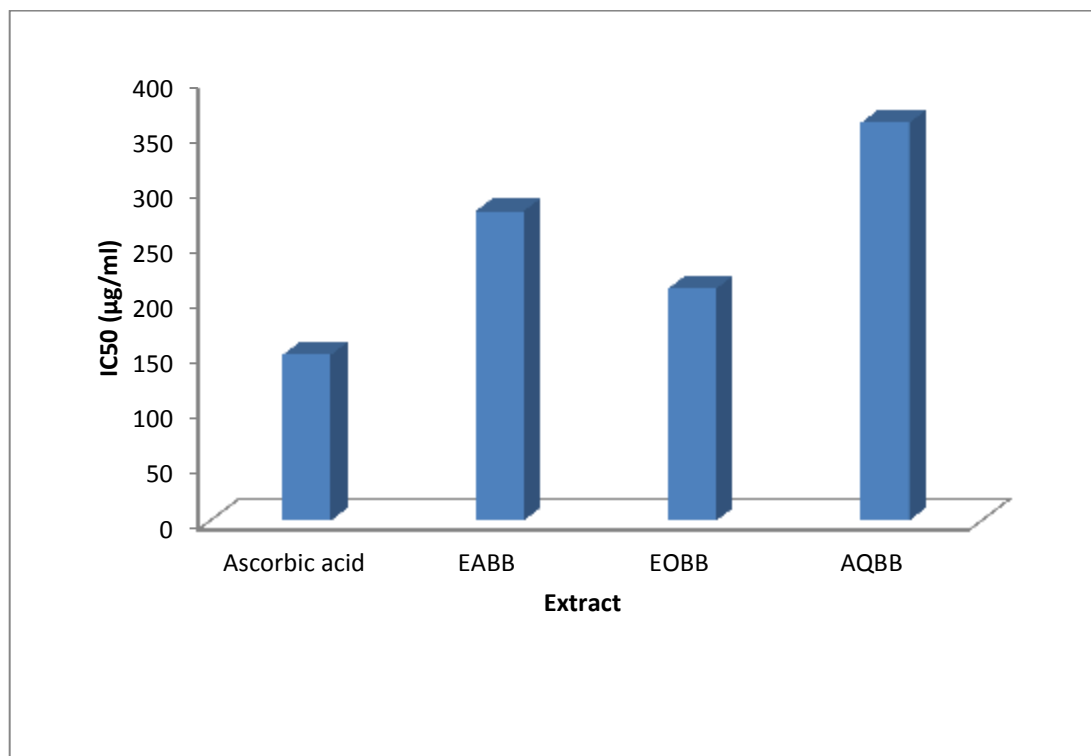


Figure 15: *In vitro* 50% inhibition concentration (IC₅₀) of Buchananialanzan bark extracts on Superoxide radical scavenging model

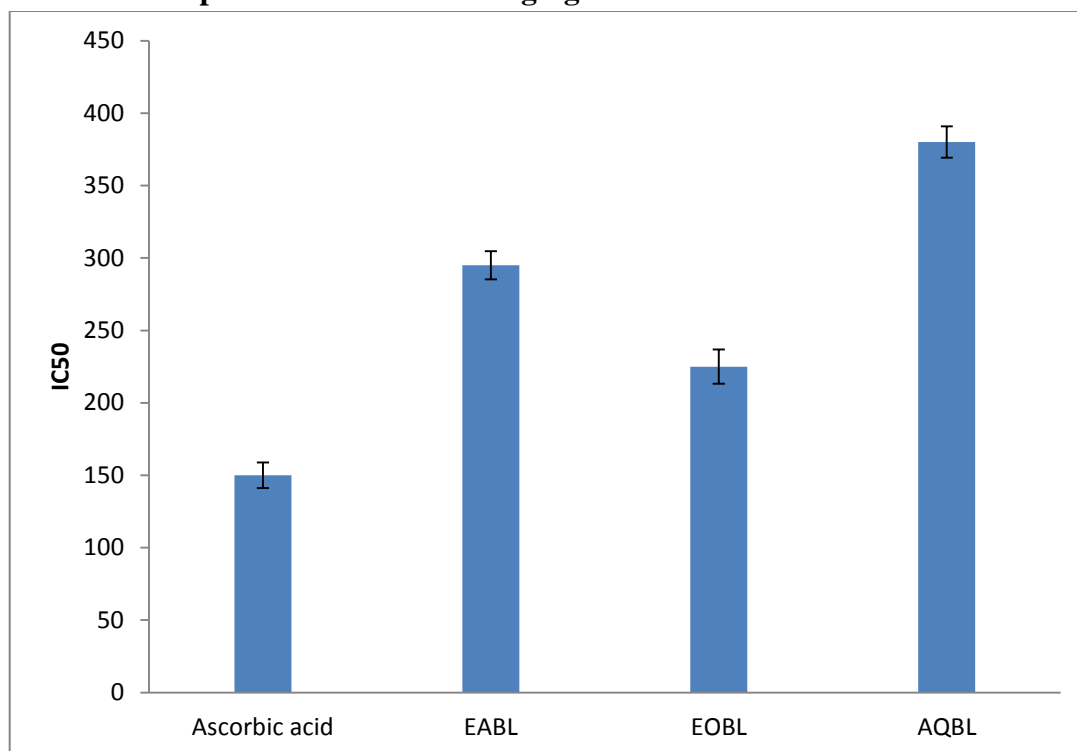


Figure 16: *In vitro* 50% inhibition concentration (IC₅₀) of Buchananialanzan leaves extracts on Superoxide radical scavenging model

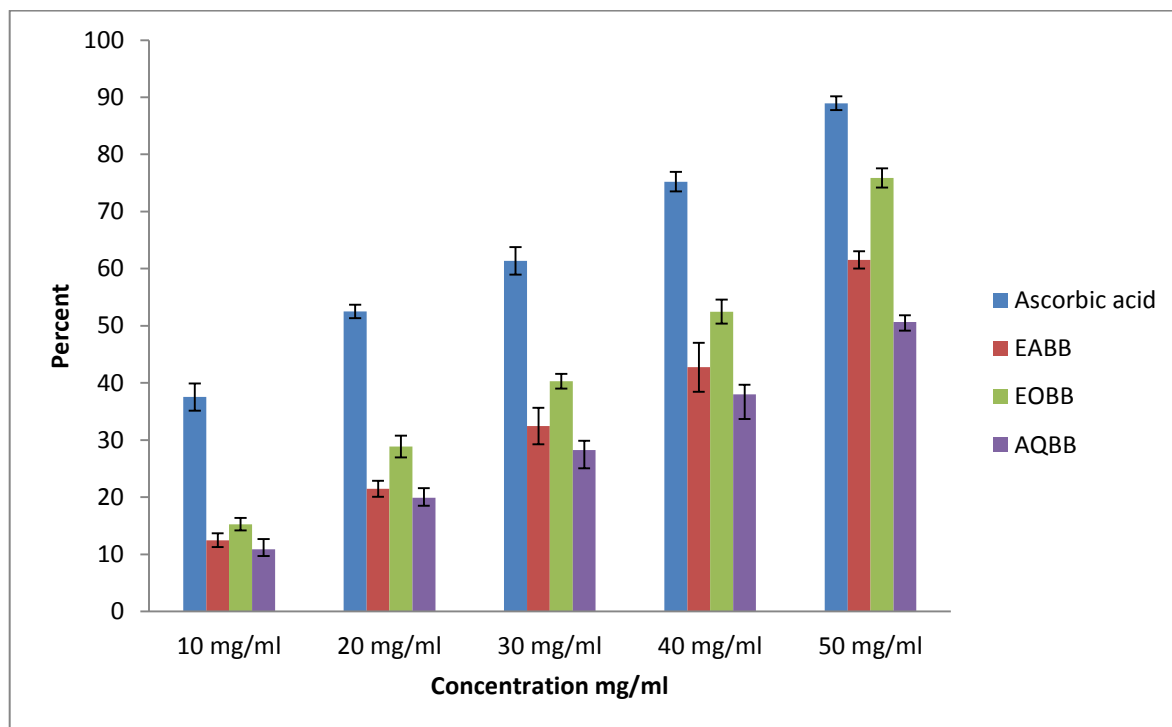


Figure 17: Percent Anti-haemolytic activity of *Buchanania lanzan* bark extracts using male wistar blood cell

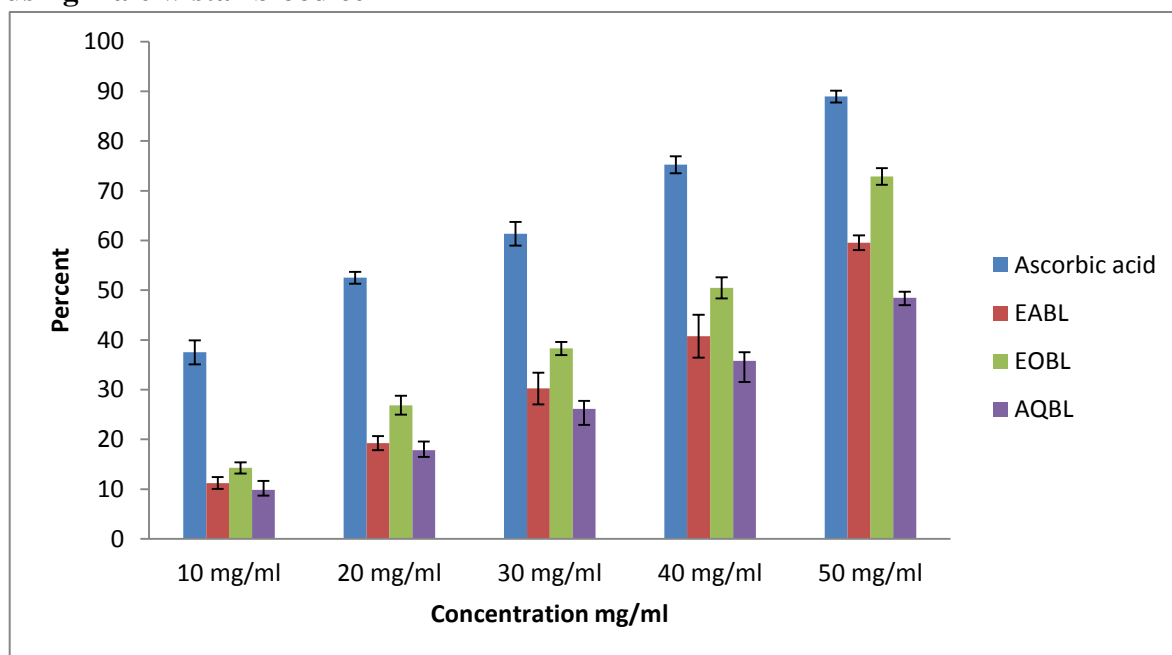


Figure 18: Percent Anti-haemolytic activity of *Buchanania lanzan* leaves extracts using male wistar blood cell

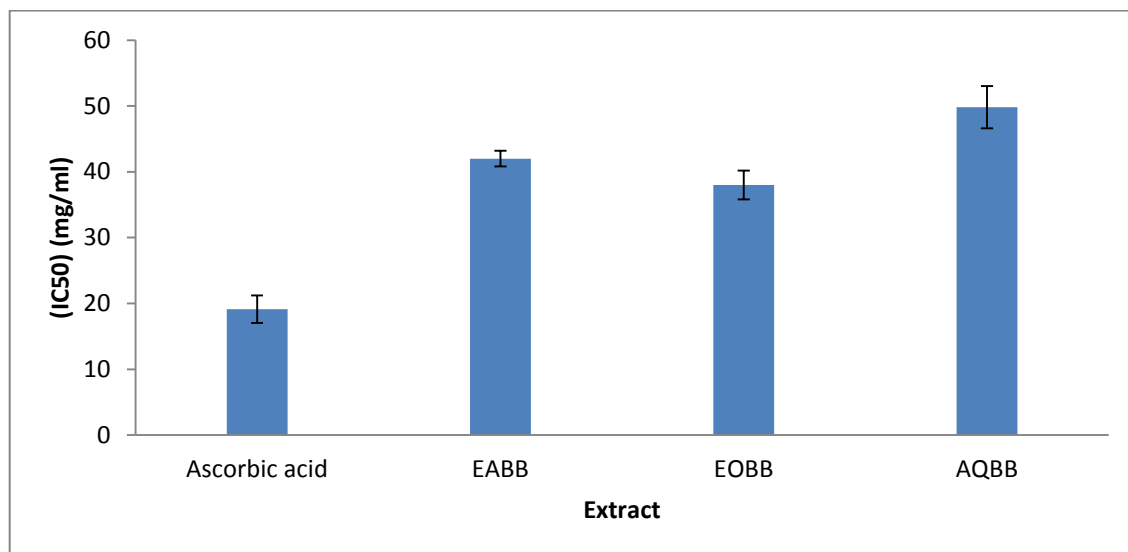


Figure 19: IC 50 of Buchananialanzan bark extracts for Anti-haemolytic activity

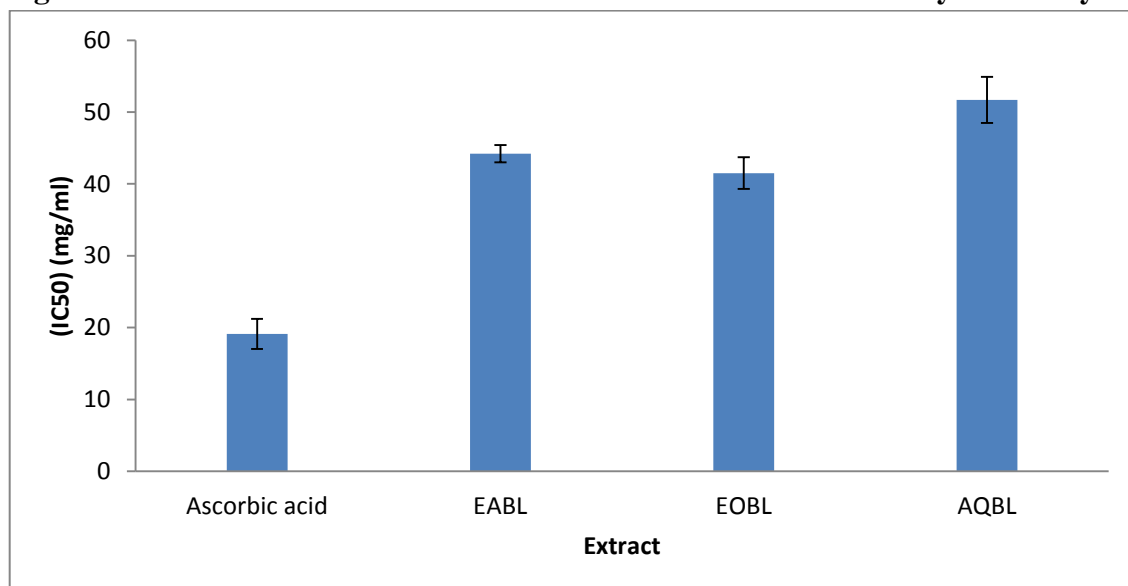


Figure 20: IC 50 of Buchananialanzan leaves extracts for Anti-haemolytic activity