



REVIEW OF TRIPHALADI CHURNAVATI IN DIFFERENT VYADHI IN BRUHATRAYEE AND LAGHUTRAYEE

Dr.Virendra Baburao Pawar, Dr.Chinmayi Bhuvanesh Raut

M.D., Ph.D (Kayachikitsa), Assistant Professor, Department of Kayachikitsa, Bharati Vidyapeeth (Deemed to be University) ,Pune College of Ayurved Pune.

Email id – drvirendra7007@gmail.com

B.A.M.S, P.G (Scholar) Department of Kayachikitsa, Bharati Vidyapeeth (Deemed to be University, Pune College of Ayurved pune

Email id- chinmayiraut1995@gmail.com

Abstract

Triphala plays Rasayan, Jwaraghna, Anulomana, Brumhana, Chakshushya role according to Vyadhi and Anupana. To check the efficacy of Triphala we go through all Samprapti of Roga mentioned in Rogagnata of Triphaladi Churnavati and found that after combines with Pippali it forms an Ayurvedic formulation which helps in Jwarachikitsa, Kaphaj Gulma Chikitsa according to Acharya Sushrut, Acharya Vagbhat respectively.

Keywords – Triphala, Pippali, Rasayan, Tridosahar, Pachan, Sukshma Guna

Introduction

Triphala includes the three fruits Amalaki, Bibhitak, Haritaki. To rule out role of Triphala and Pippali in combination with one another we go through all Bruhatrayee and Laghutrayee said by ancient Indians and found out the Guna, Doshagnata, and Karmukta of Triphala and Pippali. Triphala plays Rasayan, Jwaraghna, Anulomana, Brumhana, Chakshushya role according to Vyadhi and Anupana. After combines with Pippali it forms an Ayurvedic formulation which helps in Jwarachikitsa, Kaphaj Gulma Chikitsa according to Acharya Sushrut, Acharya Vagbhat respectively. Hence to check the efficacy of Triphaladi Churna we go through the Samprapti of every Vyadhi and checked the efficacy of Triphaladi Churna at every stage of Vyadhi and checked the Sampraptibhang.

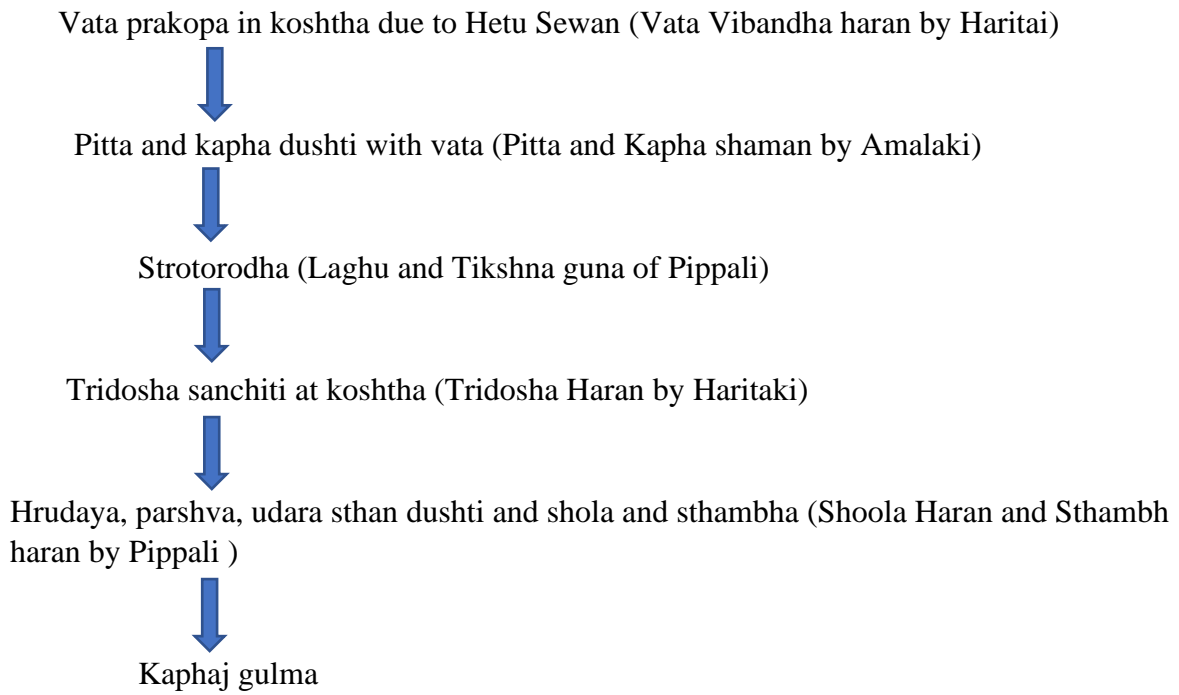
Aim – To check the efficacy of Triphaladi Churna in various diseases according to Bruhatrayee and Laghutrayee.

Drug Review and Properties of Ingredients -

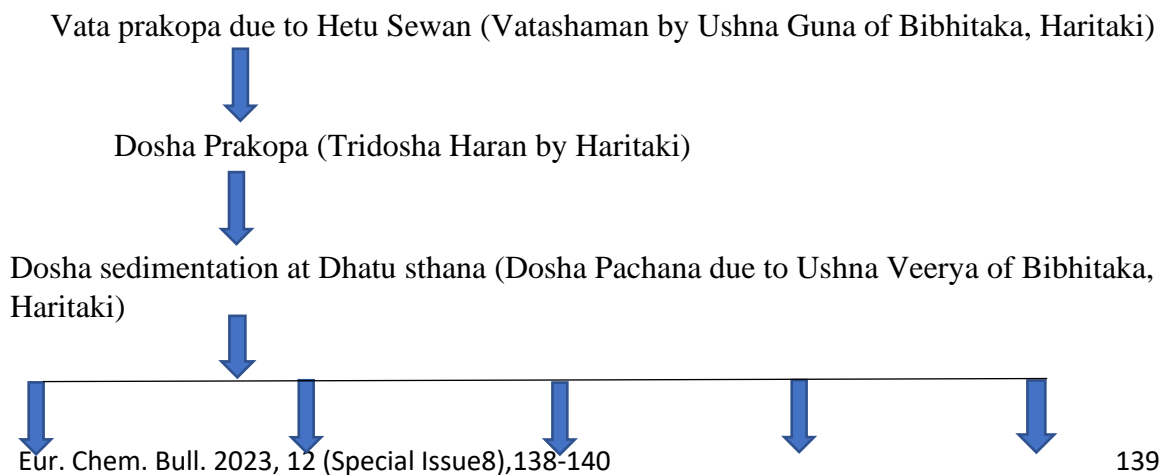
| Samhita | Sthan | Adhya | Rogadhikara | Shlok no. |
|---------------------|----------------|---------------|-----------------------|-----------|
| Bhaishajyaratnawali | Part 2 | - | Shleshmaj Gulmaroga | 33-34 |
| Sushrut Samhita | Uttartantra | Jwarachikitsa | Vishamjwara | 212 |
| Sharangdhar Samhita | Madhyam khanda | Churnakalpana | Shleshmaj Gulmaroga | 38 |
| Ashtangahrudaya | Chikitsa sthan | Jwarachikitsa | Satatadi visham jwara | 154 |

| Ingredients | Rasa | Veerya | Vipaka | Guna |
|-------------|---------------------------------|---------------|--------|-------------------------|
| Amalaki | Madhur | Sheeta | Madhur | Ruksha, Guru, Sheeta |
| Bibhitaka | Kashay | Ushna | Madhur | Ruksha, Laghu |
| Haritaki | Pancharasatmak (Lavanvarjit) | Ushna | Madhur | tridosahar |
| Pippali | Katu | Anushnasheeta | Madhur | Tikshna, Laghu, Snigdha |

1. Kaphaj Gulma Samprapti and Sampraptibhang -



2. Visham Jwara Samprapti and Sampraptibhang –



| | | | | |
|-----------------|-------------------|-----------------------|---------------------|-----------------------------|
| Rasa (Satat) | Rakta (Santat) | Mamsa (Anyedushka) | Meda (Trutiyaka) | Asthi-Majja (Chaturthak) |
|-----------------|-------------------|-----------------------|---------------------|-----------------------------|

Discussion– Triphala has been mentioned in Sushruta Samhita in Jwara Chikitsa. In Nava and Jeerna Jwara Pachana and Brumhana Karma is expected respectively. Haritaki and Amalaki will act as Pachana, Anulomana, Deepana Karma in Nava Jwara. In Jeerna Jwara Amalaki will perform Brumhana Karma and Pippali will play role in Rasayana and Brumhana Karma.

In Charaka Samhita Triphala has been mentioned in Virechanopaga Mahakashaya as well as in Rasayanadhyaya. Aamalaki, Pippali and haritaki separately mentioned in Charaka Samhita as a Rasayana in Rasayanadhyaya. Haritaki and Bibhitaka plays Vatashaman Karma by Ushna, Laghu Guna and by Ushan Veerya hence reduces Sthanik Vata at Shroni Pradesh and promotes Virechana Karma.

Hence as a whole Kalpa mainly performs a role in all types of Jwara, all types of Vatavyadhi, and Brumhana and Rasayana Karma in all Vyadhi.

Conclusion - Triphaladi churnavati effective in sampraptibhang of Kaphaj Gulma, Satatadi Visham Jwara by Pachana, Anulomana, Deepana, Vatashaman, Virechana, Brumhana, Rasayana Karma.

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