



“TO STUDY THE PREVALENCE OF URINARY TRACT INFECTION ITS BACTERIOLOGICAL PROFILE AND THE DRUG RESISTANCE PATTERN OF THE PATIENTS WITH THE MOLECULAR CHARACTERIZATION OF MECA GENE IN MRSA ISOLATES AT A TERTIARY CARE CENTRE IN ANDHRA PRADESH, INDIA”.

Dr. Ch. Meena¹, B.P.L Prema Nandini^{2*}

Abstract

Introduction: Urinary tract infections (UTIs), one of the main causes of morbidity and comorbidity in patients with underlying conditions, account for the majority of hospital visits globally. The emergence of antibiotic-resistant bacterial strains is a serious problem and greatest challenge in public health care wherein the emergence of methicillin-resistant *Staphylococcus aureus* (MRSA) in the community setting and infections with this pathogen become a prevalent problem among UTI patients.

Aim and Objective: To study the prevalence of urinary tract infection its bacteriological profile and the drug resistance pattern of the Patients with the molecular characterization of Meca gene in MRSA isolates at a tertiary care centre in Andhra Pradesh, India.

Material and Methods: This was a Cross sectional study carried out in the Department of Microbiology at Maharajah Institute of Medical Sciences, Vizianagaram for a period of 1 year i.e, between April 2022 to April 2023. A total of 526 freshly voided mid- stream urine sample were collected in a sterile wide mouth container from the individuals preliminary routine urine tests positive for pus cells and albumin. All the urine samples were processed within one hour after the collection for aerobic bacterial culture. If delayed, samples were refrigerated and processed within 4 - 6 hours. The identification , biochemicals and the AST pattern was done according to the CLSI guidelines 2022. The DNA was extracted by using Qiagen DNA Extraction kit, which was further proceeded for the Meca gene detection in MRSA isolates by the conventional PCR.

Results: In the present study a total of 526 urine samples were received out of which 120 (22.8%) urine samples were showing significant growth for UTI. The ratio of females 71 (59.16%) were more as compared to that of the males 49 (40.83%) with the maximum age of 21-30 (40.83%) been affected the most followed by 31-40 (23.33%) years of age and least in the age group above 61 years of age. It was noted that the maximum number of isolates were from the gram negative isolates as compared to the gram positive isolates. It was observed that the maximum number of isolates were from the *E.coli* 56 (46.66%) followed by *Klebsiella pneumonia* 21 (17.5%) and least for *Proteus vulgaris*, *Acinetobacter baumannii*. Among the gram positive isolates the *S.aureus* (7.5%) was observed to be the maximum with 3 (33.33%) isolates resistant for MRSA . Our study showed a very high rate of resistance (>70%) among *E. coli* isolates to piperacillin. Among *Klebsiella* isolates, no resistance was found for meropenem and low resistance was found for ciprofloxacin (9.52%), norfloxacin(9.52%) , and cefotaxime(23.80%) but high for nitrofurantoin (95.23%) and trimethoprim/sulfamethoxazole (42.85%) . The molecular characterization of MRSA confirmed the detection of Meca gene among the UTI patients.

Conclusion: The phenotypic and genotypic studies are needed to establish and clarify the genetic mechanism behind antibiotic resistance and prevalence. Therefore, the misuse of antibiotics and point to the need for better prescription practices should be followed by regular examinations and thorough adherence to antibiotic stewardship programmes can lower the cost of UTI prevention.

Keywords: UTI, Antibiotic sensitivity testing, CLSI, Molecular characterization, Mec A gene

¹Assistant Professor, Department of Microbiology, Maharaja Institute of Medical Sciences, Nellimarla, Vizianagaram, Andhra Pradesh India.

^{2*}Assistant Professor, Department of Microbiology, Maharaja Institute of Medical Sciences, Nellimarla, Vizianagaram, Andhra Pradesh India. Email: pushpa.chocolate@gmail.com*

“To Study The Prevalence Of Urinary Tract Infection Its Bacteriological Profile And The Drug Resistance Pattern Of The Patients With The Molecular Characterization Of Meca Gene In MRSA Isolates At A Tertiary Care Centre In Andhra Pradesh, India”.

Section A-Research Paper

***Corresponding Author:** B.P.L Prema Nandini

*Assistant Professor, Department of Microbiology, Maharaja Institute of Medical Sciences, Nellimarla, Vizianagaram, Andhra Pradesh India. Email: pushpa.chocolate@gmail.com *

N

DOI: 0xyz

INTRODUCTION

Urinary Tract Infection (UTIs) are one of the most common bacterial infection in routine clinical practice, clinical presentation of which ranging from asymptomatic to severe sepsis. UTI is one of the most important causes of morbidity in general population, and is the second most important cause of hospital visits. It also contributes as the most common nosocomial infection in many hospitals and accounts for approximately 35% of all hospital-acquired infections [1].

Urinary tract infections (UTIs) are the inflammatory disorders of the urinary tract caused by the abnormal growth of pathogens [2,3]. Urinary tract infection is known to cause short-term morbidity in terms of fever, dysuria, and lower abdominal pain (LAP) and may result in permanent scarring of the kidney [4]. Urinary tract infections can be community acquired or nosocomial. Community-acquired urinary tract infections (CA-UTIs) are defined as the infection of the urinary system that takes place in one's life in the community setting or in the hospital environment with less than 48 hours of admission. Nosocomial urinary tract infections (N-UTIs) are the infection of the urinary tract that occurs after 48 hours of hospital admission, and the patient was not incubating at the time of admission or within 3 days after discharge [5].

Urinary tract infections may be asymptomatic, acute, chronic, and complicated or uncomplicated, and the clinical manifestations of UTIs depend on the portion of the urinary tract involved, the etiologic organisms, the severity of the infection, and the patient's ability to mount an immune response to it [6]. The symptoms of UTIs such as fever, burning sensations while urinating, LAP, itching, formation of blisters and ulcers in the genital area, genital and suprapubic pain, and pyuria generally depend on the age of the person infected and the location of the urinary tract infected [3].

UTIs are caused by both Gram-negative and Gram-positive bacteria, as well as by certain fungi. There are many bacteria responsible of causing UTI infection like *E.coli*, *Klebsiella pneumoniae*, *Staphylococcus saprophyticus*, *Enterococcus faecalis*, group B *Streptococcus* (GBS), *Proteus mirabilis*, *Pseudomonas aeruginosa*, *Staphylococcus aureus* and *Candida* spp [7-10].

The incidence of urinary tract infection is increasing because patients are more frequently fitted with various urinary catheters as endourology progresses technologically. In complicated urinary tract infections and hospitalized patients, Gram positive bacteria such as MRSA are comparatively more common [11].

The incidence of urinary tract infection caused by MRSA is increasing because patients are more frequently fitted with various urinary catheter [12]. MRSA is an emerged pathogen that is able to withstand the effect of different antimicrobials especially some strains which produce a biofilm both in hospital admitted patients as well as in the community, so rapid identification of this resistance can help to eliminate the infection effectively. Because of its ability to acquire resistance genes, *S. aureus* becomes resistant to broad types of antibiotics [13,14].

UTI is treated with broad spectrum antibiotics empirically to start with, which are de-escalated to specific antibiotic based on information obtained from the antimicrobial susceptibility pattern of the urinary pathogens [15]. Widespread use of antimicrobial agents has lead to the emergence of antibiotic resistant pathogens also there is increase demand for new drugs. Distribution of uropathogens and their antimicrobial sensitivity patterns may differ regionally so it becomes necessary to study these and compile their data in particular settings [16].

Drug resistance in bacteria has become a global health problem and an emerging threat due to misuse of antibiotics [17,18]. Therefore, the present study was undertaken to study the prevalence of urinary tract infection its bacteriological profile and the drug resistance pattern of the patients with the molecular characterization of Meca gene in MRSA isolates at a tertiary care centre in Andhra Pradesh, India.

MATERIAL AND METHODS

This was a Cross sectional study carried out in the Department of Microbiology at Maharajah Institute of Medical Sciences, Vizianagaram for a period of 1 year i.e, between April 2022 to April 2023. A total of 526 freshly voided mid- stream urine sample were collected in a sterile wide mouth container from the individuals preliminary routine urine tests positive for pus cells and albumin. All the urine samples were processed within one hour after the collection for aerobic

bacterial culture. If delayed, samples were refrigerated and processed within 4 - 6 hours.

The patients presenting or highly suspicious of having UTIs and ready to give consent were included in the study. Any patient who was terminally ill, who fails to give urine samples, with a history of antibiotic administration in the last two weeks and any female who was in their menstruation period were excluded from the study [19].

The patients demographic details including age, gender, tribe, residence, level of education, and history of medical conditions were included in the study.

Microscopic Study

One of the diagnosis criteria of UTI was based on microscopic findings of more than 10 pus cells/high power field (40×) in urine were included in the study.

Collection and process of urine samples

Mid-stream urine samples were collected in a sterile container and were processed within 2 h of collection time. These urine samples were also centrifuged and urine sediment was used for direct microscopic examination of red blood cells (RBCs), leukocytes, epithelial cell, casts, crystals, and parasites. In the normal urine sediment, a few count of RBCs, pus cells (0–5/high power field), and epithelial cells may present. Epithelial cell count reported as “few,” “moderate,” or “many” per low-power field.

Isolation and Identification of Uropathogens

The Urine sample was inoculated on a standard culture media Cystine–Lactose– Electrolyte-Deficient (CLED) agar using a calibrated (1 µL) loop.

Culture plates were incubated at 35–37°C ambient air incubator for 18 h. After the allocated time period, the culture plates were visualized for the presence of bacterial colonies. They were reported as significant or non-significant growth on the basis of colony count method. Isolated colonies were further characterised based on cultural characteristics by growing on differential media, such as MacConkeys agar and blood agar [20]. Further, the isolates were identified by cultural, morphological and biochemical tests. The method used in the identification and characterisation of isolated bacteria included Gram staining, motility test and biochemical tests like, TSI and IMViC according to Cheesbrough [21, 22]. Isolated and characterized uropathogens were then preserved in nutrient broth containing 25% glycerol at –20°C.

Following the recommendations of Kass [23] in distinguishing genuine infection from contamination, culture of a single bacterial species from urine sample at a concentration of >10⁵ CFU/ml. Only a single positive culture per patient was included in the analysis.

The plates were incubated at 37°C for 24 hrs and extended to 48 hrs in culture (growth) negative cases. The identification, biochemicals and the AST pattern was done according to the CLSI guidelines 2022 [24]. All chemicals required for culture media and reagents were procured from HiMedia laboratories Pvt Ltd., Mumbai.

Molecular Detection of Meca Gene by Polymerase Chain Reaction (PCR) in Methicillin resistant *Staphylococcus aureus*

Bacterial DNA was extracted by QIAamp DNA Kit by following manufactures guidelines. *S. aureus* previously extracted DNA was used for the amplification of Mec A gene. The primers were purchased from “Saha gene” and was reconstituted with sterile double distilled water based on the manufacturer’s instruction.



Figure No.1: The DNA Extraction kit Figure No.2: The Reagents used for the DNA Extraction

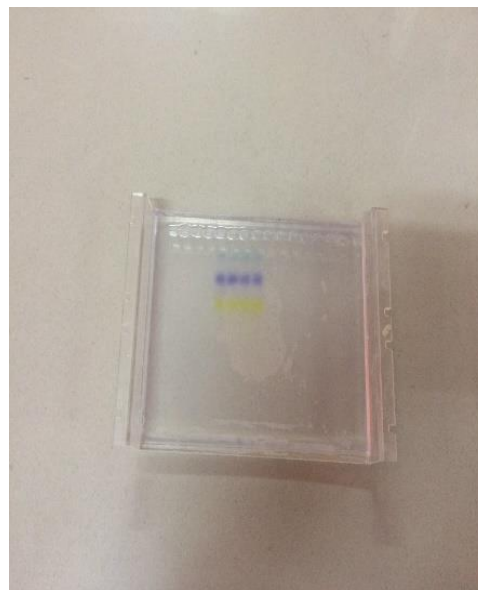


Figure No.3: The Meca gene primers from the Saha gene Figure No. 4: Run of Amplified product

All *S. aureus* isolates that were resistant to cefoxitin 30 µg and positive on ORSAB examination were then subjected to a PCR test to detect the presence of the *mecA* gene [25]. The DNA extraction process was carried out according

to the QIAamp DNA Mini Kit protocol, where previously the isolates were purified on MSA (HiMedia Pvt. Ltd, M118) and inoculated on MHA (Oxoid, CM0337).

Gene	Primer	Base Pair	Reference
MecA	F: 5'-AAA ATC GAT GGT AAA GGT TGG C-3' R: 5'-AGT TCT GCA GTA CCG GAT TTG C-3'.	533	[26]

Table No. 1: Primer used for the Meca gene detection

Molecular Characterization of Meca gene

The PCR master mix used GoTaq Green Master Mix (Promega, 9PIM712) which is a ready-to-use solution mixture containing Taq DNA polymerase, dNTPs, MgCl₂, and a reaction buffer. DNA was amplified using a Thermal Cycler T100 machine (Bio-Rad, 186-1096) for 40 cycles in 25 µl of the reaction mixture with the following steps: denaturation at 94°C for 30 seconds, annealing at 55°C for 30 seconds, and extension at 72°C for 1 min with a final extension at 72°C for 5 min. A total of 10 µl of PCR product were analyzed by 2% agarose gel electrophoresis, and the gel was visualized under ultraviolet light

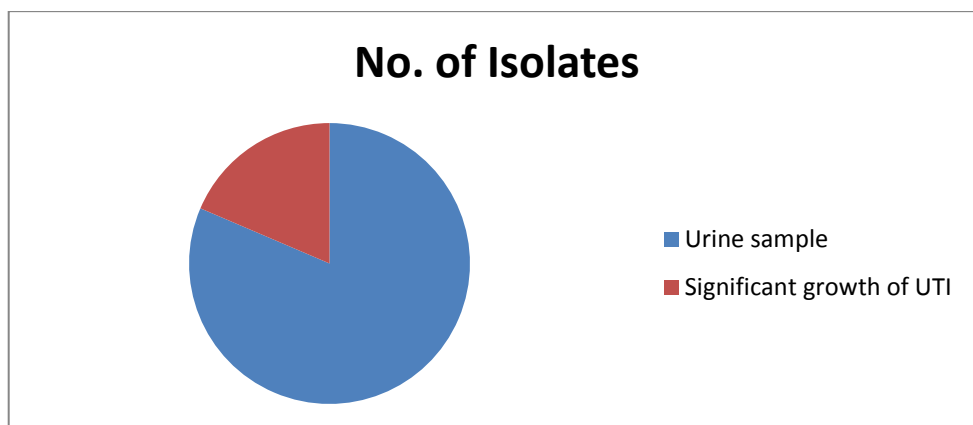
[27]. A positive test indicated a PCR product in the 533-base pair (bp) band [27].

RESULTS

A total of 526 urine samples were received in the Microbiology Laboratory at Maharajah Institute of Medical Sciences, Vizianagaram, out of which 120 (22.8%) urine samples were showing significant growth for UTI [Table No. 2]. The ratio of females 71 (59.16%) were more as compared to that of the males 49 (40.83%) [Table no. 3]. The maximum age of 21-30 (40.83%) was affected the most followed by 31-40 (23.33%) years of age and least in the age group above 61 years of age [Table no.4].

Type of Clinical Isolates	Number of Isolates	Percentage
Urine samples	526	77.2%
Significant growth for UTI	120	22.8%

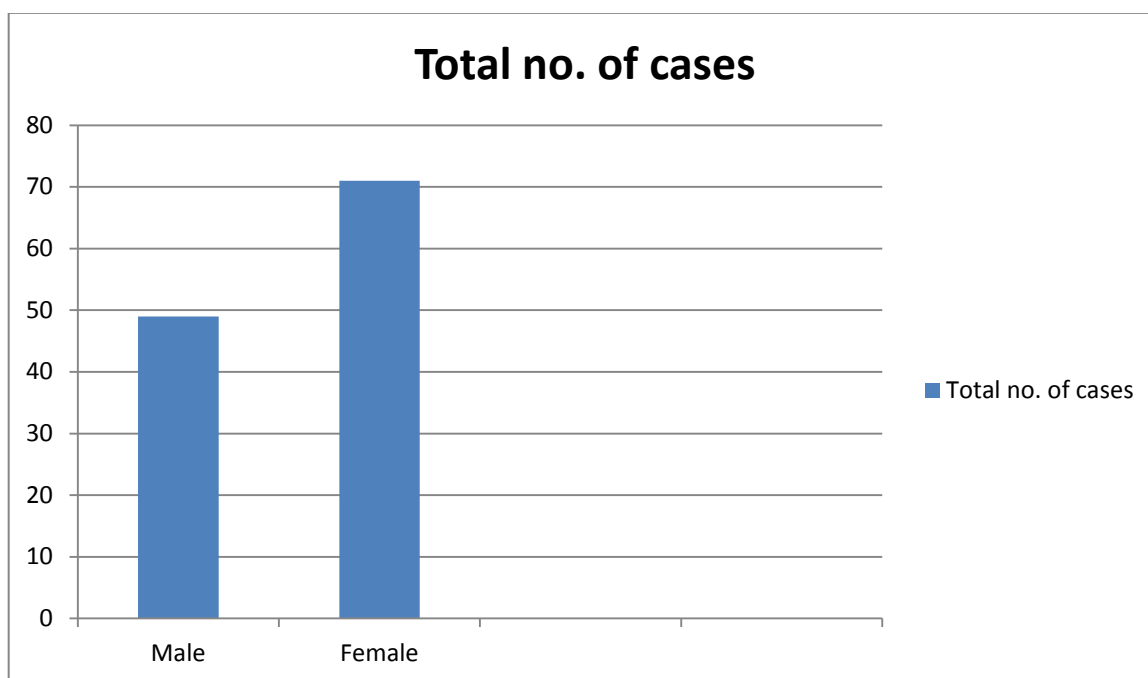
Table No. 2 : Samplewise distribution of the clinical isolates



Graph No. 1: Graphical Representation of Samplewise distribution of the clinical isolates

Gender	Total no. of Cases studies (N=120)	Percentage
Male	49	40.83%
Female	71	59.16%

Table No. 3 : Genderwise distribution of the UTI cases



Graph No. 2: Graphical Representation of Genderwise distribution of the UTI cases

S.N.	Age group (Years)	Male N= 49	Female N= 71	Percentage (%)
1.	0-10	-	-	-
2.	11-20	9	8	14.16%
3.	21-30	17	32	40.83%
4.	31-40	12	16	23.33%
5.	41-50	5	7	10%
6.	51-60	3	5	6.66%
7.	61-70	2	4	5%
8.	≤ 80	1	-	0.83%

Table No. 4 : Agewise distribution of the UTI cases

It was noted that the maximum number of isolates were from the gram negative isolates as compared to the gram positive isolates.

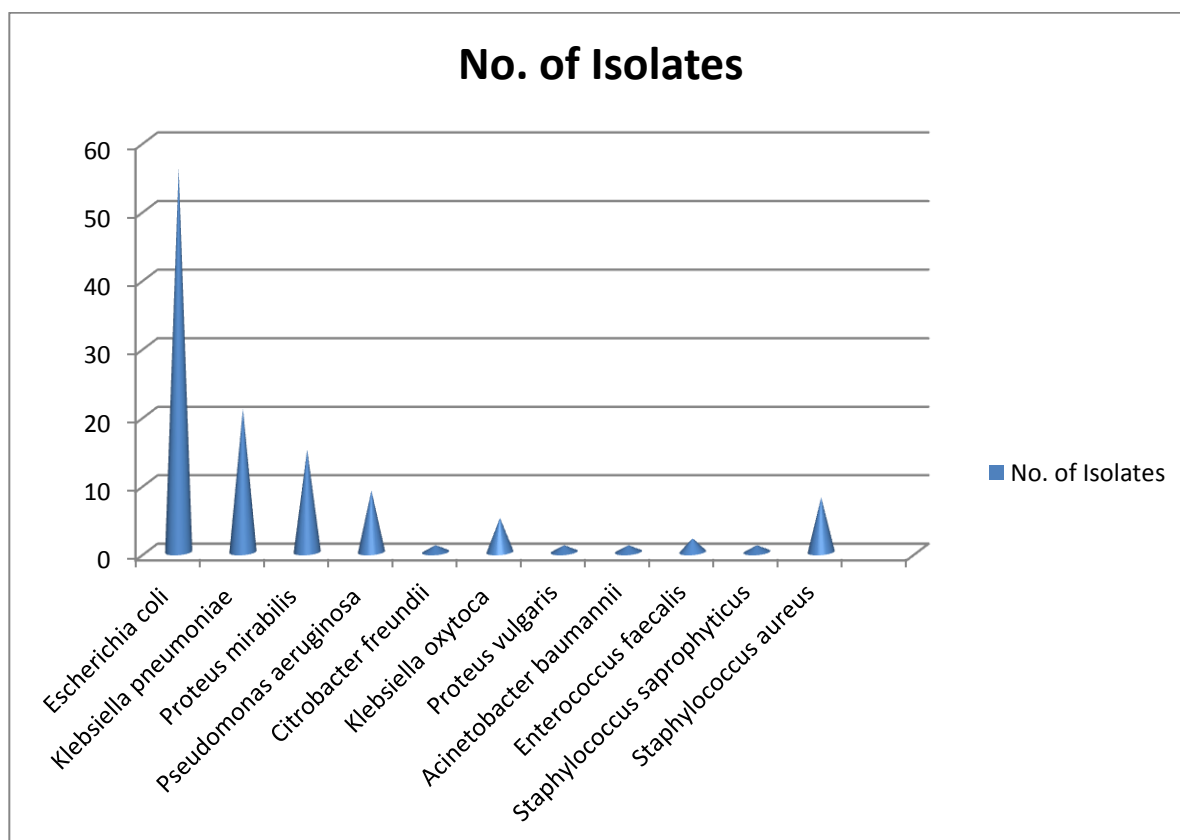
It was observed that the maximum number of isolates were from the *E.coli* 56 (46.66%)

followed by *Klebsiella pneumonia* 21 (17.5%) and least for *Proteus vulgaris*, *Acinetobacter baumannii*, *Staphylococcus saprophyticus* with 1 (0.83%). Among the gram positive isolates the

S.aureus (7.5%) was observed to be the maximum with 3 (33.33%) isolates resistant for MRSA isolates [Table no.5].

Type of Organism Isolated	No. of Isolates	Percentage
<i>Escherichia coli</i>	56	46.66%
<i>Klebsiella pneumoniae</i>	21	17.5%
<i>Proteus mirabilis</i>	15	12.5%
<i>Pseudomonas aeruginosa</i>	9	7.5%
<i>Citrobacter freundii</i>	3	2.5%
<i>Klebsiella oxytoca</i>	2	1.6%
<i>Proteus vulgaris</i>	1	0.83%
<i>Acinetobacter baumannii</i>	1	0.83%
<i>Enterococcus faecalis</i>	2	1.6%
<i>Staphylococcus saprophyticus</i>	1	0.83%
<i>Staphylococcus aureus</i>	9	7.5%
Total	120	100%

Table No. 5: The Frequency of bacteria isolated from the UTI cases



Graph No. 3: Graphical Representation of Frequency of bacteria isolated from the UTI cases

In the present study it was also observed that high degree of drug resistance among bacterial isolates was observed. Our study showed a very high rate of resistance (>70%) among *E. coli* isolates to piperacillin. Among *Klebsiella* isolates, no

resistance was found for meropenem and low resistance was found for ciprofloxacin (9.52%), norfloxacin(9.52%), and cefotaxime(23.80%) but high for nitrofurantoin (95.23%) and trimethoprim/sulfamethoxazole (42.85%).

Antibiotics	<i>Escherichia coli</i>	<i>Klebsiella pneumoniae</i>	<i>Proteus mirabilis</i>	<i>Pseudomonas aeruginosa</i>
Ampicillin	53 (94.6%)	21 (100%)	11 (73.33%)	IR
Amoxicillin/clavulanic acid	29 (51.7%)	13 (61.9%)	4 (26.66%)	IR

Piperacillin	50 (89.2%)	20 (94%)	4 (26.66%)	9 (100%)
Piperacillin/tazobactam	19(33.92%)	7 (33.33%)	4 (26.66%)	9(100%)
Cefalotin	42 (75%)	7 (33.33%)	5 (33.33%)	IR
Cefuroxime	6 (10.71%)	7 (33.33%)	5 (33.33%)	IR
Cefoxitin	5 (8.92%)	2(9.52%)	4 (26.66%)	IR
Cefpodoxime	5 (8.92%)	5 (23.80%)	4 (26.66%)	IR
Cefotaxime	2(3.57%)	5 (23.80%)	4 (26.66%)	IR
Ceftazidime	3 (5.3%)	5 (23.80%)	4 (26.66%)	9 (100%)
Cefepime	3 (5.3%)	5 (23.80%)	4 (26.66%)	7 (77.7%)
Meropenem	5(8.92%)	0	0	5 (55.5%)
Amikacin	9 (16.07%)	3 (14.28%)	0	2 (22.22%)
Gentamicin	5 (8.92%)	3 (14.28%)	0	2 (22.22%)
Tobramycin	10 (17.85%)	3 (14.28%)	0	2 (22.22%)
Ciprofloxacin	19 (33.92%)	2 (9.52%)	0	2 (22.22%)
Norfloxacin	19 (33.92%)	2 (9.52%)	4 (26.66%)	2 (22.22%)
Nitrofurantoin	5 (8.92%)	20 (95.23%)	IR	-
Trimethoprim/sulfamethoxazole	30 (53.5%)	9 (42.85%)	4 (26.66%)	IR
Total number of isolates	56	21	15	9

Table No.6 : Number (%) of common Gram-negative urinary pathogens resistant (R) to antimicrobial agents

Antibiotics	<i>Citrobacter freundii</i>	<i>Klebsiella oxytoca</i>	<i>Proteus vulgaris</i>	<i>Acinetobacter baumannii</i>
Ampicillin	IR	IR	IR	IR
Amoxicillin/clavulanic acid	IR	2 (100%)	1(100%)	IR
Piperacillin	3 (100%)	2 (100%)	1 (100%)	0
Piperacillin/tazobactam	1 (33.33%)	2 (100%)	1 (100%)	0
Cefalotin	IR	2 (100%)	IR	IR
Cefuroxime	IR	IR	IR	IR
Cefoxitin	IR	1 (50%)	1 (100%)	IR
Cefpodoxime	IR	2 (100%)	1 (100%)	-
Cefotaxime	2 (66.66%)	2 (100%)	1 (100%)	0
Ceftazidime	2 (66.66%)	2(100%)	1 (100%)	0
Cefepime	1 (33.33%)	2 (100%)	1 (100%)	0
Meropenem	0	1 (50%)	0	0
Amikacin	2 (66.66%)	2 (100%)	0	0
Gentamicin	2 (66.66%)	1 (50%)	0	0
Tobramycin	2 (66.66%)	2 (100%)	0	0
Ciprofloxacin	3(100%)	2(100%)	1 (100%)	0
Norfloxacin	3 (100%)	2 (100%)	1 (100%)	0
Nitrofurantoin	2(66.66%)	1 (50%)	IR	-
Trimethoprim/sulfamethoxazole	1 (33.33%)	1 (50%)	1 (100%)	1 (100%)
Total number of isolates	3	2	1	1

Table No. 7: Number (%) of less common Gram-negative urinary pathogens resistant (R) to antimicrobial agents

Antibiotics	<i>Enterococcus faecalis</i>	<i>Staphylococcus saprophyticus</i>	<i>Staphylococcus aureus</i>
Benzyl penicillin	2 (100%)	1 (100%)	9 (100%)
Cefoxitin	-	0	3 (33.33%)
Gentamicin	IR	0	0
Tobramycin	IR	0	0

Levofloxacin	0	0	3 (33.33%)
Clindamycin	IR	0	0
Linezolid	0	0	0
Teicoplanin	0	0	0
Vancomycin	0	0	0
Fosfomycin	2 (100%)	IR	0
Nitrofurantoin	0	0	0
Rifampicin	2 (100%)	0	0
Trimethoprim/Sulfamethoxazole	IR	0	0
Total number of isolates	2	1	9

Table No.8 : Number (%) of common Gram-positive urinary pathogens resistant (R) to antimicrobial agents

The frequency of *Acinetobacter*, *Citrobacter*, *Klebsiella* and *proteus* is mentioned in Table 7 due to their clinical relevance. The number (percentage) of common Gram-negative urinary pathogens resistant (R) to antimicrobial agents is shown in Table 7 and Table 8 refer to the Gram positive isolate .

The DNA Extraction was performed by the Qiagen DNA kit and the DNA was isolated from the samples. From the 9 isolates of *S.aureus*, there were 3 isolates observed positive for MRSA. The DNA Extraction and the gene detection of the isolate 3 isolates was performed for the detection of Mec A gene among the MRSA isolates.

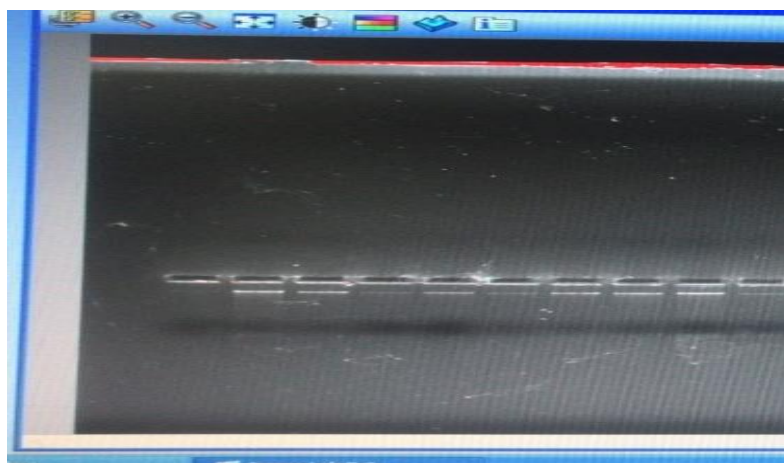


Figure No. 5: The DNA Extraction

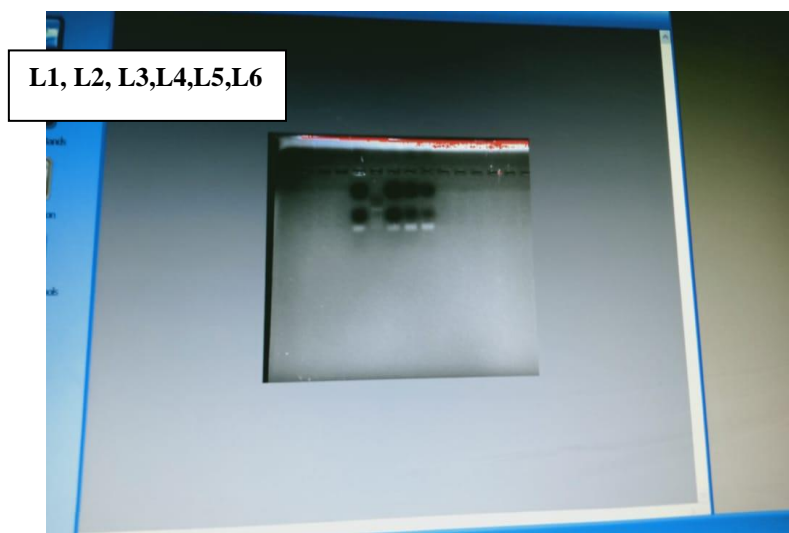


Figure No. 6: Photograph of amplified Meca gene in MRSA; the amplified DNA band size was obtained 533bp, L1 corresponds to the Negative control and L2 corresponds to the Positive control, L3 corresponding to 100bp ladder used; Lane 4-6 are the sample positive for Meca

In the current study it was observed that there were 3 isolates found positive for the Meca gene.

```
GTTGTAGTTGTCGGGTTTGGTATATATTTT
TATGCTTCAAAAGATAAAGAAATTAATAA
TACTATTGATGCAATTGAAGATAAAAATTT
CAAACAAGTTTATAAAGATAGCAGTTATA
TTTCTAAAAGCGATAATGGTGAAGTAGAA
ATGACTGAACGTCCGATAAAAATATATAA
TAGTTTAGGCGTTAAAGATATAAACATTC
AGGATCGTAAAATAAAAAAAGTATCTAAA
```

```
AATAAAAAACGAGTAGATGCTCAATATAA
AATTAAAACAACTACGGTAACATTGATC
GCAACGTTCAATTTAATTTTGTAAAGAAG
ATGGTATGTGGAAG
```

```
TCTAAAAGCATGTAAAAGAATTTGCGAC
CAGATTGCAAAATCTGCAACGAGCTTTGG
GTTTACTCCCCCGGTGGAGATGGATATA
AAAATGCTCAAAAAGTACCACCACTATA
TTTTCTAAGAAGCTATCAAATAATTATAA
TCA
```

Figure No.7: Obtained gene sequences of Meca gene in S. aureus

DISCUSSION

Urinary tract infections (UTIs) are amid the most critical infections observed globally. UTIs include varieties of disorders, such as urethritis, cystitis, and pyelonephritis. Reports showed that 50% of women had a history of UTIs in their lives. UTIs are thoughtful health issues that concluded 150 million individuals globally yearly [28]. Reports showed that bacteria are the most common cause of UTIs. However, the *Staphylococcus aureus* is not documented as a major pathogen responsible for the occurrence of UTIs, but its prevalence has been increased in recent investigations [29].

In the present study the prevalence of UTI was found to be 22.8%. This finding was similar to the study performed by the other authors Ahmad S et al and Suhail A. et al., where the prevalence was found to be 20.54% and 32% respectively [30,31].

In the current study the maximum number of isolates were from the Females 71 (59.16%) as compared to that of the males 49 (40.83%). This study was similar to the study by Suhail A. et al, and Martin Odoki et al., in 2019 where the ratio of females was more as compared to the males [31] [32].

It was noted that the maximum number of isolates were from the gram negative isolates as compared to the gram positive isolates. It was observed that the maximum number of isolates were from the *E.coli* 56 (46.66%) followed by *Klebsiella pneumonia* 21 (17.5%) and least for *Proteus vulgaris*, *Acinetobacter baumannii* with 1 (0.83%). Among the gram positive isolates the *S.aureus* (7.5%) was observed to be the maximum with 3 (33.33%) isolates resistant for MRSA. Similar study was performed by the other research workers where among 206 bacterial isolates obtained from 417 urine samples, majority of the isolates (99%) were Gram negative bacteria which

included *Escherichia coli* (56.79%), *Klebsiella* spp (19.9%), *Pseudomonas* spp (6.3%), *Proteus* spp (5.8%), *Enterobacter* spp (3.8%), *Citrobacter* spp (1.4%), *Enterococcus* spp (0.9%), and other NFGNB (4.8%) [33].

In the present study it was found that antimicrobial resistance was seen both in Gram-positive and Gram-negative bacteria. Multiple resistances were high among the isolated urinary pathogens.

Staphylococcus aureus is a significant human pathogen responsible for most cases of nosocomial and hospital-acquired infections. It is responsible for the occurrence of several diseases, including UTIs, respiratory and soft tissue infections, endocarditis, osteomyelitis, and endocarditis. The bacterium has an emergence of severe antimicrobial resistance. Clinical experiences showed that around 50% of the *S. aureus* isolates harbored complete resistance toward penicillins and cephalosporins groups of antimicrobials which called them methicillin-resistant *S. aureus* (MRSA). MRSA strains caused complicated diseases for a more extended period with a higher economic burden due to hospitalization and treatment [34].

In the present study it was observed that the rate of MRSA among the UTI cases were 2.5%. This study was in support with the study performed by the other author Khaleel R et al., [35] where 7.7% of the urine specimens of hospitalized patients who suffered from UTIs were positive for the MRSA strains. MRSA isolates displayed a boost resistance rate toward erythromycin, ceftaroline, penicillin, gentamicin, and ciprofloxacin antimicrobial agents. Additionally, MRSA isolates harbored a boost distribution of beta lactamase gene Meca antimicrobial resistance-encoding genes. It seems that the antimicrobial-resistant MRSA isolates may be an emerging cause of UTIs in Andhra Pradesh. Similarly, Lunacek et al [36] labelled that the MRSA prevalence amongst urine specimens in Austria was 4.06%. They disclosed that MRSA isolates were resistant toward cephalosporin, aminopenicillin, penicillin G, carbapenem, and β -lactamase antimicrobial agents. They also presented that catheter utilization is the most critical risk factor for MRSA occurrence in UTIs. An Irish survey [37] described that the prevalence of MRSA strains was 27.9%. Besides, MRSA isolates of the urine specimens displayed the uppermost resistance rate

toward flucloxacillin (100%), co-amoxiclav (100%), and ciprofloxacin (98%).

Our study showed a very high rate of resistance (>70%) among *E. coli* isolates to piperacillin. Among *Klebsiella* isolates, no resistance was found for meropenem and low resistance was found for ciprofloxacin (9.52%), norfloxacin (9.52%), and cefotaxime (23.80%) but high for nitrofurantoin (95.23%) and trimethoprim/sulfamethoxazole (42.85%). This resistance is most likely due to the massive use of third-generation cephalosporins and fluoroquinolone antibiotics in UTIs patients. The high resistance in trimethoprim/sulfamethoxazole susceptibility pattern may be due to non-judicious use and over-the-counter selling of this antibiotic [31].

The antibiotic susceptibility of uropathogenic bacteria is known to change with time and is inconsistent in different regions [38]. Here, we have described the impact of the best antimicrobials with low resistance rate (overall resistance %) against the uropathogens in this study. The best antimicrobials for Gram-negative organisms was meropenem, amikacin, gentamicin, tobramycin, and ceftazidime and moderate resistance rate were ciprofloxacin, cefotaxime, ceftazidime, cefpodoxime, piperacillin/tazobactam, and cefuroxime. It was noteworthy that high resistance rate was found to be against cefuroxime, trimethoprim/sulfamethoxazole, nitrofurantoin, amoxicillin/clavulanic acid, piperacillin, and ampicillin.

The current finding is similar to other reports which suggest that gram negative bacteria, particularly *E. coli* was the commonest pathogens isolated from patients with UTI [39,40]. The incidence of *E. coli* in our study was higher when compared with the Nigerian studies reporting 42.10% [41] and 51% [42]. Most of the studies conducted in Africa and Arab countries showed less than 50% isolation of *E. coli* from the UTI patients but reported a higher percentage (29%) of *S. aureus* as second most frequently isolated bacteria from UTI cases. Reports from other developing or developed countries were the isolation of Gram positive bacteria as uropathogen is very low <10% [43,44].

In contrast, the antimicrobial sensitivity pattern of antimicrobials for Gram-positive organisms shows linezolid, teicoplanin, vancomycin, cefalotin

screen, moxifloxacin, nitrofurantoin, and levofloxacin were sensitive however there were 33.33% resistance observed for cefoxitin.

The overall proportion of MRSA among isolated *S. aureus* in this study was elevated from previous studies conducted in Iran (25.8%) [45] Nepal (30.8%) [46] Uganda (33.3%) [47] and Nigeria (13%) [48]. This increased proportion of MRSA might be due to differences in geographic area, MRSA becoming a global nosocomial pathogen with rapid spread to health care as well as community and urinary tract infection associated factors may also play an important role in increasing the prevalence of MRSA in the community.

The etiology of bacteria causing UTI as well as their susceptibility to antimicrobials continue to vary over time period and it is different among different countries [49].

To successfully treat the patients who are suffering from UTI, it is crucial to accurately identify the causative pathogen. Failure to do so will not only prolong the disease and will render the patient to complications but will also promote negative consequences of bacterial resistance due to a non-judicious use of inappropriate antibiotics.

CONCLUSION

The drug resistance in bacteria has become a global health problem and an emerging threat due to misuse of antibiotics. Hence, it is necessary to be aware of the changes in the spectrum of drug resistance to ensure appropriate treatments.

The Effective methods of infection prevention control should be utilized to help reduce the high prevalence of *S. aureus* and MRSA infections. Further phenotypic and genotypic studies are needed to establish and clarify the genetic mechanism behind antibiotic resistance and prevalence. However, further surveys should perform to assess other epidemiological features of MRSA in UTIs.

REFERENCES

1. Foxman B. Urinary tract infection syndromes: occurrence, recurrence, bacteriology, risk factors, and disease burden. *Infect Dis Clin North Am.* 2014; 28:1–13.
2. D. Prakash and R. S. Saxena, “Distribution and antimicrobial susceptibility pattern of bacterial pathogens causing urinary tract infection in Urban Community of Meerut City, India,” *ISRN Microbiology.* 2013; Article ID 749629, 13 pages.
3. O. Amali, M. D. Indinyero, E. U. Umeh, and N. O. Awodi, “Urinary tract infections among female students of the university of agriculture, Makurdi, Benue State, Nigeria,” *Internet Journal of Microbiology.* 2009; vol. 7, no. 1, pp. 1–5.
4. A. Hoberman, M. Charron, R. W. Hickey, M. Baskin, D. H. Kearney, and E. R. Wald, “Imaging studies after a first febrile urinary tract infection in young children,” *New England Journal of Medicine.* 2003; vol. 348, no. 3, pp. 195–202.
5. V. Lacovelli, G. Gaziev, L. Topazio, P. Bove, G. Vespasiani, and A. E. Finazzi, “Nosocomial urinary tract infections: a review,” *Urologia.* 2014; vol. 81, no. 4, pp. 222–227, 2014.
6. O. Olowe, B. Ojo-Johnson, O. Makanjuola, R. Olowe, and V. Mabayoje, “Detection of bacteriuria among human immunodeficiency virus seropositive individuals in Osogbo, south-western Nigeria,” *European Journal of Microbiology and Immunology.* 2015; vol. 5, no. 1, pp. 126–130.
7. Hooton TM. Uncomplicated urinary tract infection. *New Engl J Med.* 2012; 366:1028–1037.
8. Nielubowicz GR, Mobley HL. Host–pathogen interactions in urinary tract infection. *Nature Rev Urol.* 2010; 7:430–441.
9. Kline KA, Schwartz DJ, Lewis WG, Hultgren SJ, Lewis AL. Immune activation and suppression by group B *Streptococcus* in a murine model of urinary tract infection. *Infect Immun.* 2011; 79:3588–3595.
10. Ronald A. The etiology of urinary tract infection: traditional and emerging pathogens. *Am J Med.* 2002; 113 (Suppl 1A):14S–19S.
11. Bereket W, Hemalatha K, Getenet B. Update on bacterial nosocomial infections. *Eur Rev Med Pharmacol Sci.* 2012; 16(8):1039–1044.
12. Shahmoradi M, Faridifar P, Shapouri R, Mousavi SF, Ezzedin M, Mirzaei B. Determining the biofilm forming gene profile of staphylococcus aureus clinical isolates via multiplex colony PCR method. *Rep Biochem Mol Biol.* 2019; 7(2):181–188.
13. Saïd-Salim B, Mathema B, Kreiswirth BN. Community-acquired methicillin-resistant *Staphylococcus aureus*: an emerging pathogen. *Infect Control Hosp Epidemiol.* 2003; 24(6):451–455.
14. Soto SM. Importance of biofilms in urinary tract infections: new therapeutic

- approaches. *Adv Biol.* 2014; doi:10.1155/2014/157895
15. mGoossens H, Ferech M, Vander Stichele R, Elseviers M, ESAC Project Group. Outpatient antibiotic use in Europe and association with resistance: A cross-national database study. *Lancet* 2005; 365:579-87.
16. Khan MI, Xu S, Ali MM, Ali R, Kazemi A, Akhtar N, et al. Assessment of multidrug resistance in bacterial isolates from urinary tract infected patients. *J Radiat Res Appl Sci* 2020; 13: 267–275.
17. Seifu WD, Gebissa AD. Prevalence and antibiotic susceptibility of uropathogens from cases of urinary tract infections (UTI) in Shashemene referral hospital, Ethiopia. *BMC Infect Dis* 2018; 18: 30.
18. Cunha MA, Assunção GL, Medeiros IM, Freitas MR. Antibiotic resistance patterns of urinary tract infections in a northeastern Brazilian capital. *Rev Inst Med Trop Sao Paulo* 2016; 58: 2.
19. Manjula N. G., Girish C. Math., Shripad A. Patil, Subhashchandra M. Gaddad, Channappa T. Shivannavar. Incidence of Urinary Tract Infections and Its Aetiological Agents among Pregnant Women in Karnataka Region. *Advances in Microbiology.* 2013; 3, 473-478.
20. Beckford-Ball, “Related Articles, Management of Sus- pected Bacterial Urinary Tract Infection,” *Nursing Times.* 2006; 102(32): 25-26.
21. M. Cheesbrough, “Medical Laboratories Manual for Tropical Countries,” Butterworth-Heinemann, Cambridge, 2002.
22. M. Cheesbrough, “District Laboratories Manual for Tro- pical Countries,” Cambridge University Press, Cambridge, 2004.
23. E. Giron, C. Rioux, C. Brun-Buisson and B. Lobel, “In- fection Committee of the French Association of Urology. The Postoperative Bacteriuria Score: A New Way to Pre- dict Nosocomial Infection after Prostate Surgery,” *Infec- tion Control and Hospital Epidemiology,* 2006; 27(8): 847-854.
24. Clinical and Laboratory Standards Institute. Performance standards for antimicrobial susceptibility testing. 28th ed. M100. Wayne: Clinical and Laboratory Standards Institute (CLSI); 2022. p. 38.
25. Ho PL, Liu MC, Tong MK, et al.: Evaluation of disk diffusion tests and agar screening for predicting *mecA*-mediated oxacillin resistance in *Staphylococcus lugdunensis* revealed a cefoxitin-susceptible, *mecA*-positive *S. lugdunensis* clonal complex 27 clone. *J. Glob. Antimicrob. Resist.* 2020; 20: 260–265.
26. Nam LV, Quyet D, Hung PN, et al.: Antibiotic Resistance Profile and Methicillin-Resistant Encoding Genes of *Staphylococcus aureus* Strains Isolated from Bloodstream Infection Patients in Northern Vietnam. *Open Access Maced J. Med. Sci.* 2019; 7(24): 4406–4410.
27. Rahmaniar RP, Yunita MN, Effendi MH, et al.: Encoding gene for methicillin-resistant *Staphylococcus aureus*(MRSA) isolated from nasal swab of dogs. *Indian Vet. J.* 2020; 97(2): 37–40.
28. Onanuga A, Awhowho GO. Antimicrobial resistance of *Staphylococcus aureus* strains from patients with urinary tract infections in Yenagoa, Nigeria. *J Pharm Bioal Sci.* 2012; 4:226. doi: 10.4103/0975-7406.99058.
29. Akortha EE, Ibadin OK. Incidence and antibiotic susceptibility pattern of *Staphylococcus aureus* amongst patients with urinary tract infection (UTI) in UBTH Benin City, Nigeria. *Afr J Biotechnol.* 2008;7:1637-40. doi: 10.5897/AJB08.176
30. Ahmad S, Ahmad F. Urinary tract infection at a specialist hospital in Saudi Arabia. *Bangladesh Med Res Counc Bull .*1995;21:95-8.
31. Syed Suhail Ahmed, Ali Shariq, Abdulaziz Ajlan Alsalloom, Ibrahim H. Babikir, Badr N. Alhomoud. Uropathogens and their antimicrobial resistance patterns: Relationship with urinary tract infections. *International Journal of Health Sciences.* 2019; Vol. 13, Issue 2 .
32. Martin Odoki , Adamu Almustapha Aliero , Julius Tibyangye , Josephat Nyabayo Maniga, Eddie Wampande, Charles Drago Kato, Ezera Agwu, and Joel Bazira . Prevalence of Bacterial Urinary Tract Infections and Associated Factors among Patients Attending Hospitals in Bushenyi District, Uganda *International Journal of Microbiology .*2019, Article ID 4246780, 8 pages
33. August SL, De Rosa MJ. Evaluation of the prevalence of urinary tract infection in rural panamanian women. *PLoS One* 2012;7:e47752
34. Lee BY, Singh A, David MZ, Bartsch SM, Slayton RB, Huang SS, Zimmer SM, Potter MA, Macal CM, Lauderdale DS, Miller LG. The economic burden of community-associated methicillin-resistant *Staphylococcus aureus* (CA-MRSA). *Clin Microbiol Infect.* 2013; 19:528-36.

35. Raghad Abdulsalam Khaleel ID , Narjes Alfuraiji ID , Balsam Waleed Hussain , Maadh Fawzi Nassar ID , Farnoosh Ebrahimzadeh ID. Methicillin-resistant Staphylococcus aureus in urinary tract infections; prevalence and antimicrobial resistance. *J Renal Inj Prev.* 2022; 11(1): e08.
36. Lunacek A, Koenig U, Mrstik C, Radmayr C, Horninger W, Plas E. Unexpected multidrug resistance of methicillin-resistant Staphylococcus aureus in urine samples: A single-center study. *Kor J Urol.* 2014; 55:349.
37. Looney AT, Redmond EJ, Davey NM, Daly PJ, Troy C, Carey BF, Cullen IM. Methicillin-resistant Staphylococcus aureus as a uropathogen in an Irish setting. *Medicine.* 2017; 7;96:e4635. doi: 10.1097/MD.0000000000004635.
38. D. Adukauskiene, I. Cicinskaite, A. Vitkauskiene, A. Macas, R. Tamosiunas, and A. Kinderyte, “Hospital acquired urinary tract infections,” *Medicina (Kaunas).* 2006; 45(12): 957–964.
39. A. K. Onifade, F. O. Omoya and D. V. Adegunloye, “Incidence and Control of Urinary Tract Infections among Pregnant Women Attending Antenatal Clinics in Government Hospitals in Ondo State, Nigeria,” *Journal of Food Agriculture and Environment.* 2005; Vol. 3, No. 1: pp. 37-38.
40. E. E. A. Okonofua and B. N. Okonofua, “Incidence and Pattern of Asymptomatic Bacteriuria of Pregnancy in Nigerian Women,” *The Nigerian Medical Practitioner.* 1989; Vol. 17: 354-358.
41. I. O. Okonko, L. A. Ijandipe, O. A. Ilusanya, *et al.*, “Incidence of Urinary Tract Infection (UTI) among Pregnant Women in Ibadan, South-Western Nigeria,” *African Journal of Biotechnology.* 2009; Vol. 8, No. 23: 6649-6657.
42. P. I. Nwanze, L. M. Nwaru, S. Oranusi, U. Dimkpa, M. U. Okwu, B. B. Babatunde, A. Anake, W. Jatto and C. E. Asagwara, “Urinary Tract Infection in Okada Village: Prevalence and Antimicrobial Susceptibility Pattern,” *Scientific Research and Essays.* 2007; Vol. 2, No. 4: . 112-116.
43. M. Akram, M. Shahid and A. U. Khan, “Aetiology and Antibiotic Resistance Patterns of Community Acquired Urinary Tract Infections in JNMC Hospital Aligarh, India,” *Annals of Clinical Microbiology and Antimicrobials.* 2007; Vol. 6, :4-10.
44. E. Mahesh, D. Ramesh, V. A. Indumathi *et al.*, “Complicated Urinary Tract Infection in a Tertiary Care Center in South India,” *Al Ameen Journal of Medical Science.* 2010; Vol. 3, No. 2, :120-127.
45. Rahimi F, Katouli M, Karimi S. Biofilm production among methicillin resistant Staphylococcus aureus strains isolated from catheterized patients with urinary tract infection. *Microb Pathog.* 2016; 98:69–76.
46. Shrestha B, Pokhrel B, Mohapatra T. Study of nosocomial isolates of Staphylococcus aureus with special reference to methicillin resistant S. aureus in a tertiary care hospital in Nepal. *Nepal Med Coll.* 2009; 11(2):123–126.
47. Bahati J, Stephen BM, Joseph N, Asiphos O, Musa K, Taseera K. Prevalence and bacteriology of symptomatic urinary tract infection among pregnant women at Mbarara Regional Referral Hospital, South-western Uganda. *J Interpers Violence.* 2020; 35(17–18):3286–3307.
48. Mofolorunsho CK, Ocheni M, Omatola CA, Agieni AG. Staphylococcus Aureus prevalence and antibiotic susceptibility profile in anyigba, north-central Nigeria. *Am J Infect Dis.* 2015;11(4):93.
49. Hamdan HZ, Kubbara E, Adam AM, Hassan OS, Suliman SO, Adam I, *et al.* Urinary tract infections and antimicrobial sensitivity among diabetic patients at Khartoum, Sudan. *Ann Clin Microbiol Antimicrob* 2015; 14:26.